

**KURUKSHETRA UNIVERSITY KURUKSHETRA**  
**(Established by the State Legislature Act XII of 1956)**  
**(A<sup>++</sup> Grade, NAAC Accredited)**  
**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Psychological Testing</b>		
Course Code	B23-PSY-501		
Course Type: (CC/MCC/MDC/CC- M/DSEC/VOC/DSE/PC/AEC/VA C)	CC-5 MCC-9		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Acquaint with the meaning, Characteristics of Psychological Test.</li> <li>2. Will be able to learn the meaning and methods of determining reliability and validity.</li> <li>3. Will be able to understand about construction and standardization of test and about various Intelligence Tests.</li> <li>4. Will get knowledge about various personality tests.</li> <li>5. conduct experiments and tests related to Psychological testing</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

**Instructions for Paper- Setter:** The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.

Unit	Topics	Contact Hours
I	Psychological Testing : Nature, Historical Background, Characteristics of a good psychological test, limitations and Uses of Psychological Tests. Measurement: Meaning, Level of measurement.	11
II	Reliability: Meaning, Methods of Estimating Reliability. Factor affecting Reliability. Validity: Meaning, Types of validity, Factors affecting validity. Norms : Meaning, Norms and Types.	11
III	Test Construction: Steps of test construction Intelligence Testing : Meaning, Historical Development, uses of Intelligence Tests, Types of Intelligence Tests. Pass Along Test, Raven's Progressive Matrices, General Mental Ability Test.	11
IV	Assessment of Personality: Projective Tests – Meaning, Characteristics and limitations. Word Association Test, Thematic Apperception test. Personality Inventories-, Cattell's 16 Personality factors Questionnaire, NEO Personality Inventory	12
V	Practical 1. Any Verbal Test of Intelligence 2. Any non-verbal Test of Intelligence 3. Pass Along Test 4. WAT 5. 16 PF questionnaire 6. TAT 7. NEO Five Factor Inventory Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30

**Suggested Evaluation Methods**

<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>•</li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<p><b>Part C-Learning Resources</b></p>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Hussain Akbar (2012). Psychological Testing. Delhi: Pearson</p> <p>Anastasi, A. &amp; Urbina, S.(1997). Psychological Testing 7th edition. New Delhi: PHI</p> <p>Suleman, M. &amp; Tarannum, R.(2016). Experiments and Testing in Psychology. Delhi: Motilal Banarsidas</p> <p>Singh,A.K.(2012).Research Methods in Psychology Sociology and Education. Delhi: Motilal Banarsidas.</p> <p>Singh, A.K.(2008).Tests, Measurements and Research Methods in Behavioral sciences. Delhi: Motilal Banarsidas.</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Guidance</b>		
Course Code	B23-PSY-502		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-10		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Have understanding of Nature, Scope and Principles of Guidance.</li> <li>2. Develop understanding of Process of Guidance and Role of Assessment in Guidance.</li> <li>3. Gain Knowledge regarding various types of Guidance.</li> <li>4. Have in depth understanding of areas of Guidance.</li> <li>5. Conduct experiments and tests related to Guidance.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Nature, Need and Scope of Guidance; Principles and Goals of Guidance; Relationship between Guidance and Counselling.	11
II	Process and Stages of Guidance; Assessment in Guidance: Nature and Types of Psychological Test; Different Psychological Tests used in Guidance Process	11
III	Individual and Group Guidance. Educational, Vocational, Personal and Family Guidance	11
IV	Areas of Guidance: School, College, Interpersonal and Old Age, Roles and Skills of Guidance Personnel; Barriers in the Guidance Process	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Family Environment Inventory</li> <li>2. Self Concept Inventory</li> <li>3. Parent Child Relationship</li> <li>4. Academic Stress Test/Inventory</li> <li>5. Self Esteem Inventory</li> <li>6. Youth Problem Inventory</li> <li>7. Emotional Maturity Scale</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
<b>Suggested Evaluation Methods</b>		

<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>• </li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<p><b>Part C-Learning Resources</b></p>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Bernard, H.W., &amp; Fullmer, D.W. (1977). Principles of Guidance. New York: Crowell.</p> <p>Bhatnagar, A. &amp; Gupta, N. (2001). Guidance and Counselling, Vol. 1, Atheoretical Perspective. New Delhi: Vikas Publishing House.</p> <p>Bhatnagar, A. &amp; Gupta, N. (2001). Guidance and Counselling, Vol. 2, A Practical Approach. New Delhi: Vikas Publishing House.</p> <p>Crow, L.D. &amp; Crow, A. (1962). Introduction to Guidance. New Delhi: Imersia Pub.</p> <p>Gibson, R. L. &amp; Mitchell, M. H. (2012).Introduction to Counselling and Guidance (7th Ed.) New Delhi: Pearson.</p> <p>Jones, J.F. (1970). Principles of Guidance. NY: McGraw Hill.</p> <p>Rai, A.N. &amp; Asthana, M. (2005). Guidance and Counselling: Concepts, Areas and Approaches. New Delhi: Motilal Banarasidas</p> <p>Rao, S.N. (2004). Guidance and Counselling. New Delhi: Discovery Publishing House.</p> <p>Rao, S.N. &amp; Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.</p> <p>Sharma, R.A. (2014). Fundamentals of Guidance and Counselling. Meerut: R Lall Book Depot.</p> <p>Traxler, M., &amp; North, R.D. (1967). Techniques of Guidance. New York: Harper and Raw.</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Psychotherapies</b>		
Course Code	B23-PSY-503		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-2		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Develop understanding regarding nature, process and Barriers in Psychotherapies</li> <li>2. Develop an indepth understanding of Psychotherapies.</li> <li>3. Gain knowledge regarding Behaviour Therapy.</li> <li>4. Have knowledge of Cognitive and Humanistic Therapy.</li> <li>5. Conduct experiments and tests related to psychotherapies</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

**Instructions for Paper- Setter:** The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.

Unit	Topics	Contact Hours
I	Psychotherapy : Meaning, Objectives and Goals. Process of Psychotherapy; Barriers in Psychotherapeutic Process.	11
II	Psychoanalytic Therapy: Assumptions; Techniques and Goals Free Association, Dream Analysis, Transference and Countertransference Analysis.	11
III	Behavioral Therapy, Assumptions; Techniques and Goals: Systematic Desensitization, Exposure Therapy, Modeling, Contingency Management, Aversion Therapy,	11
IV	Cognitive and Humanistic Therapy, Eliss' and Beck's Cognitive Behaviour Therapy: Goals and Assumptions. Techniques and goals of Client-Centred Therapy and Gestalt Therapy.	12
V	Practical  1. Any five Case Studies  Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30





