

**DEPARTMENT OF PHILOSOPHY  
KURUKSHETRA UNIVERSITY KURUKSHETRA**

**Diploma Course on Bhagavadgita  
Scheme, Syllabus and Courses of Reading  
(Effective from the Academic- Session: 2011-2012)**

**Scheme of Examination  
for  
Diploma Course on Bhagavadgita**

| <b>Sr. No.</b> | <b>Paper No.</b> | <b>Nomenclature of the Paper</b>   | <b>Max. Marks</b> | <b>Time</b> | <b>Month &amp; Year of Examination</b> |
|----------------|------------------|--|-------------------|-------------|--|
| 1.             | I.               | <b>Fundamental Concepts of Bhagavadgita</b><br>Theory = 80 Marks<br>Internal Assessment – 20 Marks<br>Total - 100 Marks  |                   | 03 Hours    | April, 2012                            |
| 2.             | II.              | <b>Bhagavadgita and Art of Meditation</b><br>(Applied aspect of Bhagavadgita )<br>Part – A: Practical - 50 Marks<br>Part – B:Viva-Voce - 50 Marks<br>Total – 100 Marks |                   | 03 Hours    | April, 2012                            |

**N.B.: Practical and Viva-Voce will be conducted  
by the external & internal examiners as  
per University rules.**

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**Diploma Course on Bhagavadgita  
Paper – I: Fundamental Concept of Bhagavadgita**

Theory – 80 Marks  
Internal Assessment – 20 Marks  
Total – 100 Marks  
Time Allowed – 03 Hours

**Objectives:** The course is designed in order to create awareness in Society about the Universal teachings of Bhagavadgita and Socio-ethical relevance of Gita's teachings in modern times.

**Instructions:** Out of Five units ten questions will be set. From each unit two alternative questions equitably distributed all over the unit will be set .The examines will have to attempt five questions in all, selecting one question from each unit. All questions carry equal marks.

**Unit – I.** Srimadbhagavadgita and its background. Necessity of Gita's teachings. Jnana Yoga, Understanding the Truth about self and supreme,Characterisrics of individual soul (Jiva).

**Unit – II.** Karma; Karma Kands; Karma Yoga and its importance; Contemporary relevance of Karma Yoga; Sakama Karma and Niskama Karma Yoga; Karma, Vikarma and Akarma.

**Unit – III.** Nature of Prakriti and its three modes; Time (Kala) and its influence; Dhyana Yoga; Instruction about flicker nature of mind.

**Unit – IV.** Bhakti Yoga and its practices; Attaining the most confidential knowledge (raja guhya Yoga ); Six qualities of God & realization of supreme person (God). Relevance of Bhakti in modern times.

**Unit – V.** Science and ne-Science ( Vidya and Avidya ). The Ideal person of Gita: Sthitapragya & Karmayogi. Qualities which endeavour to the supreme; Divine and demoniac qualities ( Aasuri-sampad and daivi-sampad ). The final conclusion- The ultimate goal of man i.e. attainment of Enlightenment.

**Suggested Books:-**

- I. Srimad-Bhagavadgita: Original Text.
- II. Srimadbhagavatam 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
- III. Bhagavadgita as it is – His Divine Grace : A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
- IV. Srimadbhagavadgita Sankara Bhasya (Hindi), Gita Press, Gorakhpur.
- V. Srimadbhagavadgita Rahasaya : B.G. Tilak, Tilak Brothers Publication, Poona.
- VI. Essays in the Gita: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
- VII. Kant and Gita: K.M.P. Verma, Classical Publication, New Delhi.
- VIII. Bhagavadgita for Executives: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.
- IX. The Gita in the light of modern Science: R.B. Lal, Somaiya Publication, Bombay.

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**Diploma Course on Bhagavadgita  
Paper – II: Bhagavadgita & Art of Meditation**

Part - A: Practical - 50 Marks  
Part – B:Viva-Voce - 50 Marks  
Total - 100 Marks

**Objectives:** The Paper No. II is designed in order to enhance the inwardly development of Human Beings by attaining the mental peace and spiritual enlightenment through Bhagavadgita.

**Instructions:** There will be no written test in the Paper No.II .This paper is divided in Two Parts i.e.Part-A & Part-B .Part – A :Practical - 50 Marks & Part – B : Viva-Voce- 50 Marks.

**Unit – I.** Meditation and its necessity in the age of Globalization. Art of meditation. Meditation and its kinds. Background of Bhagavadgita. Setting of the scene. Arjuna’s dilemma. Way to gain knowledge. Role of Sankirtana in our life.

**Unit – II.** Different methods of Yoga: (i).Through control on mental modifications; (ii).Through awareness of mental modifications; (iii). Through perfection in actions; (iv). Through equanimity of mind; (v). Through meditating on God and depending on God only; (vi). Concentration method. Importance of action in life. One has to change himself / herself not Worldly circumstance. Importance of social service. Importance of doing one’s actions according to one’s capabilities. My station and its duties. World v solidarity and its importance in contemporary time.

**Unit – III.** Benefits of Meditation ( Samadhi / Yoga ): The practice of meditation is beneficial in the following problems: Mental Disorder, Memory-Loss, Psycho-Somatic diseases, Mental-Stress, Anger and other Psychic problems.

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- III. Bhagavadgita as it is – His Divine Grace : A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
- IV. Srimadbhagavadgita Sankara Bhasya (Hindi), Gita Press, Gorakhpur.
- V. Srimadbhagavadgita Rahasaya : B.G. Tilak, Tilak Brothers Publication, Poona.
- VI. Essays in the Gita: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
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