

SCHEME OF EXAMINATION

&

SYLLABI

OF

National Service Scheme (NSS)

For

Honours/Pass/General Courses

**First, Second, Third, Fourth, Fifth & Sixth Semesters
(W.e.f. 2016-2017 Academic Session)**

Kurukshetra University Kurukshetra

Scheme of Examination for National Service Scheme (NSS) w.e.f.

Academic Session 2016-17

Semester-I

Course Code	Unit	Topic	Lectures
NSS 01	I	Introduction and Basic Concepts of NSS	08
	II	NSS Programmes and Activities	10
	III	Community Mobilization	09
	IV	Volunteerism and Shramdan	08
Project Work/ Practical		The Project selected by the respective College	

Semester-II

Course Code	Unit	Topic	Lectures
NSS 02	I	Understanding youth	07
	II	Importance and Role of Youth Leadership	08
	III	Life Competencies	09
	IV	Social Harmony and National Integration	11
Project Work/ Practical		Conducting surveys on special theme and preparing a report thereof	

Semester-III

Course Code	Unit	Topic	Lectures
NSS 03	I	Citizenship	09
	II	Family and Society	08
	III	Health, Hygiene & Sanitation	12
	IV	Social Work	06
Project Work/ Practical		Preparation of research project report.	

Semester-IV

Course Code	Unit	Topic	Lectures
NSS 04	I	Environment Issues	11
	II	Disaster Management	07
	III	Project Cycle Management	10
	IV	Documentation and Reporting	07
Project Work/ Practical		Workshops/seminars on personality development and improvement of communication skills.	

Semester-V

Course Code	Unit	Topic	Lectures
NSS 05	I	Vocational Skill Development	15
	II	Entrepreneurship development	08
	III	Youth and Crime	07
	IV	Youth and Yoga	05
Project Work/ Practical		Each volunteer will have the option to select two skill-areas out of the list of vocational skills – 15-20 days training on one such skill in this semester.	

Semester-VI

Course Code	Unit	Topic	Lectures
NSS 06	I	Vocational Skill Development	15
	II	Civil/Self Defense	08
	III	Resource Mobilization	04
	IV	Additional Life Skills	08
Project Work/ Practical		Each volunteer will have the option to select two skill-areas out of the list of vocational skills based on the local conditions and opportunities – 15-20 days training on one such skill in this semester.	

NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(For Common Semesters)

Semester –I

Paper – NSS 01

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

- Unit -01: Introduction and Basic Concepts of NSS (8)**
- History philosophy, aims & objectives of NSS (2)
 - Emblem, flag, motto, song, badge etc. (2)
 - Organizational structure (from national to regional level) (2)
 - Roles and responsibilities of various NSS functionaries (2)
- Unit -02: NSS Programmes and Activities (10)**
- Concept of regular activities, special camping, Day Camps and relevance of Celebration of Important Days recognized by UNO & GOI (3)
 - Basis of adoption of village/slums, methodology of conduction survey (2)
 - Financial pattern of the scheme (1)
 - Coordination with different agencies (1)
 - Maintenance of the Diary (1)
- Unit -03: Community Mobilization (9)**
- Mapping of Community Stakeholders (3)
 - Designing the message in the context of the problem and the culture of the community (1)
 - Identifying methods of Mobilization (3)
 - Youth-Adult Partnership (2)
- Unit -04: Volunteerism and Shramdan (8)**
- Indian Tradition of Volunteerism (2)
 - Needs & importance of Volunteerism (2)
 - Motivation and Constraints of Volunteerism (2)
 - Shramdan as a part of Volunteerism, Role of NSS Volunteers in Swatch Bharat Abhiyan (2)

Project Work/ Practical: The Project selected by the respective College

30 Marks

NOTE:-

The paper setter will set Nine questions in all i.e. two questions from each of the Unit carrying ten marks each and the ninth question containing five short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(For Common Semesters)

Semester –II

Paper – NSS 02

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

Unit -01: Understanding youth	(7)
• Definition, profile of youth, categories of youth	(2)
• Issues, challenges and opportunities for youth	(2)
• Youth as an agent of social change	(1)
• National youth Policy	(2)
Unit -02: Importance and Role of Youth Leadership	(8)
• Meaning and types of leadership	(2)
• Qualities of good leaders; traits of leadership	(2)
• Importance and role of youth leadership	(2)
• Youth-focused and Youth-led organizations	(2)
Unit -03: Life Competencies	(9)
• Definition and Importance of life competencies	(2)
• Communication –process, types & barriers	(3)
• Motivation – Concept & Cycle	(2)
• Problem Solving and Decision Making	(2)
Unit -04: Social Harmony and National Integration	(11)
• Indian history and culture	(2)
• Role of youth in peace-building and conflict resolution	(3)
• Role of youth in Nation building	(2)
• Youth development programmes at the National Level, State Level and voluntary sector	(4)

Project Work/ Practical

30 Marks

Conducting surveys on special theme and preparing a report thereof.

