Reaccredited 'A' Grade Institution in Third Cycle by NAAC

GURU NANAK KHALSA COLLEGE

(A Multi-faculty Post Graduate Co-educational Minority Institution)
Yamuna Nagar – 135 001 (Haryana)
Phone: 01732-221675, 227845 E-mail: khalsawins@gmail.com

Ref. No.: GNK/2023-24/62/1145 Dated: 25-06-2024

Application for Award of Kurukshetra University Overall General Championships of Games & Sports in Men Section

Part-I-Undertaking

Proforma for Undertaking to given by the Principal of the contesting College for the award of Kurukshetra University Overall General Championship of Games & Sports in Men Section Name of the College: Guru Nanak Khalsa College, Yamuna Nagar

Year: Period from 1st April 2023 to 31st March 2024

- 1. Certified that the information given in the part-II of the application of the contesting college with regard to the self computation of marks of the sportspersons/teams of the University is true to the best of my knowledge.
- 2. Certified that the information given in the part-II of the application of the contesting college, no sports person or team member for whom self computation of marks have been included/taken has never been penalized nor any enquiry is pending/ongoing against for use of drugs/ substances banned by the World Anti Doping (WADA) based on a sample collected by the National Anti Doping Agency (NADA) or any other agency authorized by WADA and tested by National Dope Testing Laboratory (BDTL) or any other WADA accreditation laboratory.
- 3. Certified that the information given in the part-II of the application of the contesting college self computations of marks of the sportspersons are only for sports competitions held during the period of 1st April 2023 to 31st March 2024.
- 4. Certified that documents attached with application from Page No: 01 (One) to Page No.: 26 (Twenty Six) are attached to be true copy of the original documents.

Tak Khaksa College tomuna Nagare

Dated: 25-06-2024

·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the coffege: Gura Nanak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503 Email Id:khalsawins@gmail.com

	INDEX (Men)	
Sr. No.	Name of Game	Total Marks	Page No.
1	LAWN TENNIS (M)	36	1/26
2	CHESS(M)	45	2/26
3	FENCING EPEE, SABRE, FOIL(M)	125	3/26
4	BASEBALL (M)	50	4/26
5	CRICKET (M)	75	5/26
6	HANDBALL (M)	25	6/26
7	PENCAKE SILATE (M)	52.5	7/26
8	FOOTBALL (M)	50	8/26
9	HOCKEY (M)	50	9/26
10	BADMINTON (M)	30	10/26
11	BASKETBALL (M)	85.41	11/26
12	TABLE TENNIS(M)	15	12/26
13	ATHLETICS (M)	20	13/26
14	WEIGHT LIFTING (M)	60	14/26
15	TAEKAWANDO (MEN)	45	15/26
16	BOXING (M)	15	16/26
17	JUDO (M)	5	17/26
18	ARTISTICS GYMNASTICS (M)	40	18/26
19	ARCHERY (M)	70	19/26
20	WRESTLING (MEN)	40	20/26
21	RIFLE & PISTOL SHOOTING	213.75	21/26
22	ROWING	95	22/26
23	KARATE	15	23/26
24	CYCLING	30	24/26
25	WUSHU	30	25/26
26	VOLLEYBALL	8.33	26/26
	Grand Total	1325.99	



Signature

Name of the Principal Dr. (Major) H.S. Kang Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- LAWN TENNIS (M)

		Men/	From To	Venue of Competition	Event	Position	Name of the Participants			Number of	Marks(Self	
	Championship	Women								teams that	Computatio	Any
								in 3 yrs/Once in 4 yrs	-		n by	
									team event	Inter/Intra-	contesting	
										Zonal	college)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							Rahul Kumar					
							Monu					
1 I	Inter	Men	13-10-2023 to 14-	KUK	Lawn	Second	Harsh	Yearly	Team Event	More Than	30	
_	College		10-2023		Tennis		Parag Sheron	,		04		
							_					
							Aakash					
			20 12 2022 +- 21	Jamia Millia	Nowth					Mara Than		
2	North Zone	Men	26-12-2023 to 31-	Islamia Uni.,	North	First	Parag Sheron	Yearly	Team Event	More Than	6	
			12-2023	Delhi	Zone			'		04		
				Dellill				Total			26	
										36		

