Reaccredited 'A' Grade Institution in Third Cycle by NAAC

GURU NANAK KHALSA COLLEGE

(A Multi-faculty Post Graduate Co-educational Minority Institution) Yamuna Nagar – 135 001 (Haryana)

Phone: 01732-221675, 227845 E-mail: khalsawins@gmail.com

Ref. No.: GNK/2023-24/62/1144 Dated: 25-06-2024

Application for Award of Kurukshetra University Overall General Championships of Games & Sports in Women Section

Part-I-Undertaking

Proforma for Undertaking to given by the Principal of the contesting College for the award of Kurukshetra University Overall General Championship of Games & Sports in Women Section Name of the College: Guru Nanak Khalsa College, Yamuna Nagar

Year: Period from 1st April 2023 to 31st March 2024

- 1. Certified that the information given in the part-II of the application of the contesting college with regard to the self computation of marks of the sportspersons/teams of the University is true to the best of my knowledge.
- 2. Certified that the information given in the part-II of the application of the contesting college, no sports person or team member for whom self computation of marks have been included/taken has never been penalized nor any enquiry is pending/ongoing against for use of drugs/ substances banned by the World Anti Doping (WADA) based on a sample collected by the National Anti Doping Agency (NADA) or any other agency authorized by WADA and tested by National Dope Testing Laboratory (BDTL) or any other WADA accreditation laboratory.
- 3. Certified that the information given in the part-II of the application of the contesting college self computations of marks of the sportspersons are only for sports competitions held during the period of 1st April 2023 to 31st March 2024.
- 4. Certified that documents attached with application from Page No: 01 (One) to Page No.: 17 (Seventeen) are attached to be true copy of the original documents.

Tarak Khaka College Armuna Nagarak

·Signature_

lame of the Principal of (Major) H.S. Kang

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

	I	NDEX (Women)	
Sr. No.	Name of Game	Total Marks	Page No.
1	Basketball (w)	75	1/17
2	Netball (w)	75	2/17
3	Table tennis (w)	15	3/17
4	Wrestling (w)	20	4/17
5	Weight lifting (w)	405	5/17
6	Athletics (w)	25	6/17
7	Taekwando (w)	10	7/17
8	Boxing (w)	10	8/17
9	Judo (w)	5	9/17
10	Badminton (w)	30	10/17
11	Karate (w)	5	11/17
12	Softball (w)	75	12/17
13	Chess (w)	15	13/17
14	Pencake Silate (w)	70	14/17
15	Fencing (w)	135	15/17
16	Kayking (w)	75	16/17
17	Rowing (w)	275	17/17
	Grand Total	1320	



Name of the Principal Dr. (Major) H.S. Kang Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No. : 94161-88503

Email Id:khalsawins@gmail.com

Page No.-1/17 Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- BASKETBALL (W)

Sr NO.	Name of the	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the	Whether	Number of teams	Marks(Self	Remarks if
	Championship							compt. i.e.	individual	that participated		Any
								yearly/biennial/o nce in 3 yrs/Once			by contesting college)	
								in 4 yrs	team event	level	conege	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							VARSHA					
							PRACHI JAIN					
							VIDHI JAIN	1				
							NIKEETA SINGH					
			19-04-2024				KAJAL					
1	Inter College	WOMEN	to 20-04-	University	BASKETBALL	First	RIYA	Yearly	Team	More Than	75	
			2024	Kurukshetra			POOJA	,	Event	04		
							EKTA					
							AGRIMA RAWAT					
							RIZVANA					
							JASNOOR KAUR					
							JENCY JAAST					
									Total		75	



·Signature

Name of the Principal Dr. (Major) H.S. Kang Name of the Coffege: GWa Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-2/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- NETBALL (W)

Sr NO.	Name of the Championship	Men/ Women		Venue of Competition	Event	Position	Name of the Participants		individual competition / team event	participated in Inter/Intra- Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)		(9)	(10)	(11)	(12)	(13)
							VARSHA	-				
							PRACHI JAIN	1				
							VIDHI JAIN	4				
							NIKEETA SINGH	-				
				Kurukshetra			KAJAL	-	Team			
1	Inter College	Women	21.04.2024	University	Netball	First	RIYA	Yearly	Event	More Than 04	75	
				Kurukshetra			POOJA EKTA	-	LVCIIC			
							AGRIMA RAWAT	1				
							RIZVANA	1				
							JASNOOR KAUR	1				
							JENCY JAAST	1				
									Tot	al	75	