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**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Organizational Psychology</b>		
Course Code	B23-PSY-504		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-2		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Gain understanding regarding the concept of organizational Psychology</li> <li>2. Get acquainted with the process of personnel selection and training in organization.</li> <li>3. Understand the effect of work environment on performance.</li> <li>4. Understand the role of work motivation in work outcomes.</li> <li>5. conduct experiments and tests related to Organizational Psychology.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Organizational Psychology : Nature, history and scope, Methods: Observation and Survey, Ethics in Industrial/Organizational Psychology.	11
II	Personnel Selection and Placement: Psychological Tests and Other Techniques of Selection, Training and Evaluation in Industry. Job Analysis and Job Performance.	11
III	Physical Environment and Work: Temperature, Noise and Pollution. Motion-Time Studies, Fatigue, Monotony, Accidents and Their Prevention.	11
IV	Motivation and Work, Financial and Non-Financial Incentives. Job Satisfaction: Nature and Factors Affecting. Job Involvement and Job Stress.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1.. Job Satisfaction Scale</li> <li>2. Work Motivation Scale</li> <li>3. Job Analysis</li> <li>4. Occupational Stress Index</li> <li>5. Organizational Climate Inventory</li> <li>6. Leadership Style Questionnaire</li> <li>7. Organizational Commitment Scale</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30



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**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Intelligence</b>		
Course Code	B23-PSY-505		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-3		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the nature and concept of intelligence as well as emotional intelligence</li> <li>2. Understand the theoretical foundations of intelligence</li> <li>3. Understand the theoretical foundation of intelligence in information processing prospective</li> <li>4. To get acquaint with the nature of Psychology test and measurement of intelligence and intellectual disability.</li> <li>5. conduct experiments and tests related to Intelligence.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Intelligence: Nature, Historical Development, Genetic and Environmental Influences, Emotional Intelligence	11
II	Theories: Spearman, Thurstone, Guilford, Cattell	11
III	Theories: Jensen, Dass, Gardner, Sternberg	11
IV	Measurement of intelligence: Verbal and Non-verbal Tests- GMAT & RPM. Assessment of Persons with Intellectual Disability, Sequin Form Board, Bhatia's Battery of Intelligence, Reaction Time and Intelligence.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. General Mental Ability Test</li> <li>2. Alexander Passalong Test</li> <li>3. Cattell's Culture Fair Test</li> <li>4. Wechsler Adult Performance Intelligence Scale</li> <li>5. Stanford Binet Intelligence Scale</li> <li>6. Kohs Block Design Test</li> <li>7. Bhatia's Battery of Performance Test</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>•</li> </ul> </li> </ul>		<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>

### Part C-Learning Resources

#### **Recommended Books/e-resources/LMS:**

Anastasi, A. (1988). Psychological testing (6<sup>th</sup> Ed.) New York McMillan

Cattell R.B. (1987) Intelligence: Its Structure, Growth, and Action. North Holland: Amsterdam.

Guilford, J.P. (1987) The nature of Human intelligence. New York: McGraw Hill.

Sternberg, R.J. (1982) Advances in the Psychology of Human intelligence (vol.1.). NJ: Erlbaum.

Sternberg R.J. (1990) Metaphor of Mind: conceptions of the Nature of intelligence. London: Cambridge University Press.

Sternberg, R.J. & Berg, C.A. (1992) intellectual Development. London: Cambridge University Press.

Sternberg, R.J. & Grigorenko, E. (1997) Intelligence, Heredity, and Environment. London Cambridge University Press.

Wolman, B.B. (1985) Handbook of intelligence: theories, Measurements and Application .new York: John Wiley & sons

Jensen AR (1981) The chronometry of intelligence RJ Sternberg (Ed), Advances in 'research on intelligence (Vol-I) Hillsdale, NJ Erlbaum

Gregory, R.J. (2017) Psychological Testing History, Principles, and application. Pearson India Education services Pvt. Ltd.

Ciccarelli, S.K., white, J Noland (2018) Psychology (Indian subcontinent adaptation) Person India Education service Pvt. Ltd.

Baron, R.A and Misra, G (2016) Psychology (5<sup>th</sup> Edition) pearson India education service Pvt. Ltd.

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**Undergraduate Programs (Psychology) Syllabus, Semester –V**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	V		
Name of the Course	<b>Clinical Psychology</b>		
Course Code	B23-PSY-506		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-3		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the nature and evolution of Clinical Psychology.</li> <li>2. Understand the assessment in Clinical setting.</li> <li>3. Understand techniques and process of Psychoanalysis Hypnosis and Behavior therapy.</li> <li>4. To acquaint with Cognitive Behaviour therapy, client centered and group therapy.</li> <li>5. Conduct experiments and tests related to Clinical Psychology.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			



<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Clinical Psychology: Nature and Evolution: Roles of Clinical Psychologist, Training of Clinical Psychologists: Vail and Boulder Model, Ethical issues in Clinical Psychology	11
II	Assessment in Clinical Psychology : Case History, Clinical Interview, Psychological Tests: TAT, WAT, MMPI, Rorschach Inkblot Test	11
III	Nature and Goals of Psychotherapy : Techniques and process of Psychoanalysis, Hypnosis, Behavior Therapy	11
IV	Technique and Process of Gestalt Therapy Cognitive Behavior Therapy, Family Therapy, Client Centered Therapy, Group Therapy	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Case History</li> <li>2. Interview</li> <li>3. SCT</li> <li>4. TAT</li> <li>5. WAT</li> <li>6. Defense Mechanism Inventory</li> <li>7. Eight State Questionnaire</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30

