

Reaccredited 'A' Grade Institution in Third Cycle by NAAC

GURU NANAK KHALSA COLLEGE

(A Multi-faculty Post Graduate Co-educational Minority Institution)

Yamuna Nagar – 135 001 (Haryana)

Phone : 01732-221675, 227845 E-mail : khalsawins@gmail.com

Ref. No.: GNK/2023-24/62/1145

Dated: 25-06-2024

Application for Award of Kurukshetra University Overall General Championships of Games & Sports in Men Section

Part-I-Undertaking

Proforma for Undertaking to given by the Principal of the contesting College for the award of Kurukshetra University Overall General Championship of Games & Sports in Men Section

Name of the College: Guru Nanak Khalsa College, Yamuna Nagar

Year : Period from 1st April 2023 to 31st March 2024

1. Certified that the information given in the part-II of the application of the contesting college with regard to the self computation of marks of the sportspersons/teams of the University is true to the best of my knowledge.
2. Certified that the information given in the part-II of the application of the contesting college, no sports person or team member for whom self computation of marks have been included/taken has never been penalized nor any enquiry is pending/ongoing against for use of drugs/ substances banned by the World Anti Doping (WADA) based on a sample collected by the National Anti Doping Agency (NADA) or any other agency authorized by WADA and tested by National Dope Testing Laboratory (BDTL) or any other WADA accreditation laboratory.
3. Certified that the information given in the part-II of the application of the contesting college self computations of marks of the sportspersons are only for sports competitions held during the period of 1st April 2023 to 31st March 2024.
4. Certified that documents attached with application from Page No: 01 (One) to Page No.: 26 (Twenty Six) are attached to be true copy of the original documents.



Signature _____

Principal
Guru Nanak Khalsa College
Yamuna Nagar (Haryana)