Stak Khalka College

·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the confege: Gura Wahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-03/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- TABLE TENNIS (W)

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity	Whether	Number of	Marks(Self	Remarks if
	Championship	Women						of the			Computation	Any
									competition /			
										in 	contesting	
								nial/once in 3 yrs/Once		Inter/Intra- Zonal	college)	
								in 4 yrs		University		
								,		level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							AARTI					
							PRERNA					
1	Inter	Women	18-10-2023 to 20-	Kuk	Table	Third	KHANAK RATHI	Yearly	Team	More	15	
_	College	Women	10-2023	Kuk	Tennis			rearry	Event	Than 04	13	
							MITALI SAINI					
							SHIKHA					
									Total		15	



Signature

Name of the Principal Dr. (Major) H.S. Kang

Name of the College: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-04/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-WRESTLING (W)

Dated: 25-06-2024

Sr NO.	Name of the	Men/ Women	From To	Venue of Competition	Event	Position	Name of the	Periodicity of the	Whether	Number of teams	Marks(Self	Remarks if
	Championship						·			that participated in	Computatio	Any
								yearly/biennial/once	•		n by	
								in 3 yrs/Once in 4 yrs	team event	•	contesting	
(1)	(2)	(2)	(4)	/E\	(6)	/7 \	(0)	(0)	(10)		college)	/12\
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter	Women	25.10.2023 to	KUK	72 KG.	First	Isika	Yearly	Individual	More Than 04	15	
	College		27.10.2023									
2	North Zone	Women	08-11-2023 to 10-	MDU, Rohtak	72 KG.	Third	Isika	Yearly	Individual	More Than 04	5	
			11-2023									
									Total		20	



Signaturo

Name of the Principal BP. (Major) H.S. Kan

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- WEIGHT LIFTING (W)

Sr NO.	Name of the Championship	Men/ Women		Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/o nce in 3 yrs/Once in 4 yrs	individual competition /	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	21-11-2023 to 22-	KUK	49 Kg	First	Muskan	Yearly	Individual	More Than 04	15	
			11-2023									
2	Inter College	Women	DO-	KUK	64 Kg.	Third	Ujala	Yearly	Individual	More Than 04	5	
3	Inter College	Women	DO-	KUK	71 KG.	First	Diya	Yearly	Individual	More Than 04	15	
4	Inter College	Women	DO-	KUK	76 KG.	First	Rita	Yearly	Individual	More Than 04	15	
5	Inter College	Women	DO-	KUK	81 Kg.	Second	Reshma	Yearly	Individual	More Than 04	10	
6	Inter College	Women	DO-	KUK	81 Kg.	Third	Manvi	Yearly	Individual	More Than 04	5	
7	Inter College	Women	DO-	KUK	87 Kg.	First	Tamana	Yearly	Individual	More Than 04	15	
8	Inter College	Women	DO-	KUK	87 Kg.	Second	Mansi	Yearly	Individual	More Than 04	10	
9	Inter College	Women	DO-	KUK	Plus 87 Kg.	First	Muskan Singh	Yearly	Individual	More Than 04	15	
10	North Zone	Women	30-01-2024 to 31-	Chandigarh Uni.	76 Kg.	Third	Reeta	Yearly	Individual	More Than 04	5	
			01-2024	Mohali								
11	North Zone	Women	DO-	Do	81 Kg.	Third	Reshma	Yearly	Individual	More Than 04	5	
12	North Zone	Women	DO-	Do	87 Kg.	First	Tamana	Yearly	Individual	More Than 04	15	
13	North Zone	Women	DO-	Do	Plus 87 Kg.	First	Muskan Singh	Yearly	Individual	More Than 04	15	
14	AIIU	Women	07-02-2024 to 09- 02-2024	Central Uni. Of Himachal pradesh,	81 Kg.	Third	Reshma	Yearly	Individual	More Than 04	20	
15	AIIU	Women	DO-	Do	87 Kg.	First	Tamana	Yearly	Individual	More Than 04	60	
16	AIIU	Women	DO-	Do	Plus 87 Kg.	First	Muskan Singh	Yearly	Individual	More Than 04	60	
17	KIUG	Women	19-02-2024 to 23- 02-2024	Assam	81 Kg.	Third	Reshma	Yearly	Individual	More Than 04	20	
18	KIUG	Women	DO-	Do	87 Kg.	First	Tamana	Yearly	Individual	More Than 04	60	
19	KIUG	Women	DO-	Do	Plus 87 Kg.	Second	Muskan Singh	Yearly	Individual	More Than 04	40	
									Tatal		405	