Totak Kha/se College Annuna Nagar

·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the College: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

PAGE No.: 2/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Chess(M)

Dated: 25-06-2024

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the	Periodicity of the compt.	Whether	Number of	Marks(Remarks if
	Championship	Women					Participants	i.e. yearly/biennial/once	individual	teams that	Self	Any
								in 3 yrs/Once in 4 yrs	competition /	participated	Computa	
									team event	in	tion by	
										-	contestin	
											g college)	
										University		
										level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							Robin Singh, Ashib					
							Mustufa, Udit					
			30-01-2024 to		a.	-	Sharma, Arshad		l	More		
1	Inter College	Men	31-01-2024	KUK	Chess	First	Mansoori, Manraj	Yearly	Team Event	Than 04	45	
							Singh, Gursimran					
							Singh					
							JIIRII	Total			45	
								I	otai		45	



·Signature__

Name of the Principal Dr. (Wajor) H.S. Kang

Name of the Coffege: Gura Wahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503 Email Id:khalsawins@gmail.com

PAGE No.: 3/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- FENCING EPEE, Sabre, Foil(M)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	competition / team event	teams that participated in		Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Second	Team	Yearly	Team Event	More Than 04	20	
2	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-SABRE	First	Team	Yearly	Team Event	More Than 04	30	
3	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-FOIL	Second	Team	Yearly	Team Event	More Than 04	20	
4	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-FOIL	Second	Hemant	Yearly	Individual	More Than 04	10	
5	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Third	Nishant	Yearly	Individual	More Than 04	5	
6	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-Epee	Third	Nitesh	Yearly	Individual	More Than 04	5	
7	Inter College	Men	24-12-2023 to 25-12-2023	KUK	Fencing-SABRE	First	Shivam	Yearly	Individual	More Than 04	15	
8	AIIU	Men	09-01-2024 to 11-01-2024	Guru Nanak dev Uni. Amritsar	Fencing-SABRE	Third	Shivam	Yearly	Individual	More Than 04	20	
								Т	otal		125	



·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the College: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Baseball (M)

Sr NO.	Name of the Championship	Men/ Women	From To (4)	Venue of Competition	Event	Position (7)	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	individual competition / team event	teams that participated in Inter/Intra- Zonal University level	Self	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							AMIT SAINI					
							AJAY	1				
							AMARNATH	1				
							PAWAN KUMAR]				
							RAHMAT					
							PUSHPENDER KUMAR	1				
4	lata a Callana		09-02-2024 to	KLIK	lutan Callana	Carand	BAJRANG		T 5	More	F0	
1	Inter College	Men	11-02-2024	KUK	Inter College	Second	VIJAY RAMAN	Yearly	Team Event	Than 04	50	
							LALIT SHARMA	1				
							VANSH SHARMA	1				
							RAKSHIT	1				
							TARUN KUMAR]				
							ANSHDEEP SINGH					
							TOMESH					
							PURSHOTAM		<u> </u> Total		50	



·Signature_

Name of the Principal BP. (Major) H.S. Kang

Name of the confege: Gura Wahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Cricket (M)

	Championship	Women	From To (4)	Venue of Competition	Event (6)	Position (7)	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	individual competition / team event	teams that participated in Inter/Intra-	Self	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	24-01-2024 to 27-01-2024	кик	Inter College	First	REHAN RAJ SHARMA TAVLEEN SINGH AMIT SAINI RIQUEY CHOPRA VISHAL RANA ANKIT VANSH KAMBOJ RAKSHIT VANSH SHARMA SACHIN SAINI ABHINAV SINGH DHILLON KARAN BAALU NAVEEN GAURAV KUMAR LOVE KUMAR GURINDER SINGH	Yearly	Team Event	More Than 04	75	
								Т Т	otal		75	



·Signature_

Name of the Principal BP. (Major) H.S. Kang

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Handball (M)