Name of the Principal Dr. (Major) H.S. Kang

Name of the College: Guru Nanak Khalsa College, Yamuna Nagar

Mob. No. : 94161-88503

Email Id:khalsawins@gmail.com

Dated: 25-06-2024

INDEX (Men)			
Sr. No.	Name of Game	Total Marks	Page No.
1	LAWN TENNIS (M)	36	1/26
2	CHESS(M)	45	2/26
3	FENCING EPEE, SABRE, FOIL(M)	125	3/26
4	BASEBALL (M)	50	4/26
5	CRICKET (M)	75	5/26
6	HANDBALL (M)	25	6/26
7	PENCAKE SILATE (M)	52.5	7/26
8	FOOTBALL (M)	50	8/26
9	HOCKEY (M)	50	9/26
10	BADMINTON (M)	30	10/26
11	BASKETBALL (M)	85.41	11/26
12	TABLE TENNIS(M)	15	12/26
13	ATHLETICS (M)	20	13/26
14	WEIGHT LIFTING (M)	60	14/26
15	TAEKAWANDO (MEN)	45	15/26
16	BOXING (M)	15	16/26
17	JUDO (M)	5	17/26
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19	ARCHERY (M)	70	19/26
20	WRESTLING (MEN)	40	20/26
21	RIFLE & PISTOL SHOOTING	213.75	21/26
22	ROWING	95	22/26
23	KARATE	15	23/26
24	CYCLING	30	24/26
25	WUSHU	30	25/26
26	VOLLEYBALL	8.33	26/26
	Grand Total	1325.99	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **LAWN TENNIS (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra- Zonal	Marks (Self Computatio n by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	13-10-2023 to 14- 10-2023	KUK	Lawn Tennis	Second	Rahul Kumar Monu Harsh Parag Sheron Aakash	Yearly	Team Event	More Than 04	30	
2	North Zone	Men	26-12-2023 to 31- 12-2023	Jamia Millia Islamia Uni., Delhi	North Zone	First	Parag Sheron	Yearly	Team Event	More Than 04	6	
Total											36	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Chess(M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	30-01-2024 to 31-01-2024	KUK	Chess	First	Robin Singh, Ashib Mustufa, Udit Sharma, Arshad Mansoori, Manraj Singh, Gursimran Singh	Yearly	Team Event	More Than 04	45	
Total											45	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **FENCING EPEE, Sabre, Foil(M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Second	Team	Yearly	Team Event	More Than 04	20	
2	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-SABRE	First	Team	Yearly	Team Event	More Than 04	30	
3	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-FOIL	Second	Team	Yearly	Team Event	More Than 04	20	
4	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-FOIL	Second	Hemant	Yearly	Individual	More Than 04	10	
5	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Third	Nishant	Yearly	Individual	More Than 04	5	
6	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Third	Nitesh	Yearly	Individual	More Than 04	5	
7	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-SABRE	First	Shivam	Yearly	Individual	More Than 04	15	
8	AIU	Men	09-01-2024 to 11-01-2024	Guru Nanak dev Uni. Amritsar	Fencing-SABRE	Third	Shivam	Yearly	Individual	More Than 04	20	
Total											125	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Baseball (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	09-02-2024 to 11-02-2024	KUK	Inter College	Second	AMIT SAINI AJAY AMARNATH PAWAN KUMAR RAHMAT PUSHPENDER KUMAR BAJRANG VIJAY RAMAN LALIT SHARMA VANSH SHARMA RAKSHIT TARUN KUMAR ANSHDEEP SINGH TOMESH PURSHOTAM	Yearly	Team Event	More Than 04	50	
									Total		50	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Cricket (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	24-01-2024 to 27-01-2024	KUK	Inter College	First	REHAN RAJ SHARMA TAVLEEN SINGH AMIT SAINI RIQUEY CHOPRA VISHAL RANA ANKIT VANSH KAMBOJ RAKSHIT VANSH SHARMA SACHIN SAINI ABHINAV SINGH DHILLON KARAN BAALU NAVEEN GAURAV KUMAR LOVE KUMAR GURINDER SINGH	Yearly	Team Event	More Than 04	75	
Total											75	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Handball (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	01-02-2024 to 04-02-2024	KUK		Third	ABHAY DALAL ABHISHEK ADITYA RANA AJIT AKHAND PRATAP SINGH GAGANDEEP SINGH GAURAV SINGH SHEKHAWAT GOURAV MANJEET MONU RAHUL RAVANSHU SAGAR SAHIL VIKASH VISHAL	Yearly	Team Event	More Than 04	25	
Total											25	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Pencake Silate (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra- Zonal University level	Marks(Self Computa tion by contestin g college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	16.01.2024	KUK	Team	First	ABHAY BHANOT KARAMVEER SINGH ABHISHEK PRABHJOT SINGH	Yearly	Team Event	More Than 04	30	
2	Inter College	Men	16.01.2024	KUK	55 KG.	Second	KARAMVEER SINGH	Yearly	individual	More Than 04	10	
3	Inter College	Men	16.01.2024	KUK	60 KG.	Third	ABHAY BHANOT	Yearly	individual	More Than 04	5	
4	North Zone	Men	25-01-2024 to 27-01-2024	Guru Nanak dev Uni. Amritsar	-	Third	Abhay Bhanot, Prabhjot Singh, Karamveer Singh	Yearly	Team Event	More Than 04	7.5	
Total											52.5	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Discipline:- FOOTBALL (M)

Sr NO.	Name of the Championship	Men/Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computati on by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	07-11-2023 to 10-11-2023	Kurukshetra University Kurukshetra	Football	Second	PRINCE JIVAN RISHIWAN NAMAN JUYAL AMAN JUYAL RISHABH BHARDWAJ RAHUL JEEVESH AAREUM SAWO LEPCHA DEEPAK SINGH TARUN MEHRA ISLAMUDDIN VAIBHAV ARYAN VISHAL GAUTAM BHATIA JATIN NIRBHAY THAPA PRAHLAD GANPATI KUMAR SAHU	Yearly	Team Event	More Than 04	50	
Total										50		



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Name of the Principal Dr. (Major) H.S. Kang

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **HOCKEY (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	02-11-2023 to 04-11-2023	Kurukshetra University Kurukshetra	Hockey	Second	ANUJ NASIB DEEPAK SACHIN RAVI VIJAY VIPUL NOORDEEP SINGH VIJAY NAVEEN SACHIN AGYA PAL RINKU GANPATI KUMAR SAHU ROHAN SIRSWAL GURSIMRAN SINGH ISHAN TANOTRA DILSHAD DAKSH KUMAR RAMAN	Yearly	Team Event	More Than 04	50	
Total											50	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **BADMINTON (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men			Badminton	Second	AMEV ARORA ABHISHEK GURUPREET SUDHANSH KUMAR PANKAJ KUMAR DIVIJ	Yearly	Team Event	More Than 04	30	
Total										30		