·Signature_

Name of the Principal BP. (Major) H.S. Kang

Name of the College: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

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Page No.-06/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- ATHLETICS (W)

Sr	Name of the	Men/ Women	From To	Venue of	Event	Position	Name of the	Periodicity of the	Whether individual	Number of teams	Marks(Self	Remarks if
NO.	Championship			Competition			Participants	compt. i.e.	competition / team	that participated	Computation	Any
								yearly/biennial/once	event	in Inter/Intra-	by contesting	
								in 3 yrs/Once in 4 yrs		Zonal University	college)	
										level		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	22-11-2023 to 25-	KUK	800 Mtr.	Third	Sanjana	Yearly	Team Event	More Than 04	5	
			11-2023									
2	Inter College	Women	22-11-2023 to 25-	KUK	5000 Mtr.	Second	Reena	Yearly	Individual	More Than 04	10	
			11-2023									
3	Inter College	Women	22-11-2023 to 25-	KUK	Triple Jump	Second	Rakhi	Yearly	Individual	More Than 04	10	
			11-2023									
									Total		25	



·Signature_

Name of the Principal Dr. (Wajor) H.S. Kang

Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

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Page No.-07/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- TAEKWANDO (W)

Dated: 25-06-2024

Sr NO.	Name of the	Men/ Women	From To	Venue of	Event	Position	Name of the Participants	Periodicity of	Whether individual	Number of teams	Marks(Self	Remarks if
	Championship			Competition				the compt. i.e.	competition / team event	that participated in	Computation	Any
								yearly/biennial		Inter/Intra-Zonal	by contesting	
								/once in 3		University level	college)	
								yrs/Once in 4				
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
			09-12-2023 to 10-12-									
1	Inter College	Women	2023	KUK	57 Kg.	Second	Muskan Jain	Yearly	Individual	More Than 04	10	
									Total		10	
									Total		10	



Signature

Name of the Principal Dr. (Major) H.S. Kang

Name of the Coffege: Gurd Mahak Khalsa College, Yamuna Nagar Mob. No. : 94161-88503

Page No.-08/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:- BOXING (W)

Dated: 25-06-2024

Sr NO.	Name of the	Men/ Women	From To	Venue of	Event	Position	Name of the	Periodicity of	Whether individual	Number of teams that	Marks(Self	Remarks if
	Championship			Competition			Participants	the compt.	competition / team	participated in	Computatio	Any
								i.e.	event	Inter/Intra-Zonal	n by	
								yearly/bienni		University level	contesting	
								al/once in 3			college)	
								yrs/Once in 4				
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	20-11-2023 to 22-11-2023	KUK	50 Kg.	Third	Meena	Yearly	Individual	More Than 04	5	
2	Inter College	Women	20-11-2023 to 22-11-2023	KUK	57 Kg	Third	Sheetal	Yearly	Individual	More Than 04	5	
									Total		10	



·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the College: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Page No.-09/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Judo (W)

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the	Periodicity of	Whether	Number of teams	Marks(Self	Remarks if Any
	Championship	Women					Participants	the compt. i.e.	individual	that participated	Computation	
								yearly/biennial/	competition /	in Inter/Intra-	by contesting	
								once in 3	team event	Zonal University	college)	
								yrs/Once in 4		level		
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	23.12.2023	KUK	Plus 78 Kg.	Third	Reshma	Yearly	Individual	More Than	5	
										04		
									Total		5	



·Signature_

Name of the Principal Dr. (Major) H.S. Kan

Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

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Page No.-10/17 Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports	Descir	oline -	Radmi	inton	(///)
JPUI L3	DESCH	JIII IC	Dauiii		. vv ,