	Championship	Women	From To		Event	Position	·	i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	individual competition / team event	Inter/Intra- Zonal University Ievel	Self Computa tion by contestin g college)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)		(9)	(10)	(11)	(12)	(13)
							ABHAY DALAL					
							ABHISHEK					
							ADITYA RANA					
							AJIT					
					AKHAND PRATAP SINGH							
							GAGANDEEP SINGH					
							GAURAV SINGH					
1	Inter Callege	Man	01-02-2024 to	KUK		Thind	SHEKHAWAT	Voorby	Toom Front	More	25	
1	Inter College	Men	04-02-2024	KUK		Third	GOURAV	Yearly	Team Event	Than 04	25	
							MANJEET					
							MONU	1				
							RAHUL RAVANSHU	1				
							SAGAR					
							SAHIL	1				
							VIKASH	1				
							VISHAL	1				
								Т	otal		25	



·Signature_

Name of the Principal BP. (Major) H.S. Kang

Name of the coffege: Gura Nahak Khalsa College, Yamuna Nagar

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Pencake Silate (M)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	teams that participated in Inter/Intra-	Self	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	16.01.2024	кик	Team	First	ABHAY BHANOT KARAMVEER SINGH ABHISHEK PRABHJOT SINGH	Yearly	Team Event	More Than 04	30	
2	Inter College	Men	16.01.2024	KUK	55 KG.	Second	KARAMVEER SINGH	Yearly	individual	More Than 04	10	
3	Inter College	Men	16.01.2024	KUK	60 KG.	Third	ABHAY BHANOT	Yearly	individual	More Than 04	5	
4	North Zone	Men	25-01-2024 to 27-01-2024	Guru Nanak dev Uni. Amritsar	-	Third	Abhay Bhanot, Prabhjot Singh, Karamveer Singh	Yearly	Team Event	More Than 04	7.5	
								Total			52.5	



·Signature

Name of the College: Gurd Nahak Khalsa College, Yamuna Nagar

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- FOOTBALL (M)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/bienn ial/once in 3 yrs/Once in 4	individual competition / team event	teams that	Computati on by	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							PRINCE					
							JIVAN					
							RISHIWAN					
							NAMAN JUYAL					
							AMAN JUYAL					
							RISHABH BHARDWAJ					
							RAHUL					
							JEEVESH					
			07-11-2023	Kurukshetra			AAREUM SAWO LEPCHA					
1	Inter	Men	to 10-11-	University	Football	Second	DEEPAK SINGH	Yearly	Team	More	50	
	College		2023	Kurukshetra			TARUN MEHRA		Event	Than 04		
I							ISLAMUDDIN					
							VAIBHAV					
							ARYAN					
1							VISHAL					
							GAUTAM BHATIA					
							JATIN	_				
						NIRBHAY THAPA	_					
						PRAHLAD	_					
							GANPATI KUMAR SAHU		<u> </u>			
									Total		50	



·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the Coffege: Gura Wahak Khalsa College, Yamuna Nagar

Mob. No. : 94161-88503

PAGE No.: 9/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- HOCKEY (M)

	•	Men/		Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	participated in Inter/Intra Zonal University level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	02-11-2023 to 04-11-2023	Kurukshetra University Kurukshetra	Hockey	Second	ANUJ NASIB DEEPAK SACHIN RAVI VIJAY VIPUL NOORDEEP SINGH VIJAY NAVEEN SACHIN AGYA PAL RINKU GANPATI KUMAR SAHU ROHAN SIRSWAL GURSIMRAN SINGH ISHAN TANOTRA DILSHAD DAKSH KUMAR RAMAN	Yearly	Team Event	More Than 04	50	
									Total		50	



·Signature_

Name of the Principal SP. (Major) H.S. Kang

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- BADMINTON (M)

Sr NO.	Name of the	Men/	From To	Venue of	Event	Position	Name of the Participants	Periodicity of the	Whether individual	Number of teams that	Marks(Self	Remarks if
	Championship	Women		Competition				•	competition / team	l' '	Computation by	Any
								yearly/biennial/onc		· ·	contesting college)	
								e in 3 yrs/Once in 4		University level		
(4)	/a\	(0)	(4)	(=)	(6)	/ - \		yrs	(4.0)	(4.4)	(4.0)	(4.5)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							AMEV ARORA					
	Inter						ABHISHEK					
1		Men			Badminton	Second	GURUPREET	Yearly	Team Event	More Than 04	30	
	College						SUDHANSH KUMAR]				
							PANKAJ KUMAR					
							DIVIJ					
								Total			30	