<b>Suggested Evaluation Methods</b>	
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b></li> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> <li>➤ <b>Practical (10 Marks)</b></li> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>•</li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<b>Part C-Learning Resources</b>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Hales, R.E., Yudofsky, S.C. &amp; Talbott, J.A. (1999). Textbook of Psychiatry Vol. I &amp; II. Washington: American Psychiatric Press.</p> <p>Kendall. (1980). Modern Clinical Psychology. NY: Willey.</p> <p>Kolb, L.C. &amp; Brodie, H.K.H. (1982). Modern Clinical Psychiatry. (10<sup>th</sup> Ed.). London: Saunders.</p> <p>Korchin, S.J. (1975). Modern Clinical Psychology. NY: Basic Books.</p> <p>Pomerantz, A.M. (2008). Clinical Psychology: Science, Practice, and Culture. Los Angeles: Sage.</p> <p>Richard, D.C.S. &amp; Huprich, S.K. (2009). Clinical Psychology: Assessment, Treatment, and Research. NY: Academic Press.</p> <p>Wolberg, L.R. (1988). The Techniques of Psychotherapy (Vol. 1 &amp; 2). London: Jason Aronson Inc.</p> <p>Wolman, B.B. (1965). Handbook of clinical Psychology, New York: Mc Graw Hill</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Counselling</b>		
Course Code	B23-PSY-601		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-6 MCC-11		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand history, Scope and Ethical Issues in Counselling.</li> <li>2. Acquaint themselves regarding Process of Counselling, Skills and Ethics of Counsellor.</li> <li>3. Understand different types of Therapies.</li> <li>4. Familiarize themselves regarding various application of counselling.</li> <li>5. Conduct experiments and tests related to Counselling.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Counselling: Meaning, Principles, Historical Antecedents, Scope and Goals. Types -Directive and Nondirective, Ethical Issues in counselling.	11
II	Building counselling relationship, Process of counselling, Code of ethics for counsellors The counsellor: Personal and Professional Characteristics, Skills of Counsellors.	11
III	Techniques of Therapist: Psychoanalytic Therapy, Person-Centered Therapy, Behaviour therapy, Cognitive Therapy.	11
IV	Application of Counselling: Personal Counselling, School Counselling, Career Counselling, Family Counselling, Group Counselling.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Counselling Need Inventory</li> <li>2. Interest Inventory</li> <li>3. Adjustment Inventory</li> <li>4. Aptitude Scale</li> <li>5. Anxiety Inventory</li> <li>6. Stress Scale</li> <li>7. Impulsiveness Scale</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30



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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Personality</b>		
Course Code	B23-PSY-602		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-12		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand Nature and Approaches of Personality.</li> <li>2. Get understanding about Psychoanalytic theories of personality.</li> <li>3. Acquaint with humanistic and existential theories of Personality.</li> <li>4. Have indepth understanding regarding traits theories of Personality.</li> <li>5. conduct experiments and tests related to Personality.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Personality : Nature and History, Approaches; Idiographic and Nomothetic , Theory: Definition and function, Personality:	11
II	Freudian theory of Personality, Psychoanalytic approach: Alfred Adler, Carl Jung, Karen Horney, Eric Erikson.	11
III	Humanistic/Existential theories: Carl Rogers, Abraham Maslow Rollo May and Murray.	11
IV	Trait Theories : Allport, Cattell , Eysenck and Costa & McCrae.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Triguna Test</li> <li>2. EPQ</li> <li>3. 16 PF</li> <li>4. MBTI</li> <li>5. NEO FFI/NEP-PI</li> <li>6. MMPI</li> <li>7. Rosenweig Picture Frustration Study</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> </ul> </li> </ul>		<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>

<ul style="list-style-type: none"><li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li><li>• Mid-Term Exam: <b>Nil</b></li><li>•</li></ul>	
<b>Part C-Learning Resources</b>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <ol style="list-style-type: none"><li>1. Buss D. M. &amp; Larsen R. J. (2009). Personality Psychology: Domains of Knowledge About Human Nature. NJ: McGraw</li><li>2. Pervin, L. A. (2002) Science of Personality (2nded.). USA: Oxford University Press.</li><li>3. Burger, J. M. (2010). Personality. Wadsworth Publishing</li><li>4. Hall, C. S., Lindzey, G., Campbell, J. B. (2007). Theories of Personality. ND: J. Wiley</li><li>5. Rao, S. K. R. (1962). Development of psychological thought in India. Mysore: Kavyalya Publishers.</li><li>6. Rao, K. R., Paranjpe, A.C. &amp; Dalal, A. K. (Eds.) (2008). Handbook of Indian Psychology. New Delhi: Cambridge University Press of Indi</li></ol>	



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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Organizational Behavior</b>		
Course Code	B23-PSY-603		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-4		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understanding nature and historical development of Organizational Behaviour.</li> <li>2. Acquaint with Organizational Structure and Culture.</li> <li>3. Understand the group processes and communication in Organizational setup.</li> <li>4. Understand the techniques of Stress Management and Conflict Management.</li> <li>5. Conduct experiments and tests related to Organizational Behavior.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Organisational Behaviour : Nature, Historical Development of Organisational Behaviour. Contemporary issues and Challenges. Model of Organisational behavior : Work Motivation: Nature, Early Theories: Maslow's Need Hierarchy, Herzberg's Two Factor Theory and McClelland Theory.	11
II	Organisational Structure : Concept and Types. Organisational Culture : Meaning and Dimension, Types of Organisational Culture.	11
III	Organizational Climate, Group Nature, Structure Classification, Function and Classification. Organisational communication : Process and Barriers.	11
IV	Stress : Nature ,Work stress: Sources Management, Conflict Management : Definition, Types, Process and Resolution.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Organizational Culture Scale .</li> <li>2. Organizational Climate Scale.</li> <li>3. Stress Inventory.</li> <li>4. Work Motivation Scale.</li> <li>5. Occupational Stress Index.</li> <li>6. Conflict Management Scale</li> <li>7. Organizational Citizenship Behaviour Scale .</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
<b>Suggested Evaluation Methods</b>		

<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>• </li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<p><b>Part C-Learning Resources</b></p>	
<p>Greenberg, J. &amp; Baron, R.A. (2011). <i>Behaviour in organizations</i>. 10th Ed. India: Dorling Kindersley</p> <p>Griffin, R.W. &amp; Moorhead, G. (2009). <i>Organizational behavior: Managing people &amp; organizations</i> (Edition). Biztantra publishers.</p> <p>Robbins, S. P. &amp; Judge, T.A. <i>Essentials of Organizational Behavior</i>. 9th Edition. New Delhi: Prentice Hall of India.</p> <p>Robbins, S. P. &amp; Judge, T.A. <i>Organizational behavior</i>. 12th Ed. New Delhi: Prentice Hall. (UNIT I: Ch. 1, UNIT II: Ch.7, UNIT III: Ch. 11, UNIT IV: Ch. 13)</p> <p>Kondalkar, V.G. (2007). <i>Organizational behavior</i>. New Delhi, Delhi: New Age International (P) Ltd.</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Consumer Psychology</b>		
Course Code	B23-PSY-604		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-4		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand Nature and Historical Development of Consumer Psychology.</li> <li>2. Have indepth understanding of consumer motivation and emotion.</li> <li>3. Acquaint with consumer knowledge, learning and skill.</li> <li>4. Have indepth understanding of advertisement and their impact on consumer.</li> <li>5. Conduct experiments and tests related to Consumer Psychology.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
<b>Unit</b>	<b>Topics</b>	<b>Contact Hours</b>
I	Consumer Psychology : Nature and Historical Background, Goals of Consumer Psychology, Methods of Consumer Psychology.	11
II	Consumer Motivation and Emotion : Motivational Determinants of Consumer Behaviour, Maslow's Theory and Consumer Behaviour. Role of Emotion in Consumer Behaviour.	11
III	Stages of Consumer Socialization. Development of Consumer Knowledge, Skills and Values. Consumer Learning and Memory: Nature and Factors Affecting.	11
IV	Advertising Psychology : Nature of Advertisement, Role of Attention in Advertisement. Central and Peripheral Route to Personations. Impact of Advertisement on Consumer Behaviour.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Achievement Motivation Scale.</li> <li>2. Attention-Digit Forward.</li> <li>3. Attention-Digit Backward.</li> <li>4. Any Memory Scale.</li> <li>5. Study of Emotions.</li> <li>6. Consumer Satisfaction Scale.</li> <li>7. An Experiment on Subliminal Perception.</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
<b>Suggested Evaluation Methods</b>		

