To The Principals/Directors of all the affiliated Colleges/Institutions & Dean Students Welfare, Kurukshetra University.

Subject: K.U. Inter Collegiate Weight Lifting (Men & Women) Championships 2021-22.

Sir/Madam, Kurukshetra University Inter Collegiate Weight Lifting (Men & Women) Championships 2021-22 will be held as per schedule given below:-

Men: Section: Venue: Assembly Hall, University College, Kurukshetra
1. Weight Lifting (Men) 07th & 08th December, 2021
   a) Weighing-in on 07.12.21 from 08:00 - 10:00 A.M. (No Weighing will be allowed after 10:00 A.M.)
   b) Competition will start at 10:00 A.M.

Women Section: Venue: MDSD College, Ambala City Date 09th & 10th December, 2021
2. Weight Lifting (Women)
   a) Weighing-in on 09.12.21 from 08:00 - 10:00 A.M. (No Weighing will be allowed after 10:00 A.M.)
   b) Competition will start at 10:00 A.M.

Note- i) Detailed Entry & Starting Poundages of the participants will be submitted half an hour before the weighing-in & after that no change will be allowed.

Note-ii) Trials for the selection of University teams will be held alongwith competition.

1. Organizers of the All India Inter University Weight Lifting (M&W) Champ. 2021-22 have informed that Dope test will be conducted by NADA at the time of competition. In case any player is found +ve during these tests, the player(s)/colleges concerned will be held responsible. As such, all the athletes of your college be informed to avoid the use of drugs.

2. Teams must be accompanied by Managers along with player’s eligibility particulars Identity Cards (meant for sports purposes), authority letter, copies of D.M.C. of Matric & 10+2 duly signed/attested from the Principal/Head of the College/Institution. The teams shall not be allowed to participate in the Tournament without above said documents.

3. The Championships and points will be awarded as per latest rules of W.L.F.I. as adopted by the A.I.U., New Delhi and KUSC. Organizing Secretary is authorized to change the timing(s) of the events, if needed in view of local situation, under intimation to this office.

4. In case of any protest during the tournament against any player(s)/Team(s) of a College, the Organizing Secretary of the Tournament will arrange a photograph of the Player(s)/Team(s), in addition to other procedure followed in case of a protest.

Director, Phy Edu & Sports & Secretary, KUSC

Copy of the above forwarded to the following for their kind information/necessary action:-
3. Principals of the Colleges concerned.
4. Director, Public Relations, K.U.K.
5. Internal distribution in the Department.