Tanak Khaksa College

·Signature_

Name of the Principal Dr. (Major) H.S. Kang Name of the College: Gurd Nanak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

PAGE No.: 11/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Basketball (M)

		Women		Venue of Competition	Event	Positio n	Name of the Participants	of the	-	Number of teams that participated in Inter/Intra- Zonal University level	Marks(Self Computatio n by contesting college)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men		Kurukshetra University Kurukshtra	Basketball	First	RITIK RAI KESAV SAINI GAGANDEEP SINGH AKHAND PRATAP SINGH GAURAV SINGH SHEKHAWAT AMAN CHANDILA ROHAN SIRSWAL PRINCE NAYAK ABHAY DALAL ADITYA RANA RAHUL TUSHAR SAINI	Yearly	Team Event	More Than 04	75	
2	North Zone	Men	03-11-2023 to 08-11- 2023	Amity Uni. Gurugram	Basketball		Aditya Rana, Abhay Dalal, Gaurav Singh Shekhwat, Ritik Rai, Gagandeep Singh	Yearly	Team Event	More Than 04	10.41	
									Total		85.41	



ignature rincipal

Name of the Principal Dr. (Wajor) H.S. Kang Name of the Coffege: Gu'd Wahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Table Tennis(M)

Dated: 25-06-2024

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of	Whether	Number of teams that	Marks(Self	Remarks if
	Championship	Women								participated in Inter/Intra-		Any
											by contesting	
									team event		college)	
								yrs/Once in 4				
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							RITIK					
	Inter		17-10-		Table		SAHIL		Team			
1	College	Men	2023 to 20-	KUK	Tennis	Third	KAPIL	Yearly	Event	More Than 04	15	
	conege		10-2023		Termis		HARSH DEMLA		LVCIIC			
							KRISHAN SHARMA					
									Tota	al	15	

Tanak Khaka College

·Signature_

vame of the Principal DP. (Major) H.S. Kang

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

PAGE No.: 13/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Athletics (M)

Dated: 25-06-2024

Sr NC).	Name of the	Men/	From To	Venue of	Event	Position	Name of the	Periodicity of	Whether	Number of	Marks(Self	Remarks
		Championship	Women		Competition			Participants	the compt. i.e.	individual	teams that	Computation	if Any
									yearly/biennial	competition /	participated in	by contesting	
									,			college)	
									yrs/Once in 4		Zonal University		
									yrs		level		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	1	Inter College	Men	22-11-2023 to 22-11-2023	KUK	High Jump	First	Vicky	Yearly	Individual	More Than	15	
											04		
	2	Inter College	Men	22-11-2023 to 22-11-2023	KUK	Long Jump	Third	Ajay	Yearly	Individual	More Than	5	
											04		
										Total		20	



·Signature_

Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No. : 94161-88503

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- WEIGHT LIFTING (M)

Dated: 25-06-2024

Sr NO.		Men/ Women	From To	Venue of Competition	Event	Position		the compt. i.e. yearly/biennial/	team event	teams that participated in	Computation	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 81 kg	First	Sidhant	Yearly	Individual	More Than 04		
2	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 81 kg	Third	Hardik	Yearly	Individual	More Than 04	5	
3	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 89 kg	First	Aakash deep	Yearly	Individual	More Than 04	15	
4	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 89 kg	second	Jagtar	Yearly	Individual	More Than 04	10	
5	Inter College	Men	21-11-2023 to 22-11-2023	KUK	Weight Lifting 109 kg	First	Vivek	Yearly	Individual	More Than 04	15	
									Ē			- 21

·Signature_

Name of the Principal DP. (Wajor) H.S. Kang Name of the College: Gurd Wahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

PAGE No.: 15/26

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Taekawando (Men)