<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>• </li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<p><b>Part C-Learning Resources</b></p>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Billal, B., Avery, J. Kozinets, R.V. Raghbir, P. &amp; Woodside, A.C. (2021) Consumer Psychology : Consumer Behaviour, Clininati : Open Mentis.</p> <p>Jansson – Boyd, C. V. (2010)</p> <p>Berkshire : Consumer Psychology. MC Graw Hill :</p> <p>Hacrgt vedt, C.P. Hers, P.M. &amp; Kardes, F.R. (2008).</p> <p>Handbook of Consumer Psychology (Fd). New York: Taylor and Franas.</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Sports Psychology</b>		
Course Code	B23-PSY-605		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-5		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand nature and scope of Sports Psychology and Role of Sport Psychologist.</li> <li>2. Understand motivation in Sports and techniques to enhance Motivation.</li> <li>3. Understand the role of attention and interest in Sports.</li> <li>4. Understand the relationship between Personality and Sports.</li> <li>5. Conduct experiments and tests related to Sports Psychology.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Introduction to Sports Psychology: Nature, History and Subject matter of Sports psychology. Career in Sports psychology, Need of Psychology in Sports.	11
II	Competition and Anxiety: Competition in Sports, Pros and Cons of Competition, Anxiety in Sports, Strategies for Managing Anxiety. Relationship, Understanding Sports Motivation, Techniques of Motivation Enhancement, Motivation-Performance	11
III	Attention and Interest : Attention Nature, Characteristics of Attention, Role of Attention in Sports: Strategies for Improving Attention. Interest- Definition, Types of Interest, Enhancement of Interest in Sports.	11
IV	Personality and Sports: Nature, Dimensions of Personality – and Sports Concept of four “C” Confidence, Control, Commitment & Concentration.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Complex Reaction time</li> <li>2. JPMR</li> <li>3. Personality Inventory/Questionnaire</li> <li>4. Security-Insecurity Questionnaire</li> <li>5. Anxiety Test</li> <li>6. Interest Test</li> <li>7. Span of Attention</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30



<b>Suggested Evaluation Methods</b>	
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>•</li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<b>Part C-Learning Resources</b>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Kamlesh,M.L; (1998) Psychology in Physical Education and Sports(3<sup>rd</sup> Edition) ,Metropolitan Book Co.Pvt.Ltd. 1,Netaji Subhash Marg, New Delhi-110002,India.</p> <p>Sahni,S.P.(2005) Psychology and its application in Sports,D.V.S.Delhi.</p> <p>Ciccarelli, S. K &amp; Meyer, G.E (2008). Psychology. New Delhi: Pearson.</p> <p>Cox, R. (2006). Sport Psychology. McGraw-Hill Education.</p> <p>Glassman,W. E. (2000). Approaches to Psychology. Buckingham: Open University Press.</p> <p>Jarvis, M. (2006). Sport Psychology: A Students handbook. Rutledge.</p> <p>Morgan, C. (2017). Introduction to Psychology. McGraw Hill Education</p> <p>Atkinson, R.L., Atkinson, R.L, et al. (1985) Introduction to Psychology. N. Y.: HBJ Publishers.</p> <p>Singh, A.K. (2009) Uchattar Samanaya Manovigyan. Delhi: Moti Lal Banarsidas.</p> <p>Singh, A. &amp; Singh, U. (1984). Prayogatamak Manovigyan. Bhiwani: Vedic Prakashan.</p> <p>Singh, R. &amp; Shyam, R. (2008) Adhunik Sangyanatmak Manovigyan. Panchkula: Haryana Sahitya</p> <p>Gershon Tenenbaum,Robert C. Eklund (2007) Handbook of sports psychology (3<sup>rd</sup> edition), John Wiley &amp; Sons, Inc.</p> <p>Matt Jarvis (2006) Sports psychology A Student's Handbook; Routledge, Taylor &amp; Francis group London and New York</p>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –VI**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VI		
Name of the Course	<b>Forensic Psychology</b>		
Course Code	B23-PSY-606		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-5		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand Nature of Forensic Psychology along with its assessment.</li> <li>2. Acquaint with factors of Criminal Behaviour.</li> <li>3. Have in depth understanding of Police and Correctional Psychology.</li> <li>4. Have understanding to sexual violence and related issues.</li> <li>5. Conduct experiments and tests related to Forensic Psychology.</li> </ol>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Forensic Psychology: Nature and Scope, Role and Functions of Forensic Psychologist, Assessment and Evaluation in Forensic Psychology.	11
II	Introduction to Criminal Psychology: Biological, Social and Psychological Determinant of Criminal Behaviour. , Juvenile Delinquency	11
III	Eyewitness Testimony and Identification Dynamics of Serial Killings, Psychology of Lying and the Detection of Deception Correctional Psychology in Adult settings, Jury and Decision-Making.	11
IV	Psychology of Sexual Violence; Sexual Offending, Psychology of Violence and Intimidation; Homicide, Practical and Ethical Issue in Forensic Psychology.	12
V	<p>Practical</p> <ol style="list-style-type: none"> <li>1. Criminal Behaviour Inventory.</li> <li>2. Test of Deception.</li> <li>3. Any Test of Sexual Violence.</li> <li>4. Decision making</li> <li>5. Aggression Questionnaire.</li> <li>6. Jail Mental Health Inventory.</li> <li>7. Domestic Violence/Violence Inventory</li> </ol> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30