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Discipline:- Basketball (M)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men		Kurukshetra University Kurukshtra	Basketball	First	RITIK RAI KESAV SAINI GAGANDEEP SINGH AKHAND PRATAP SINGH GAURAV SINGH SHEKHAWAT AMAN CHANDILA ROHAN SIRSWAL PRINCE NAYAK ABHAY DALAL ADITYA RANA RAHUL TUSHAR SAINI	Yearly	Team Event	More Than 04	75	
2	North Zone	Men	03-11-2023 to 08-11-2023	Amity Uni. Gurugram	Basketball	Third	Aditya Rana, Abhay Dalal, Gaurav Singh Shekhwat, Ritik Rai, Gagandeep Singh	Yearly	Team Event	More Than 04	10.41	
Total										85.41		



Signature

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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Table Tennis(M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	17-10-2023 to 20-10-2023	KUK	Table Tennis	Third	RITIK SAHIL KAPIL HARSH DEMLA KRISHAN SHARMA	Yearly	Team Event	More Than 04	15	
Total											15	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Athletics (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial /once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	22-11-2023 to 22-11-2023	KUK	High Jump	First	Vicky	Yearly	Individual	More Than 04	15	
2	Inter College	Men	22-11-2023 to 22-11-2023	KUK	Long Jump	Third	Ajay	Yearly	Individual	More Than 04	5	
Total										20		



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **WEIGHT LIFTING (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 81 kg	First	Sidhant	Yearly	Individual	More Than 04	15	
2	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 81 kg	Third	Hardik	Yearly	Individual	More Than 04	5	
3	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 89 kg	First	Aakash deep	Yearly	Individual	More Than 04	15	
4	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 89 kg	second	Jagtar	Yearly	Individual	More Than 04	10	
5	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 109 kg	First	Vivek	Yearly	Individual	More Than 04	15	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Discipline:- **Taekwando (Men)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	09-12-2023 to 10-12-2023	KUK	63 Kg.	Second	Abhay Bhanot	Yearly	Individual	More Than 04	10	
2	Inter College	Men	09-12-2023 to 10-12-2023	KUK	80 Kg.	First	Abhishek	Yearly	Individual	More Than 04	15	
3	Inter College	Men	09-12-2023 to 10-12-2023	KUK	Plus 87 Kg.	Second	Deepanshu	Yearly	Individual	More Than 04	10	
4	Inter College	Men	09-12-2023 to 10-12-2023	KUK	58 KG.	Third	Vansh Dimri	Yearly	Individual	More Than 04	5	
5	North Zone	Men	22-12-2023 to 24-12-2023	LP Uni., Phagwara	80 Kg.	Third	Abhishek	Yearly	Individual	More Than 04	5	
Total											45	



Signature _____

Principal
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Yamuna Nagar (Haryana)