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the	Periodicity of the	Whether	Number of	Marks(Self	Remarks if
	Championship	Women					Participants	compt. i.e.	individual	teams that	Computation by	Any
									competition /	participated	contesting college)	
									team event	in Inter/Intra-		
								yrs/Once in 4 yrs		Zonal University		
										level		
										levei		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	09-12-2023 to 10	KUK	63 Kg.	Second	Abhay	Yearly	Individual	More	10	
			12-2023				Bhanot			Than 04		
2	Inter College	Men	09-12-2023 to 10-	KUK	80 Kg.	First	Abhishek	Yearly	Individual	More	15	
			12-2023							Than 04		
3	Inter College	Men	09-12-2023 to 10-	KUK	Plus 87 Kg.	Second	Deepanshu	Yearly	Individual	More	10	
			12-2023							Than 04		
4	Inter College	Men	09-12-2023 to 10-	KUK	58 KG.	Third	Vansh Dimri	Yearly	Individual	More	5	
			12-2023							Than 04		
5	North Zone	Men	22-12-2023 to 24	LP Uni.,	80 Kg.	Third	Abhishek	Yearly	Individual	More	5	
			12-2023	Phagwara						Than 04		
									Total		45	

Trak Khaka College

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Boxing (M)

Dated: 25-06-2024

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs		Number of teams that participated in Inter/Intra- Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	20-11-2023 to 22-11-2023	KUK	80 KG.	Third	Rohan	Yearly	Individual	More Than 04	5	
2	Inter College	Men	20-11-2023 to 22-11-2023	KUK	86 KG.	Third	Kunal	Yearly	Individual	More Than 04	5	
3	Inter College	Men	20-11-2023 to 22-11-2023	KUK	92 KG.	Third	Ritesh	Yearly	Individual	More Than 04	5	
								Total			15	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Judo (M)

Dated: 25-06-2024

		Men/ Women		Venue of Competition	Event		Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	competition / team	participated in Inter/Intra-		Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	23.12.2023	KUK	81 KG.	Third	Abhishek	Yearly	Individual	More Than 04	5	
									Total		5	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Artistics Gymnastics (M)

Dated: 25-06-2024

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the	Periodicity of the compt.	Whether individual	Number of teams that	Marks(Self Computation	Remarks if Any
	Championship	Women					Participants	i.e. yearly/biennial/once in	competition / team	participated in Inter/Intra-	by contesting college)	
								3 yrs/Once in 4 yrs	event	Zonal University level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	AIIU	Men		GNDU, Amritsar	Artistic	Second	Sumit,	Yearly	Team Event	More Than 04	40	
_	70	141011		GIVD 0,7 WIII IESUI	Gymnastics	Sccond	Prem Kumar	rearry	ream Event	Wiore man o-	10	
									Total		40	
									iotai		70	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Archery (M)

Dated: 25-06-2024

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	########	KUK	Recurve	First	Kartik Rana	Yearly	Individual	More Than 04	15	
2	Inter College	Men	#######	KUK	Recurve	Second	Kunal	Yearly	Individual	More Than 04	10	
3	North Zone	Men	28-12- 2023 to 31-12- 2023	Punjabi Uni. Patiala	Recurve	Second	Kartik Rana, Aryan Chaudhary, Shivam Kumar	Yearly	Team	More Than 04	15	
4	KIUG	Men		Assam	Archery Rec. Mix Team	Second	Shivam Kumar	Yearly	Team	More Than 04	30	
									Total		70	

Tanak Khaksa College tanuna Nagar

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Wrestling (Men)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	25-10-2023 to 27-10-2023	KUK	60 KG Gr.	Third	Salim Khan	Yearly	Individual	More Than 04	5	
2	Inter College	Men	25-10-2023 to 27-10-2023	KUK	67 KG Gr.	Third	Aryaman	Yearly	Individual	More Than 04	5	
3	Inter College	Men	25-10-2023 to 27-10-2023	KUK	63 KG Gr.	First	Devender Singh	Yearly	Individual	More Than 04	15	
4	Inter College	Men	25-10-2023 to 27-10-2023	KUK	61 Kg. FS	Third	Shubham	Yearly	Individual	More Than 04	5	
5	Inter College	Men	25-10-2023 to 27-10-2023	KUK	74 Kg. FS	Second	Abhishek	Yearly	Individual	More Than 04	10	
									Total		40	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Rifle & Pistol Shooting

