# KURUKSHETRA UNIVERSITY Department of Home Science, KURUKSHETRA

## **B.A.** I – Early Childhood Care and Education

#### **I Semester**

Course No.	Title	Exam. duration	Max. marks B.Sc./B.A
Paper-I	Child Development (Basic Course	3 hrs	70 (60+10*)
	Lab 1**		

## II Semester

Course No.	Title	Exam. duration	Max. marks B.Sc./B.A
Paper-II	Family and Child in Today's Context	3 hrs	70 (60+10*)
	Lab 2**	3 hrs	60

<sup>\*</sup> Internal Assessment

\*\* The practical examination Lab-1 of semester-I will be held along with Lab -2 of Semester-II

<u>Instructions for the Examiner</u>: The examiner will set nine questions in all, selecting two question from each section/unit and one compulsory objective type question.

<u>Instructions for the Candidate</u>: The candidate will attempt five questions in all, selecting at least one question from each unit as well as the compulsory question.

Note: After the theory exams, students will be required to undergo "on the job training" for duration of 4 weeks during summer vacations and submit the report by the end of autumn break. Viva-voce for 'on the job Training Report will be held along with the practical exam of BA Part –II by the same practical examiner and the internal examiner

## Semester-I Child Development (Basic Courses)

Paper-I Max Marks: 60 Exam: 3 hrs

Note: Nine questions to be set in all, at least two from each unit Students will be required to attempt five questions selecting at least one from each unit and one compulsory question.

**Unit-I**: The Field of Child Development and Basic Concepts.

- A Definition and concept of growth and development
- B Importance of studying children in contemporary context
- C Nature and scope of the field.
- D Fundamental concepts of child development.
- (I) Understanding the concepts of heredity, environment, maturation, learning, health & Nutrition and factors determining development, development areas, development milestones, development tasks.
- (II) General Principles of growth and development.

## **Unit-II**: Methods of studying Children

- A Cross sectional and longitudinal approach, observation technique, diary method, interview questionnaire.
- B Projective Techniques

## **Unit-III** Life in the womb, Birth and Neonatal Period

- A Conception and total development.
- B Factors affecting parental development with special emphasis on the need for health and nutrition, care in pregnancy.
- C Birth Process: Normal birth, Caesarean section, complication at birth and their effects, care of neonate, premature infants, breast feeding, Problems related to it.
- **Unit –IV** Physical growth, Motor development and Health Care
  - A Physical, motor, social, emotional, cognitive, language, personality development and factors affecting.
  - B Diet planning (at home and in institution).
  - C Nutrition related disorders, prevention and management- PEM, anemia
  - D Prevention and management of common childhood illness viz. Respiratory illness, ear, nose, teeth, infections diseases, Acute diarrhea, Immunizations.

## **Practicals:**

- A 1. Visit to helth centre: Well baby clinic, antenatal clinic
  - 2 Visit to ICDS programme or any health programme for children.
  - Wisit to community health centre, nutrition rehabilitation centre. (Students to visit at lease one of the above programme)
- B Demonstration of measurement growth: Height, weight, head, chest and mid arm circumference.
- C Conducting a small sample survey on any of the following:
  - 1 Breast feeding practices & problems
  - 2 Supplementary feeding
  - 3 Common practices and belief in prenatal care
  - 4 T understand problems in pregnancy discussion with gynecologist
  - 5 To understand problems in children's growth-discussion with pediatrician

## Semester -II Family and Child Today's Context

Paper-II Max Marks: 60 Exam: 3 hrs

Note: Nine questions to be set in all, at lease two from each unit Students will be required to attempt five questions selecting at least one from each unit:

- Unit I Basic Concepts
  - A Family functions types life cycle structure and role-relation.
  - B Family in changing social context economics demographic situation and eco-cultural system.
  - C Rights of the child
- Unit-II Families in Different Circumstances: Effects on Children
  - A Poverty Unemployment construction.
  - B Alcoholism & drug abuse
  - C Oppressed families ( caste- class)
- Unit-III Children with special needs in Family An Over view of effects
  - A Physical problems/handicaps.
  - B Psychological, emotional and social problems.
- Unit-IV Needs for support Services for Better Life in Families.
  - A Gender and age difference in food, educational opportunities.
  - B Health care, duties, play & recreation
  - C The girl child in the family, her status
  - D Child labour.

#### Practicals:

Household –level survey to understand the situation in relation of ECCE, and prepare a report

- A Single parent household
- B Mother employed/father not employed
- C Father employed /mother not employed
- D Both father & mother employed
- E Organizing parent teacher meeting, home visit to discuss child's problems