NOTE:-

The paper setter will set Nine questions in all i.e. two questions from each of the Unit carrying ten marks each and the ninth question containing five short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(For Common Semesters)

Semester – III

Paper – NSS 03

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

Unit -01: Citizenship	(9)
• Basic Features of Constitutions of India	(2)
• Fundamental Rights and Duties,	(2)
• Human Rights	(1)
• Consumer awareness and the legal rights of the consumer	(2)
• Right to Information Act. 2005 (RTI)	(2)
Unit -02: Family and Society	(8)
• Concept of family and society	(2)
• Growing up in the family-dynamics and impact	(1)
• Community, (PRIs and other community-based organizations)	(2)
• Human Values-Concept & Importance	(1)
• Concept of Gender Justice & its need	(2)
Unit -03: Health, Hygiene & Sanitation	(12)
• Definition, needs and scope of health education	(2)
• Food and Nutrition, Concept of Balance Diet	(3)
• Safe drinking water, water borne diseases	(2)
• National Health Programme	(3)
• Home Nursing and First Aid	(2)
Unit -04: Social Work	(6)
• Social Work- History, Philosophy, Ideology	(2)
• Relationship of Social Work with Social Service, Social Services, Social Welfare, Social Security & Social Reforms	(2)
• HIV/ AIDS, Drugs and Substance abuse	(2)

Project Work/ Practical
Preparation of research project report.

30 Marks

NOTE:-

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NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(For Common Semesters)

Semester – IV

Paper – NSS 04

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

Unit -01: Environment Issues	(11)
• Environment conservation, enrichment and Sustainability	(2)
• Climate Change, Global Efforts for environment conservation	(2)
• Waste management, Solar Energy in India	(2)
• Natural resource management: Rain water harvesting, Energy Conservation, Waste land development, Soil conservations and Afforestation.	(5)
Unit -02: Disaster Management	(7)
• Introduction to Disaster Management, classification of disaster	(2)
• Role of youth in Disaster Management	(2)
• National Disaster Response Force and Civil Defence-organization and functions	(3)
Unit -03: Project Cycle Management	(10)
• Project planning	(2)
• Project implementation	(3)
• Project monitoring	(2)
• Project evaluation: impact assessment	(3)
Unit -04: Documentation and Reporting	(7)
• Collection and analysis of data	(3)
• Preparation of documentation/reports	(2)
• Dissemination of documents/reports	(2)

Project Work/ Practical

30 Marks

Workshops/seminars on personality development and improvement of communication skills.

NOTE:-

The paper setter will set Nine questions in all i.e. two questions from each of the Unit carrying ten marks each and the ninth question containing five short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(For Common Semesters)

Semester – V

Paper –NSS 05

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

- Unit -1: Vocational Skill Development (8)**
- Skill: Meaning, need & Types (2)
 - Soft and Technical Skill Development & Training (2)
 - Time – Management, Team Work (2)
 - Mentoring (2)
- Unit -02: Entrepreneurship development (9)**
- Definition & Meaning (1)
 - Qualities of good entrepreneur (2)
 - Steps/Ways in opening an enterprise (3)
 - Role of financial and support service Institutions (3)
- Unit -03: Youth and Crime (9)**
- Sociological and Psychological Factors influencing Youth Crime (2)
 - Peer Mentoring in preventing crimes (2)
 - Awareness about Anti-Ragging (1)
 - Cyber Crime and its Prevention (2)
 - Juvenile Justice- Concept & Need (2)
- Unit -04: Youth and Yoga (9)**
- History, Philosophy and concept of Yoga (3)
 - Myths and misconceptions about yoga (1)
 - Different yoga traditions and their Impacts (2)
 - Yoga as a preventive, promotive and curative method (3)

Project Work/ Practical

30 Marks

Each volunteer will have the option to select two skill-areas out of the list of vocational skills based on the local conditions and opportunities – 15-20 days training on one such skill in this semester (**see annexure**). The education institution (or the university) will make arrangements for developing these skills in collaboration with established agencies that possess the necessary in the related vocational skills.

NOTE:-

The paper setter will set Nine questions in all i.e. two questions from each of the Unit carrying ten marks each and the ninth question containing five short answer type questions carrying two marks each, covering the entire syllabus. Candidates will be required to attempt four questions selecting one question from each unit and the fifth question containing short answer questions will be compulsory.

NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES

(Four Common Semesters)

Semester – VI

Paper – NSS 06

Time: 3-Hrs

Max. Marks: 100

Theory Paper : 50

Internal assessment : 20

Field Practicum : 30

No. of Lectures (35)

Unit -1: Vocational Skill Development	(10)
• Vocation and Training – Concept	(2)
• Apprenticeship, Internship	(2)
• Entrepreneurship Development	(2)
• Entrepreneurship Development Skills- Government Self- Employment Programmes	(2)
• Industrial Safety Measures	(2)
Unit -02: Civil/Self Defense	(9)
• Civil defense services, aims and Objectives of civil defense	(3)
• Need for self defense training	(2)
• NCC, NSS, Home Guard, Scouts, Guide-objectives & role	(4)
Unit -03: Resource Mobilization	(7)
• Writing a Project Proposal	(3)
• Establishment of SFUs	(2)
• SWOT Analysis	(2)
Unit -04: Additional Life Skills	(9)
• Positive Thinking	(2)
• Self Confidence and Self Esteem	(2)
• Setting Life Goals and working to achieve them	(3)
• Management of Stress	(2)

Project Work/ Practical

30 Marks

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