<b>Suggested Evaluation Methods</b>	
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (20 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>05 Marks</b></li> <li>• Mid-Term Exam: <b>10 Marks</b></li> </ul> </li> <li>➤ <b>Practical (10 Marks)</b> <ul style="list-style-type: none"> <li>• Class Participation: <b>Nil</b></li> <li>• Seminar/Demonstration/Viva-voce/Lab records etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>Nil</b></li> <li>•</li> </ul> </li> </ul>	<p><b>End Term Examination:</b></p> <p><b>50 Marks</b></p> <p><b>20 Marks</b></p>
<b>Part C-Learning Resources</b>	
<p><b>Recommended Books/e-resources/LMS:</b></p> <ol style="list-style-type: none"> <li>1. Bartol, C.R. &amp; Bartol, A.M. (2019). Introduction to Forensic Psychology: research and application. Thousand Oaks: SAGE Publications.</li> <li>2. Bruce A. Arrigo, Introduction to Forensic Psychology (2000), Academic Press, USA</li> <li>3. R.C. Nigam, Law of Crimes in India, Volume I, Asia Publishing House, New Delhi (1965)</li> <li>4. Howitt, Dennis , Introduction to Forensic and Criminal Psychology, 2nd Ed. Prentice Hall,2005</li> <li>5. Peter, B. Ainsworth (2003). Offender Profiling and Crime Analysis. Lawman (INDIA) Pvt. Ltd. New Delhi.</li> <li>6. Mohanty, R. K. and Mohanty, S. (2015) Textbook of Criminology Penology and Victimology, Mumbai: Himalaya Publishing House.</li> <li>7. Grover Maurice Godwin (2001) Criminal Psychology and forensic Technology: A Collaborative Approach to Effective Profiling, CRC Press, Boca Raton London New York Washington, D.C.</li> <li>8. Tiffany R. Masson (2016 ). Inside Forensic Psychology, Praeger An Imprint of ABC-CLIO, LLC</li> </ol>	

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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VII		
Name of the Course	<b>Systems and Theories</b>		
Course Code	B23-PSY-701		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H1		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Acquaint themselves with Psychology as science and its current status. They will have insight into Associationism and Structuralism as School of psychology.</li> <li>2. Develop insight into the antecedents, foundation and tenets of Functionalism, Behaviorism and Gestalt Psychology.</li> <li>3. Familiarize themselves with basic concepts, antecedents, and tenets of Psychoanalysis, Individual psychology and Analytical psychology.</li> <li>4. Acquaint themselves with field and S-R Theory in psychology alongwith basic concepts and contribution.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
<b>Unit</b>	<b>Topics</b>	<b>Contact Hours</b>
I	Psychology as Science, current status. Nature and characteristics of systems, theories. Schools: Associationism- British empiricism, S-R relationship, tenets. Structuralism- Contribution of Wundt and Titchener, methodology, tenets.	15
II	Functionalism- Antecedents, pioneers, tenets. Behaviorism: Antecedents and foundation, methodology, tenets. Gestalt Psychology: Antecedents and foundation, empirical work, tenets.	15
III	Psychoanalysis: Antecedents and foundation, basic concepts, tenets. Individual Psychology: Basic concepts and contribution. Analytic Psychology: Basic concepts and Contribution.	15
IV	Field theory: Lewin's life space- basic concepts and contribution; Tolman's purposive behaviorism- basic concepts and contribution. S-R Theory: Hullian system and contribution; Skinnerian positivism; Guthrian associationism.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>● Class Participation: <b>05 Marks</b></li> <li>● Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>● Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Chaplin T. &amp; Kraweic T.S. (1979). Systems and Theories of Psychology. NY: Thompson Learning.</p> <p>Wolman, B.B. (1995). Contemporary Theories and Systems in Psychology. Delhi: Freeman.</p> <p>Marx, M.H. &amp; Hillix, W.A. (1978). Systems and Theories in Psychology. New Delhi: Tata McGraw-Hill.</p>		

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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VII		
Name of the Course	<b>Research Methodology</b>		
Course Code	B23-PSY-702		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H2		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Have familiarity with nature of Psychological research alongwith its approaches. They will understand different components of Research deeply.</li> <li>2. Develop insight into various types of research in the field of Psychology.</li> <li>3. Have indepth knowledge regarding research designs and their types alongwith their applicability.</li> <li>4. Have familiarity with process of sampling and its techniques alongwith major methods of data collection.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Research: Meaning, Purpose, and Dimensions. Overview of research process and basic research concepts, Research problem, Hypothesis, Variables and Operational Definitions.	15
II	Paradigms of research: Quantitative, Qualitative, Mixed methods approach Methods of research: Field studies, Cross-Cultural Studies, Phenomenology, Grounded theory, Focus groups, Narratives, Ethnography	15
III	Research Design: Criteria and Principles, Between Groups and Within Groups Designs: Factorial design, Randomized Block Designs, Repeated Measures Design, Quasi-Experimental Design.	15
IV	Sampling (Probability and non probability) Ethics in Conducting and Reporting Research. APA style of preparing research proposal and writing research report.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Theory (30 Marks)</b></li> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Kerlinger, F.N. (1973). <i>Foundation of Behavioral Research</i>. New York: Holt Rinehart and Winston.</p> <p>McGuigan, F.J. (1983). <i>Experimental Psychology: Methods of Research (4<sup>th</sup> Ed.)</i>. New Jersey: Prentice Hall.</p> <p>Shaughnessy, J.J. &amp; Zechmeister, E.B. (1997). <i>Research Methods in Psychology</i>. New York: Mc Graw Hill.</p> <p>Singh, A.K. (1986). <i>Tests, Measurements and Research Methods in Behavioral Sciences</i>. New Delhi: Tata McGraw Hill.</p> <p>Broota, K.D. (1989). <i>Experimental Design in Behavioral Research</i>. New Delhi: Wiley Eastern.</p> <p>Winer, B.J. (1971). <i>Statistical principles and experimental design</i>. Kogakusha: McGraw Hill.</p>		



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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VII		
Name of the Course	<b>Applied Social Psychology</b>		
Course Code	B23-PSY-703		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H3		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand basic nature of Applied Social Psychology</li> <li>2. Understand nature and formation of attitudes and interpersonal relationships.</li> <li>3. Have indepth understanding of the application of Social psychology in Health, Law, Environment Education Sports.</li> <li>4. Understand how to Applied Social Psychology in Community and Sustainable leaving.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
<b>Unit</b>	<b>Topics</b>	<b>Contact Hours</b>
I	Applied Social Psychology : Nature, Historical Context and Scope. Methods : Observation, Survey and Content Analysis.	15
II	Attitude : Nature, Formation – Behavioural Intervention Model, Change and Consistency, and Measurement. Interpersonal Relationship : Development of Relationship. Interpersonal Attraction : Determinants and Theories.	15
III	Applying Social Psychology to Health, Criminal Justice System, Environment, Education and Sports.	15
IV	Applying Social Psychology to Community : Nature and Origin of Community Psychology, Community Psychology values and Approaches. Diversity: Opportunities and Challenges, Diversity v/s Prejudice and Stigmatization Social Psychology and the Sustainable Future: Enabling Sustainable Living	15
<b>Suggested Evaluation Methods</b>		
<b>Internal Assessment:</b>  ➤ <b>Theory (30 Marks)</b> • Class Participation: <b>05 Marks</b> • Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b> • Mid-Term Exam: <b>15 Marks</b>		<b>End Term Examination:</b>  <b>70 Marks</b>
<b>Part C-Learning Resources</b>		