Sr NO.	Name of the	Men/	From To	Venue of Competition	Event	Position	Name of the	Periodicity of	Whether	Number of teams	Marks(Self	Remarks if Any
	Championship	Women					Participants	the compt. i.e.	individual	that participated	Computation	
								yearly/biennial/	competition /	in Inter/Intra-	by contesting	
								once in 3	team event	Zonal University	college)	
								yrs/Once in 4		level		
								yrs				
(4)	(0)	(2)	(-)	(=)	(=)	/- \	(2)	(0)	(1.5)	(111)	(4.5)	(10)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	17-10-2023 to 19-10-2023	Kuk	Badminton	Second	AKRITI SHALLU MUSKAN CHA' APNA MOURY NIKITA		Team	More Than 04	30	
									Total		30	



·Signature_

Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-11/17 Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Sports Descipline:-Karate (W)

Dated: 25-06-2024

Sr NO.	Name of the	Men/	From To	Venue of	Event	Position	Name of the	Periodicity of	Whether	Number of teams	Marks(Self	Remarks if Any
	Championship	Women		Competition			Participants	the compt. i.e.	individual	that participated	Computation	
								yearly/biennial/	competition /	in Inter/Intra-	by contesting	
								once in 3	team event	Zonal University	college)	
								yrs/Once in 4		level		
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
										More Than	_	
1	Inter College	Women	14.01.2024	KUK	61 KG	Third	Mitali Saini	Yearly	Individual	04	5	
										•	_	
									Total		5	



Name of the coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Page No.-12/17
Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)
Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports I	Descipline:- Softk	all (W)										
Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra- Zonal University level		Remarks if Any
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	2-04-2024 to 03- 04-2024	кик	Inter College	First	KOMAL KATARIA SHREYA DIPTI ANJALI BHAWNA PRIYA VISHAKHA SOAM MEENU KUMARI GURPREET RUBY REENA VIDHI JAIN PRACHI JAIN SHIKHA UDISHA CHAUHAN SHARDA	Yearly	Individual	More Than 04	75	
									Total		75	



·Signature_

Name of the Principal Dr. (Major) H.S. Kang

Name of the confege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No. : 94161-88503

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Page No.-13/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Chess (W)

Sr NO.	Name of the	Men/	From To	Venue of	Event	Position	Name of the Participants	Periodicity of	Whether	Number of teams	· -	Remarks if Any
	Championship	Women		Competition				the compt. i.e.	individual	that participated		
								yearly/biennial/	competition /	in Inter/Intra-	by contesting	
								once in 3	team event	Zonal University	college)	
								yrs/Once in 4		level		
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
(-/	(4)	(3)	(~/	(3)	(0)	(*)		(3)	(10)	(±±/	(±2)	(13)
		Women	30-01-2024 to	KUK	Inter College	Third	TANU		Team Event			
							SNEHA					
1	Inter College						PINKI KUMARI	Yearly		More Than	15	
1	inter conege	Wollieli	31-01-2024	KUK	inter conege		LATA KAUSHIK	Tearry		04	13	
							SUPREET KAUR SIBIA					
							SHALU					
									Total		15	



·Signature_

Name of the Principal Dr. (Major) H.S. Kan

Name of the corege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-14/17 Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Sports Descipline:-Pencake Silate (W)

Sr NO.	Name of the	Men/	From To	Venue of	Event	Position	Name of the	Periodicity of	Whether	Number of teams	Marks(Self	Remarks if Any
	Championship	Women		Competition			Participants	the compt. i.e.	individual	that participated	Computation	
								yearly/biennial/	competition /	in Inter/Intra-	by contesting	
								once in 3	team event	Zonal University	college)	
								yrs/Once in 4		level		
								yrs				
(4)	(2)	(2)	(4)	(5)	(c)	(7)	(0)	(0)	(4.0)	(44)	(4.2)	(42)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
							Balkirat			More Than		
1	Inter College	Women	16.01.2024	KUK	REGU	First	Kamlesh	Yearly	Individual		30	
							Jency Jast			04		
							Balkirat					
2	A1111	14/2022	25-01-2024 to	GNDU,	DECH			Voorby	ا مانينامانيما	More Than	40	
2	AIIU	Women	27-01-2024	Amritsar	REGU	Third	Kamlesh	Yearly	Individual	04	40	
			2, 31 2024	, 16501			Jency Jast			3.		
									Total		70	