	Name of the	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	First	Sidhart Gaur	Yearly	Individual	More than 04	15	
2	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	Third	Parth Gaur	Yearly	Individual	More than 04	5	
3	Inter College	Men	09-11-2023 to 10-11- 2023	KUK	Inter College	First	Sidhart Gaur, Parth Gaur, Rai Singh	Yearly	Team	More than 04	30	
4	AliU	Men	08-12-2023 to 11-12- 2023	Manav Rachna, Faridabad	50 Mtr. Rifle	Second	Parth Gaur, Sidhart Gaur, Adharsh Tiwari	Yearly	Team	More than 04	80	
5	KIUG	Men		Assam	50 Mtr. Rifle	Second	Parth Gaur, Sidhart Gaur, Adharsh Tiwari	Yearly	Team	More than 04	80	
6	North Zone	Men	28-12-2023 to 01-01- 2024	KUK	10 Mtr. Air Rifle Mixed Team	Third	Sidhart Gaur	Yearly	Team	More than 04	3.75	
									Total		213.75	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- Rowing

	Name of the	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	12.12.2023	KUK	Inter College	First	Aman Rana	Yearly	Individual	More than 04	15	
2	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	M4 2 Km.	Second	Aman Rana	Yearly	Team	More than 04	20	
3	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	LM 4 2 Km.	First	Mohit Kumar	Yearly	Team	More than 04	30	
4	AIIU	Men	22-12-2023 to 27-12- 2023	Panjab Uni. Chandigarh	LM 4 500 mtr.	First	Mohit Kumar	Yearly	Team	More than 04	30	
									Total		95	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Karate

Sr NO.		Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	14.01-2024	кик	60 Kg.	Third	karamveer Singh	Yearly	Individual	More than 04	5	
2	Inter College	Men	14.01-2024	KUK	Team Kata	Third	Aryan Laller	Yearly	Individual	More than 04	5	
3	North Zone	Men	10-03-2024 to 14-03- 2024	Punjabi University Patiala	1	Third	karamveer Singh	Yearly	Individual	More than 04	5	
									Total		15	



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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Cycling

Sr NO.		Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	i.e. yearly/biennial/once in	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	04 Km. Pursuit	Third	Ankit Lamba	Yearly	Individual	More than 04	5	
2	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	1000 m. Time trail	Third	Karmvir	Yearly	Individual	More than 04	5	
3	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	Mass Start	First	Ankit Lamba	Yearly	Individual	More than 04	15	
4	Inter College	Men	12-02-2024 to 13-02- 2024	KUK	Mass Start	Third	Ankit Kumar	Yearly	Individual	More than 04	5	
									30			

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Wushu

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	i.e. yearly/biennial/once in	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Men	06.02.2024	KUK	70 KG.	First	Ashsih	Yearly	Individual	More than 04	15	
2	Inter College	Men	06.02.2024	KUK	Nanquan	Third	Abhay Bhanot	Yearly	Individual	More than 04	5	
3	Inter College	Men	06.02.2024	KUK	Taijiquan	Third	Prabhjot Singh	Yearly	Individual	More than 04	5	
4	Inter College	Men	06.02.2024	KUK	Nangun	Third	Abhay Bhanot	Yearly	Individual	More than 04	5	
									30			

Tak Khaka Collega

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Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:Volleyball

Dated: 25-06-2024

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt.	Whether individual	Number of teams that	Marks(Self	Remarks if Any
	Championship	Women						i.e. yearly/biennial/once in	competition / team	participated in	Computation by	
								3 yrs/Once in 4 yrs	event	Inter/Intra-Zonal	contesting college)	
										University level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	KIUG	Men		Assam	Volleyball	Third	Gaganjot Singh	Yearly	Individual	More than 04	8.33	
								Total			8.33	



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