**Recommended Books/e-resources/LMS:**

- Baron, R.A. & Byrne, D. (2003). *Social Psychology: Understanding Human Interaction* (6<sup>th</sup> Ed.).  
New Delhi: Prentice-Hall of India.
- Baron, R.A. & Byrne, D. (2005). *Social Psychology*. New Delhi: Prentice-Hall of India.
- Daniel, P. & Cozby, P.C. (1983). *Social Psychology*. NY: Holt, Rinehart and Winston.
- Lindzey, L., & Aronson, E. (1975). *The Handbook of Social Psychology* (2<sup>nd</sup> Edn.), Vol. IV & V. New Delhi: Amerind Publishing Co.
- Mathur, S.S (2004). *Social Psychology*. Agra: Vinod PustakMandir.
- Myers, D.G., Sahajpal, P.R. behera, P. (2012). *Social Psychology* (10<sup>th</sup> Edition). New Delhi: McGraw Hill Education (India) Private Limited.
- Penrod, S. (1986). *Social Psychology* (2<sup>nd</sup> Ed.) New Jersey: Prentice Hall, Englewood Cliffs.
- Schneider. F.W; Gruman, J.A. and Coutts, L.M(2012) *Applied Social Psychology- Understanding and Addressing Social and Practical Proglems*. New Delhi: SAGE Publications India Pvt. Ltd.
- Taylor, S.E., Peplau, L.A. & Sears, D.O. (2006). *Social Psychology* (12<sup>th</sup> Ed.). New Delhi: Pearson

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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

Session: 2024-25			
Part A-Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	Understanding Self		
Course Code	B23-PSY-704		
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-6		
Level of the course(As per Annexure-I)	400-499		
Pre-requisite for the course(if any)	-		
Course Learning Outcomes(CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Know about concept of self and related aspects.</li> <li>2. Understanding self from different perspectives.</li> <li>3. Self identity and its development through life span.</li> <li>4. Have indepth understanding about Indian ethological thoughts about self.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
Part B-Contents of the Course			

<p><b>Instructions for Paper-Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Concept of Self, Cognitive and Behavioural Aspects of Self. Self-esteem and Self-efficacy, Culture and Self, Measurement of Self.	15
II	Adler, Erikson and Humanistic views of self, self reinforcement, The Self as a Social Comparer, Head's theory of social self.	15
III	Self identity: meaning and development, Gender difference in experience of self, Marcia's identity status, Self esteem in adolescence, Change in self concept from Adolescence to Adulthood	15
IV	Indian perspectives: Advaita Vedanta's self and identity, Patanjali Yoga on "Isolating the self", Self as enjoyer – sufferer, Karam Yoga: Non Attached action in Bhagawad Gita, Trilogy of Mind	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Paranjpe, An. (2002). Self and Identity in Modern Psychology and Indian Thought. 10.1007/b108086.</p> <p><i>Self and Identity: Perspective Across the Lifespan.</i> Edited by Terry Honess and Krysia Yardley. London and New York: Routledge and Kegan Paul. 1987</p> <p>Baron, R.A. (2001/Indian reprint 2002). Psychology (5th ed.). Allyn &amp; Bacon. •</p>		

Das, J.P. (1998). *The Working Mind : An Introduction to Psychology*. Sage Publications

Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (1986). *Introduction to Psychology* (7th ed.). McGraw-Hill Book Company

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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VII		
Name of the Course	<b>Personality Development</b>		
Course Code	B23-PSY-705		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-6		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the nature of personality development in Context to classical theories and recent perspective.</li> <li>2. Understand development of self and attitudes with reference to personality development.</li> <li>3. Acquaint themselves with emotional development and role of temperament and gender in personality development.</li> <li>4. Have indepth understanding of body language problem solving, stress and time management and decision making skills in personality development</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Personality: Nature and Determinants Personality Development: Classical Theories: Psychoanalytic, Social Learning and Cognitive, Recent Perspectives - Evolutionary, Behavioral Genetics and Cognitive.	15
II	Development of Self and Self-Concept, Self Esteem: Social Identity. Attitude: Concept and Formation of Positive and Negative Attitudes, Difference between Personalities having Positive and Negative Attitude.	15
III	Emotional Development: Identify and Understand Other's Emotions, Emotion Regulation. Temperament and Personality Development. Gender Role in Personality Development and Culture.	15
IV	Other Aspects of Personality Development: Body Language, Problem Solving, Conflict and Stress Management, Decision Making Skill, Leadership and Qualities of Successful leader. Time Management.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Hurlock, E.B (2006). Personality Development, 28th Reprint. New Delhi: Tata McGraw Hill.</p> <p>2. Stephen P. Robbins and Timothy A. Judge(2014), Organizational Behavior 16th Edition: Prentice Hall.</p> <p>3. Andrews, Sudhir. How to Succeed at Interviews. 21st (rep.) New Delhi.Tata McGraw-Hill 1988.</p> <p>4. Heller, Robert.Effective leadership. Essential Manager series. Dk Publishing, 2002 5..</p> <p>Hindle, Tim. Reducing Stress. Essential Manager series. Dk Publishing, 2003.</p> <p>6. Lucas, Stephen. Art of Public Speaking. New Delhi. Tata - Mc-Graw Hill. 2001.</p>		



7. Mile, D.J Power of positive thinking. Delhi. Rohan Book Company, (2004).
8. Pravesh Kumar. All about Self- Motivation. New Delhi. Goodwill Publishing House. 2005..
9. Smith, B . Body Language. Delhi: Rohan Book Company. 2004
10. Shaffer, David. R. (2009) Social and Personality Development (6<sup>th</sup> Edition). Wasts Worth, Cengage Learning

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**Undergraduate Programs (Psychology) Syllabus, Semester –VII**

Session: 2024-25			
Part A - Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	<b>Practicum</b>		
Course Code	B23-PSY-706		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	PC-H1		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to:		
Credits	Theory	Practical	Total
	0	4	4
Contact Hours	0	8	8
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 4 Hours</b>	
Part B- Contents of the Course			
<p><b>Instructions for Examiner:</b> Any 10 practicals out of the following are to be conducted and reported during the semester. One practical will be allotted to a candidate during the examination and evaluation will be based on Practical Note Book, Performance during practical examination and Viva-voce.</p>			
Unit	Topics		Contact Hours