Name of the Principal Dr. (Major) H.S. Kang Name of the Coffege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-15/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descriptine:-Fencing (W)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Foil	First	Team	Yearly	Team Event	More Than 04	30	
2	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Eppe	First	Team	Yearly	Team Event	More Than 04	30	
3	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Sabre	First	Team	Yearly	Team Event	More Than 04	30	
4	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Sabre	Second	Fiza	Yearly	Individual	More Than 04	10	
5	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Foil	First	Aarzoo	Yearly	Individual	More Than 04	15	
6	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Ерре	First	Saloni	Yearly	Individual	More Than 04	15	
7	Inter College	Women	24-12-2023 to 25-12-2023	KUK	Eppe	Third	Priya	Yearly	Individual	More Than 04	5	
									Total		135	



Signature_

Name of the Principal Dr. (Major) H.S. Kan

Name of the conege: Gura Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-16/17 Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Sports Descipline:-Kavking (W)

	JescipilileKayk			., .		.			144 11		20 1 / 0 10	D 1 16 A
Sr NO.	Name of the	Men/	From To	Venue of	Event	Position	Name of the	Periodicity of	Whether	Number of teams		Remarks if Any
	Championship	Women		Competition			Participants	the compt. i.e.	individual	that participated in	Computation	
								yearly/biennial/	competition /	Inter/Intra-Zonal	by contesting	
								once in 3	team event	University level	college)	
								yrs/Once in 4				
								yrs				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		` '	` ,	Punjabi	, ,	` '	` ,	` '	` ,	` '	` '	` '
		l	19-03-2024 to	-	K1							
1	AIIU	Women	22-03-2024	Uni.	500 Mtr.	Second	Garima	Yearly	Individual	More Than 04	40	
			22-03-2024	Patiala	JOO WILL.							
				Punjabi								
2	AIIU	Women	19-03-2024 to	Uni.	K1	Third	Garima	Yearly	Individual	More Than 04	20	
	Allo	vvoilleli	22-03-2024		200 Mtr.	mu	Gariilla	Tearry	iliuividuai	Wiore Illair 04	20	
				Patiala								
				Punjabi								
3	AIIU	Women	19-03-2024 to	Uni.	K2	Third	Garima	Yearly	Team Event	More Than 04	15	
3	Allo	vvoilleli	22-03-2024		200 Mtr.	Tilliu	Gariilla	Tearry	Team Lvent	IVIOLE IIIali 04	1 13	
				Patiala								
									Total		75	



·Signature

Name of the Coffege: Gurd Nahak Khalsa College, Yamuna Nagar

Mob. No.: 94161-88503

Email Id:khalsawins@gmail.com

Page No.-17/17

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Rowing (W)

Sr NO.	Name of the Championship	Men/ Women	From To	Venue of Competition	Event	Position	Name of the Participants	Periodicity of the compt. i.e. yearly/biennial/ once in 3 yrs/Once in 4 yrs	Whether individual competition / team event	Number of teams that participated in Inter/Intra-Zonal University level	Marks(Self Computation by contesting college)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
1	Inter College	Women	12.12.2023	KUK	Coxless pair	First	Lalita, Sonia	Yearly	Team Event	More Than 04	22.5	
2	Inter College	Women	12.12.2023	KUK	Double Scull	Third	Deeksha, Pooja	Yearly	Team Event	More Than 04	7.5	
3	Inter College	Women	12.12.2023	KUK	Single Scull	First	Kiran	Yearly	Individual	More Than 04	15	
4	AIIU	Women	22-12-2023 to 27-12-2023	Panjab Uni. Chandigar h	LW2 2 Km.	First	Deeksha	Yearly	Individual	More Than 04	90	
5	AIIU	Women	22-12-2023 to 27-12-2023	do	LW4 2 Km.	Second	Deeksha Kiran	Yearly	Team Event	More Than 04	40	
6	AIIU	Women	22-12-2023 to 27-12-2023	do	LW2 500 mtr.	Third	Deeksha	Yearly	Individual	More Than 04	20	
7	AIIU	Women	22-12-2023 to 27-12-2023	do	LW2 500 mtr.	Second	Kiran	Yearly	Individual	More Than 04	40	
8	AIIU	Women	22-12-2023 to 27-12-2023	do	LW2 2 Km.	Second	Kiran	Yearly	Individual	More Than 04	40	
									Total		275	



Signature

Name of the Principal Dr. (Major) H.S. Kang

Name of the confege: Gura Nahak Khalsa College, Yamuna Nagar

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