

**Proposed Syllabus and Scheme of Examination for B.A.
Under Choice based credit system
Submitted
To Kurukshetra University, Kurukshetra
Subject: Psychology
w.e.f - 2020-21**

Semester	COURSE	Paper	Nomenclature of Paper	Credits	Internal Marks	External Marks	Total	
I	CC-Psychology - A	Psychology- 101	Foundations of Psychology	4	16	64	80	
		Psychology- 102	Foundations of Psychology Practical	2	08	32	40	
II	CC-Psychology - B	Psychology – 201	Social Psychology	4	16	64	80	
		Psychology - 202	Social Psychology Practical	2	08	32	40	
III	CC-Psychology - C	Psychology - 301	Experimental Psychology	4	16	64	80	
		Psychology - 302	Experimental Psychology Practical	2	08	32	40	
IV	CC-Psychology – D	Psychology - 401	Development Psychology	4	16	64	80	
		Psychology - 402	Development Psychology Practical	2	08	32	40	
	SEC-Psychology-I	Psychology - SEC	Managing Stress	2	08	32	40	
V	DSE- Psychology - A	Psychology - 501	Psychopathology	4	16	64	80	
		Psychology - 502	Psychopathology Practical	2	08	32	40	
		OR						
		Psychology – 503	Health and Well-being	4	16	64	80	
		Psychology - 504	Health and well-being Practical	2	08	32	40	
		Psychology - 505	*MOOC Course from Swayam Portal	**			***	
	GE-I	GE-Psychology -506		4	16	64	80	
		GE-Psychology - 507	Practical based on Psychology - 506	2	08	32	40	
VI	DSE- Psychology - B	DSE-Psychology- 601	Applied Psychology	4	14	56	70	
		DSE-Psychology - 602	Applied Psychology Practical	2	08	32	40	
		OR						
		DSE-Psychology – 603	Counselling Psychology	4	16	64	80	
	DSE-Psychology - 604	Counselling Psychology Practical	2	08	32	40		
	GE-2	GE-Psychology -606		4	16	64	80	
		GE-Psychology - 607	Practical based on Psychology - 606	2	08	32	40	

*Note : For GE Course students would study compulsory paper of 1st and 2nd semester in 5th and 6th Semester respectively.

These SEC Courses are approved:

AEEC-PSY-P-01: Managing Stress (Theory + Workshops/Seminars)

AEEC-PSY-P-02: Making decisions (Theory + Workshops/Seminars)

AEEC-PSY-P-03: Applications of Social Psychology (Theory + Workshops/Seminars)

AEEC-PSY-P-04: Handling of Adolescent Problems

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester -I

Paper- 101 : Foundation of Psychology Max. Marks 64+16(Internal)
Time : 3 hrs.

Course Learning outcomes :

- Demonstrate an understanding of the foundational concepts of the human mind and behavior.
- Demonstrate comprehension of the theoretical concepts of psychology and the related empirical findings.
- Ability to identify various approaches fields and sub-fields of psychology

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 12 marks. The first question will be compulsory and will have 6 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Introduction :Nature and Scope of Psychology; Psychology as a Science and Present Status, Psychology in India.
Approaches: Psychoanalytic, Behaviouristic, Cognitive and Humanistic Existential.

UNIT – II

Biological Basis of Behaviour: Neurons : Structure and types, Nerve Conduction and Synapse, and Central and Peripheral Nervous System.

UNIT – III

Emotion : Nature, Factors affecting Theories: James-Lange, Cannon- Bard & Schachter-Singer
Motivation: Needs, Drives, Incentives, Biological & Social Motives.

UNIT – IV

Personality : Nature, Factor affecting Personality and Theories : Allport, Cattell and Eysenck. Factors affecting personality Development
Intelligence: Nature and Factors affecting intelligence.
Theories: Spearman, Thurstone, Cattell.

References:

Baron, R.A & Misra, G.(2014). Psychology. New Delhi: Pearson Education.
Ciccarelli, S.K., Meyer, G.E. & Misra, G. (2013). Psychology: South Asian Edition. New Delhi: Pearson Education.
Passer, M.W & Smith, R.E. (2013). Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill
Chaplin.T.,&Kraweic.T.S. (1979). Systems & Theories of Psychology (4th Ed.). New York: Holt Rinehart.
Singh.A. And Singh.U.(1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester -I

Paper- 102 : Foundation of Psychology Practical

Max. Marks: 32+8(Internal)
Time : 3 hrs.

1. EPQ/EPI
2. Retinal color zones/Color Blindness
3. Sound Localization
4. Study of emotions.
5. Simple reaction time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.
8. Observation (Speed & Accuracy).
9. 16PF Questionnaire
10. Test of Motivation.

Note: Students are to Conduct and report at least five practicals.
The examiner will allot one practical at the time of examination

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester -II

Paper- 201 : Social Psychology

Max. Marks : 64+16(Internal)

Time : 3 hrs.

Course Learning outcomes :

- Demonstrate an understanding of the foundational concepts of the human mind and behaviour.
- Demonstrate comprehension of the theoretical concepts of psychology and the related empirical findings.
- Ability to identify various approaches fields and sub-fields of psychology

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory having 16 Marks and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units having 12 Marks each. The candidate would be required to attempt ONE questions from each unit.

Objective: To understand the basics of social psychology and to understand the individual in the social world.

Unit 1:

Introduction: Meaning, History, Scope and Present Status of Social Psychology. Determinants of Social Behaviour. Method: Observation, Sociometry and Survey.

Unit 2

Socialization: Nature, Process and Agencies.

Individual level processes: Person perception: Nature and Determinants, Attribution: Fundamental Errors, Determinants and theories-Jones and Davis, and Kelly's.

Attitude: Nature, Formation, Change and Resistance to Change.

Unit 3

Interpersonal processes: Inter personal Attraction: Nature, Determinants and Theories- Social Learning and Exchange Theory. Pro-social behaviour: Meaning, Stages and Determinants. Aggression: Nature, Causes and Control.

Unit 4

Group Behaviour: Meaning and Formation of Group, Types, Functions of Group.

Leadership: Nature, Characteristics and Types.

Collective Behaviour: Crowd, Audience and Mob.

References:

Baron, R.A., Byrne, D. & Bhardwaj, G (2010). Social Psychology (12th Ed). New Delhi: Pearson.

Chadha, N.K. (2012). Social Psychology. MacMillan: New Delhi.

McDavid, J. W. & Harrari, H. (1968). Social Psychology. New York: Harper & Row.

Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.

Myers, D.G. (2008). Social psychology. New Delhi: Tata McGraw-Hill.

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester -II

Paper- 202 : Social Psychology Practical

Max. Marks: 32+8(Internal)
Time : 3 hrs.

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenzweig's P.F. Test/Norm formation
10. Social Conformity

Note: Students are to Conduct and report at least five practicals.
The examiner will allot one practical at the time of examination