I	<ol style="list-style-type: none"> <li>1. Retinal Colour Zones.</li> <li>2. Emert's law.</li> <li>3. Figural after effect.</li> <li>4. Perceptual constancy.</li> </ol>	30
II	<ol style="list-style-type: none"> <li>5. Phi-phenomenon.</li> <li>6. Perception of time.</li> <li>7. Autokinetic movement.</li> <li>8. Experiment of classical conditioning.</li> </ol>	30
III	<ol style="list-style-type: none"> <li>9. Depth perception.</li> <li>10. Weber's law.</li> <li>11. SDT.</li> <li>12. Muller Lyre illusion.</li> </ol>	30
IV	<ol style="list-style-type: none"> <li>13. Relative effectiveness of any two methods of learning.</li> <li>14. Serial position effect.</li> <li>15. Incidental v/s intentional learning.</li> <li>16. Discrimination learning.</li> </ol>	30
<b>Suggested Evaluation Methods</b>		
<b>Internal Assessment: 30</b>		<b>External Evaluation: 70</b>
➤ <b>Theory</b>	<b>30</b>	➤ <b>70</b>
• Class Participation:	5	Lab record, Viva-Voce, write-up and execution of the practical
• Seminar/presentation/assignment/quiz/class test etc.:	10	
• Internal Viva:	15	
<b>Part C-Learning Resources</b>		
<b>Recommended Books/e-resources/LMS:</b>		

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VIII		
Name of the Course	<b>Cognitive Processes</b>		
Course Code	B23-PSY-801		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H4		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Acquaint themselves about history of cognitive psychology, understand different approaches to study cognition along with its methods.</li> <li>2. Have in-depth understanding of nature and types of attention, different models of selective attention and pattern recognition.</li> <li>3. Have familiarity with process of memory, they will understand different models of memory along with application of memory in different fields.</li> <li>4. Have acquaintance with how language is acquired, problem solving and its process along with understanding of reasoning and its types.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks: 30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	
<b>Part B- Contents of the Course</b>			

<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Cognitive Processes : Nature, History of Cognitive Psychology, Approaches to study Cognitive Processes. Methods to study Cognition : Behavioral and Physiological .	15
II	Attention: Nature and Information Processing Selective Attention: Nature, Models-Filter and Attention, Divided Attentions. Pattern Recognitions: Nature and Theories: Prototype matching and Feature Analysis.	15
III	Memory: Memorization Process, Models-Atkinson-shiffrin, Level of Processing and Parallel Distributed processing, Autobiographical Memory, Eye witness Testimony, Mnemonics.	15
IV	Language: Nature, Properties and Structure, Stages of language acquisition. Problem Solving : Nature and Types of Problem, Problem Solving Cycle, Obstructs and Aids to problem Solving.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Eysenck, M.W., &amp; Keane, M.P (2000). Cognitive Psychology: A students guide, Psychology Press.</p> <p>Galotti, K.M.(2000). Cognitive Psychology in and out of the Laboratory. Delhi: Thomson.</p> <p>Kellogg, R.T. (2012). Fundamentals of Cognitive Psychology. Lab Angles: Sage.</p> <p>Matlin, M.W. (2008), Cognition. New York: Wiley.</p> <p>Solso, R.L. (2001). Cognitive Psychology. Delhi: Pearson Education.</p> <p>Sternberg, R.J. (2007). Cognitive Psychology. Delhi: Thomson.</p>		

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

Session: 2024-25			
Part A-Introduction			
Subject	Psychology		
Semester	VIII		
Name of the Course	Positive Psychology		
Course Code	B23-PSY-802		
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H5		
Level of the course(As per Annexure-I)	400-499		
Pre-requisite for the course(if any)	-		
Course Learning Outcomes(CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Explore the nature and benefits of positive psychology, positive emotions, coping strategies and emotional intelligence</li> <li>2. Understand human strengths and meaningfulness in life</li> <li>3. Gain insight for positive schooling, Role of self-determination, wisdom, well-being, and value orientation in life</li> <li>4. understand the role of positive psychology in Family, school, work, and society setting.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam</b> <b>Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper-Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Nature and Scope of Positive Psychology. Comparative perspectives: Eastern and Western. Benefits of studying Positive Psychology. Exploring Positive emotions, Coping strategies, Flow, and Emotional intelligence.	15
II	Human Strengths and Positive Outcomes: Classification and Measurement. Significance of Meaningfulness in life. Analysis of Illness ideology.	15
III	Positive Schooling , Positive Psychology of mental health and Forgiveness .  Role of self-determination, Wisdom, Well-being, and Value Orientation in life	15
IV	The intersection of positive psychology with forgiveness, creativity, gratitude, and hope. Positive Psychology in different spheres of life : Family, school, work, and society setting.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Blumberg, H. H., Hare, A. P., &amp; Costin, A. (2006), Peace psychology: A comprehensive introduction. Cambridge University Press.</p> <p>Carr, A. (2013). <i>Positive psychology: The science of happiness and human strengths</i>. Routledge.</p> <p><b>Joseph, S. (2015)</b><i>Positive psychology in practice: Promoting human flourishing in work, health, education, and everyday life</i>. John Wiley &amp; Sons.</p> <p>Steve, B. (2016). <i>Positive psychology</i>. Pearson Education India.</p> <p><b>Fredrickson, B. L., &amp; Levenson, R. W. (1998)</b>. Positive emotions speed recovery from the</p>		

cardiovascular sequelae of negative emotions. *Cognition & Emotion*, 12(2), 191-220.  
 Wegner, D. M., Erber, R., & Zanakos, S. (1993). Ironic processes in the mental control of mood and mood-related thought. *Journal of personality and social psychology*, 65(6), 1093.

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

<b>Session: 2024-25</b>	
<b>Part A - Introduction</b>	
Subject	Psychology
Semester	VIII
Name of the Course	<b>Advanced Statistics</b>
Course Code	B23-PSY-803
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H6
Level of the course (As per Annexure-I)	400-499
Pre-requisite for the course (if any)	-
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Have familiarity with characteristics and applications of normal probability curve alongwith concept of Hypothesis testing and correlation with their computation.</li> <li>2. Have indepth understanding of other methods of correlations such as partial, multiple, Bi-serial and point bi-serial alongwith their computation and applications.</li> <li>3. Have acquaintance with two major statistical analyses i.e ANOVA and Regression with their computation and Interpretation.</li> <li>4. Have in-depth understanding of major non - parametric statistics which can be used to analyze data and their interpretation.</li> </ol>



Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	
<b>Part B- Contents of the Course</b>			
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>			
<b>Unit</b>	<b>Topics</b>		<b>Contact Hours</b>
I	Concept of central tendency and dispersion, Levels of measurement, Normal Probability Curve(properties and application). Hypothesis Testing: t test- independent and dependent samples, chi square		15
II	Correlational Analysis: Correlation [Product Moment, Rank Order], Partial correlation, multiple correlation. Special Correlation Methods: Biserial, Point biserial, tetrachoric, phi coefficient.		15
III	Analysis of Variance: Basic Concepts, One way ANOVA (Separate and Repeated measures), Two-way ANOVA (Separate groups), Regression Analysis: Simple and Multiple.		15
IV	Nonparametric statistics: Sign Test, Wilcoxon Signed Ranks Test, Mann-Whitney U-Test, Median Test, Kruskal-Wallis Test, Friedman Test.		15
<b>Suggested Evaluation Methods</b>			
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>• Class Participation: <b>05 Marks</b></li> <li>• Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>• Mid-Term Exam: <b>15 Marks</b></li> </ul>			<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>			

**Recommended Books/e-resources/LMS:**

Garrett, H.E. (1981). *Statistics in Psychology and Education*. Bombay: Vakils.

