**DEPARTMENT OF PHILOSOPHY**  
**KURUKSHETRA UNIVERSITY KURUKSHETRA**

Certificate Course in Bhagavadgita  
Scheme, Syllabus and Courses of Reading  
(Effective from the Academic Session: 2014-2015)

**Scheme of Examination For Certificate Course in Bhagavadgita**

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Paper No.</th>
<th>Nomenclature of the Paper</th>
<th>Max. Marks</th>
<th>Time</th>
<th>Month &amp; Year of Examination</th>
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<tr>
<td>1.</td>
<td>I.</td>
<td>Fundamental Concepts of Bhagavadgita</td>
<td>03 Hours</td>
<td>April, 2015</td>
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<td></td>
<td></td>
<td>Theory - 80 Marks</td>
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<td>Internal Assessment - 20 Marks</td>
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<td>Total - 100 Marks</td>
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<td>2.</td>
<td>II.</td>
<td>Bhagavadgita and Art of Meditation</td>
<td>03 Hours</td>
<td>April, 2015</td>
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<td></td>
<td></td>
<td>(Applied aspect of Bhagavadgita)</td>
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<td>Part – A: Practical - 50 Marks</td>
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<td>Part – B: Viva-Voce - 50 Marks</td>
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<td>Total - 100 Marks</td>
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N.B.: Practical and Viva-Voce will be conducted by the external & internal examiners as per University rules.

(Prof. R.K. Deswal)  
Chairman, U.G.B.O.S. & Dept. of Philosophy  
Kurukshetra University, Kurukshetra.
DEPARTMENT OF PHILOSOPHY
KURUKSHETRA UNIVERSITY KURUKSHETRA

Certificate Course in Bhagavadgita
Paper – I: Fundamental Concepts of Bhagavadgita
Syllabus w.e.f. 2014-15

Theory – 80 Marks
Internal Assessment – 20 Marks
Total – 100 Marks
Time Allowed – 03 Hours

Objectives: The course is designed in order to create awareness in Society about the Universal teachings of Bhagavadgita and Socio-ethical relevance of Gita’s teachings in modern times.

Instructions: Out of Four units Eight questions will be set. From each unit two alternative questions equitably distributed all over the unit will be set. The examinees will have to attempt five questions in all, selecting at least one question from each unit. All questions carry equal marks.


Unit – II. Karma; Kinds of Karma; Karma Yoga and its importance; Contemporary relevance of Karma Yoga; Sakama Karma and Niskama Karma Yoga. Karmyogi as an Ideal Person of Gita. Qualities which endeavour to the supreme; Divine and demoniac qualities (Aasuri-sampad and daivi-sampad).

Unit – III. Nature of Purush(Self) and Prakriti and its three modes; Time (Kala) and its influence; Dhyana Yoga; Instruction about flicker nature of mind. Science and ne-Science (Vidya and Avidya).

Unit – IV. Bhakti Yoga and its practices; Attaining the most confidential knowledge (raja guhya Yoga); Six qualities of God & realization of supreme person (God). Relevance of Bhakti in modern times. Enlightenment (Liberation) as the Ultimate goal of Man’s Life.
Suggested Books:
I. Srimad-Bhagavadgita: Original Text.
II. Srimadbhagavatam 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
IV. Srimadbhagavadgita Sankara Bhasya (Hindi), Gita Press, Gorakhpur.
V. Srimadbhagavadgita Rahasaya: B.G. Tilak, Tilak Brothers Publication, Poona.
VIII. Bhagavadgita for Executives: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.
IX. The Gita in the light of modern Science: R.B. Lal, Somaiya Publication, Bombay

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Certificate Course in Bhagavadgita
Paper – II: Bhagavadgita & Art of Meditation
Syllabus

Objectives: The Paper No. II is designed in order to enhance the inwardly development of Human Beings by attaining the mental peace and spiritual enlightenment through Bhagavadgita.

Instructions: There will be no written test in the Paper No. II. This paper is divided in Two Parts i.e. Part-A & Part-B. Part – A : Practical - 50 Marks & Part – B : Viva-Voce- 50 Marks.

Unit – II. Different methods of Yoga: (i). Through control on mental modifications; (ii). Through awareness of mental modifications; (iii). Through perfection in actions; (iv). Through equanimity of mind; (v). Through meditating on God and depending on God only; (vi). Concentration method.

Unit – III. Importance of action (Karma) in life. One has to change himself / herself not Worldly circumstance. Importance of social service. Importance of doing one’s actions according to one’s capabilities. My station and its duties. Duty for the sake of World solidarity and its importance in contemporary times.

Unit – IV. Benefits of Meditation (Samadhi / Yoga): The practice of meditation is beneficial in the following problems: Mental Disorder, Memory-Loss, Psycho-Somatic diseases, Mental-Stress, Anger and other Psychic problems.

Suggested Books:-
I. Srimad-Bhagavadgita: Original Text.
II. Srimadbhagavatam 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
IV. Srimadbhagavadgita Sankara Bhasya (Hindi), Gita Press, Gorakhpur.
V. Srimadbhagavadgita Rahasaya: B.G. Tilak, Tilak Brothers Publication, Poona.
VIII. Bhagavadgita for Executives: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.