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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Discipline:- **Boxing (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	20-11-2023 to 22-11-2023	KUK	80 KG.	Third	Rohan	Yearly	Individual	More Than 04	5	
2	Inter College	Men	20-11-2023 to 22-11-2023	KUK	86 KG.	Third	Kunal	Yearly	Individual	More Than 04	5	
3	Inter College	Men	20-11-2023 to 22-11-2023	KUK	92 KG.	Third	Ritesh	Yearly	Individual	More Than 04	5	
Total											15	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Discipline:- **Judo (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	23.12.2023	KUK	81 KG.	Third	Abhishek	Yearly	Individual	More Than 04	5	
Total											5	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Artistics Gymnastics (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks (Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	AIIU	Men		GNDU, Amritsar	Artistic Gymnastics	Second	Sumit, Prem Kumar	Yearly	Team Event	More Than 04	40	
Total											40	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:-**Archery (M)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	#####	KUK	Recurve	First	Kartik Rana	Yearly	Individual	More Than 04	15	
2	Inter College	Men	#####	KUK	Recurve	Second	Kunal	Yearly	Individual	More Than 04	10	
3	North Zone	Men	28-12- 2023 to 31-12- 2023	Punjabi Uni. Patiala	Recurve	Second	Kartik Rana, Aryan Chaudhary, Shivam Kumar	Yearly	Team	More Than 04	15	
4	KIUG	Men		Assam	Archery Rec. Mix Team	Second	Shivam Kumar	Yearly	Team	More Than 04	30	
Total											70	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:-**Wrestling (Men)**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	25-10-2023 to 27-10-2023	KUK	60 KG Gr.	Third	Salim Khan	Yearly	Individual	More Than 04	5	
2	Inter College	Men	25-10-2023 to 27-10-2023	KUK	67 KG Gr.	Third	Aryaman	Yearly	Individual	More Than 04	5	
3	Inter College	Men	25-10-2023 to 27-10-2023	KUK	63 KG Gr.	First	Devender Singh	Yearly	Individual	More Than 04	15	
4	Inter College	Men	25-10-2023 to 27-10-2023	KUK	61 Kg. FS	Third	Shubham	Yearly	Individual	More Than 04	5	
5	Inter College	Men	25-10-2023 to 27-10-2023	KUK	74 Kg. FS	Second	Abhishek	Yearly	Individual	More Than 04	10	
Total											40	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Rifle & Pistol Shooting**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the comp. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	First	Sidhart Gaur	Yearly	Individual	More than 04	15	
2	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	Third	Parth Gaur	Yearly	Individual	More than 04	5	
3	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	First	Sidhart Gaur, Parth Gaur, Rai Singh	Yearly	Team	More than 04	30	
4	AIU	Men	08-12-2023 to 11-12- 2023	Manav Rachna, Faridabad	50 Mtr. Rifle	Second	Parth Gaur, Sidhart Gaur, Adharsh Tiwari	Yearly	Team	More than 04	80	
5	KIUG	Men		Assam	50 Mtr. Rifle	Second	Parth Gaur, Sidhart Gaur, Adharsh Tiwari	Yearly	Team	More than 04	80	
6	North Zone	Men	28-12-2023 to 01-01- 2024	KUK	10 Mtr. Air Rifle Mixed Team	Third	Sidhart Gaur	Yearly	Team	More than 04	3.75	
Total											213.75	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:- **Rowing**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	12.12.2023	KUK	Inter College	First	Aman Rana	Yearly	Individual	More than 04	15	
2	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	M4 2 Km.	Second	Aman Rana	Yearly	Team	More than 04	20	
3	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	LM 4 2 Km.	First	Mohit Kumar	Yearly	Team	More than 04	30	
4	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	LM 4 500 mtr.	First	Mohit Kumar	Yearly	Team	More than 04	30	
Total											95	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:-**Karate**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	14.01-2024	KUK	60 Kg.	Third	karamveer Singh	Yearly	Individual	More than 04	5	
2	Inter College	Men	14.01-2024	KUK	Team Kata	Third	Aryan Laller	Yearly	Individual	More than 04	5	
3	North Zone	Men	10-03-2024 to 14-03- 2024	Punjabi University Patiala	-	Third	karamveer Singh	Yearly	Individual	More than 04	5	
Total											15	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:-**Cycling**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	04 Km. Pursuit	Third	Ankit Lamba	Yearly	Individual	More than 04	5	
2	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	1000 m. Time trail	Third	Karmvir	Yearly	Individual	More than 04	5	
3	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	Mass Start	First	Ankit Lamba	Yearly	Individual	More than 04	15	
4	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	Mass Start	Third	Ankit Kumar	Yearly	Individual	More than 04	5	
Total											30	



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**Sports Discipline:-**Wushu**

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	06.02.2024	KUK	70 KG.	First	Ashsih	Yearly	Individual	More than 04	15	
2	Inter College	Men	06.02.2024	KUK	Nanquan	Third	Abhay Bhanot	Yearly	Individual	More than 04	5	
3	Inter College	Men	06.02.2024	KUK	Taijiqun	Third	Prabhjot Singh	Yearly	Individual	More than 04	5	
4	Inter College	Men	06.02.2024	KUK	Nangun	Third	Abhay Bhanot	Yearly	Individual	More than 04	5	
Total										30		



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Dated : 25-06-2024

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)Name of the College:- **GURU NANAK KHALSA COLLEGE YAMUNA NAGAR**

Sports Discipline: Volleyball

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	KIUG	Men		Assam	Volleyball	Third	Gaganjot Singh	Yearly	Individual	More than 04	8.33	
Total											8.33	



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