Guilford, J.P. (1981). *Fundamental Statistics in Psychology and Education (6<sup>th</sup> Ed.)*. New Delhi:

McGraw Hill.

Siegel, S. & Castellan, N.J. (1988). *Nonparametric statistics for the behavioral sciences*.

Kogakusha: McGraw Hill.

Singh, A.K. (1986). *Tests, measurements and research methods in behavioral sciences*. New Delhi:

Tata McGraw Hill.

Winer, B.J. (1971). *Statistical principles and experimental design*. Kogakusha: McGraw Hill.

Aron & Aron (2008). *Statistics for Psychology (5th ed)*. New Delhi: Pearson

Howell, D. (2009). *Statistical Methods for Psychology (7 th ed.)*. Wadsworth. 14

Minium, E. W., King, B. M., & Bear, G. (2001). *Statistical reasoning in psychology and education*. Singapore: John-Wiley.

Wilcox R. R. (2009). *Basic Statistics: Understanding Conventional Methods and Modern Insights*. NY: OUP.

Daniel, W. W. (1995). *Biostatistics. (6th Ed.)*. N.Y.: John Wiely.

Field, A., Miles, J., and Field, Z. (2012). *Discovering Statistics Using R*. NY: Sage.

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

Session: 2024-25			
Part A-Introduction			
Subject	Psychology		
Semester	VIII		
Name of the Course	Child Psychology		
Course Code	B23-PSY-804		
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-7		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Out comes(CLO):	After completing this course, the learner will be able to <ol style="list-style-type: none"> <li>1. Understand child psychology through stages from prenatal to childhood.</li> <li>2. Acquaint with numerous theories of child development.</li> <li>3. Identify sequence of developmental stages including reflexes and sensory development.</li> <li>4. Understand concept of emotional and moral development.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory &amp; practical)</b>	
PartB-Contents of the Course			

<p><b>Instructions for Paper-Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Genetic Foundations: Genes, Chromosomes and Heredity, Genetic Counseling, Tetragons. Prenatal Development Stages,	15
II	Birth and Infancy: Birth Complications at Prenatal Stage, Motor and Sensory Development : Reflexes and Development of Motor skills. Sensory capacities: Touch, taste, smell, vision, audition	15
III	Piaget's Theory of Cognitive Development, Vygotsky's Social Development Theory, Bowlby's Attachment Theory, Freud's Psychosexual Stages of Development, Erikson's Theory of Psychosocial Development.	15
IV	Emotional development: Social Development in Infancy and Childhood. Moral development : Kohlberg's theory of moral development, Language Development: Stages.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>● Class Participation: <b>05 Marks</b></li> <li>● Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>● Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <ol style="list-style-type: none"> <li>1. Berk, L. E. (2017). Child Development. 9th Ed. Pearson, India</li> <li>2. Shaffer, D.R., &amp; Kipp, K. (2013) Development psychology: Childhood and adolescence. Cengage Learning.</li> <li>3. Santrock, J.W. (2017). Child Development. 13th Ed. Mc-Graw Hill, India.</li> <li>4. Santrock, J.W. (2007). A Topical Approach to Life-Span Development. (7th Ed.). New Delhi: Tata Mc-Graw Hill.</li> </ol>		

5. Mitchell, P. and Ziegler, F. (2007). Fundamentals of Development: The Psychology of Childhood. New York: Psychology Press.

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VIII		
Name of the Course	Educational Psychology		
Course Code	B23-PSY-805		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-7		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> <li>1. Understand Nature , Historical Development and Scope of Educational Psychology.</li> <li>2. Have understanding of individual differences and its determinants.</li> <li>3. Have knowledge regarding growth and development and learning difficulties among students.</li> <li>4. Acquaint with exceptional, gifted and mentally retarded children's.</li> </ol>		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	

<b>Part B- Contents of the Course</b>		
<p><b>Instructions for Paper- Setter:</b> The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
<b>Unit</b>	<b>Topics</b>	<b>Contact Hours</b>
I	Educational Psychology: Nature, Historical Development and Scope, Learning and Teaching Today, Role of Educational Psychologist, Methods of Educational Psychology.	15
II	Individual Differences: Concepts and Areas, Determinants: Role of Heredity and Environment on developing individual differences. Implications of Individual differences for organizing Educational Programmes.	15
III	Understanding Growth and Development during Childhood and Adolescence: Physical, Social, Emotional and Mental. Learner differences and Learner needs: Differences in Intelligence and Learning styles and their implications for Teaching, Learning Difficulties in students.	15
IV	Gifted and Mentally Retarded Children: Meaning and Characteristics, Needs and Challenges of Exceptional, Intellectually Disable and Learning Disable Children. Creativity: Concept and importance in Education.	15
<b>Suggested Evaluation Methods</b>		
<p><b>Internal Assessment:</b></p> <p>➤ <b>Theory (30 Marks)</b></p> <ul style="list-style-type: none"> <li>● Class Participation: <b>05 Marks</b></li> <li>● Seminar/presentation/assignment/quiz/class test etc.: <b>10 Marks</b></li> <li>● Mid-Term Exam: <b>15 Marks</b></li> </ul>		<p><b>End Term Examination:</b></p> <p><b>70 Marks</b></p>
<b>Part C-Learning Resources</b>		
<p><b>Recommended Books/e-resources/LMS:</b></p> <p>Woolfolk, A. (2004). Educational psychology (9th ed.). Pearson Education. Frederickson, N., Miller, A. &amp; Cline, T. (2008). Educational Psychology. Hodder Education. Rubie-Davies, C. (Ed.) (2011). Educational Psychology Concepts, Research and Challenges. Routledge. Smith, T., Polloway, E., Patton, J. &amp; Dowdy, C. (2012). Teaching Students with Special Needs in Inclusive Settings (6th ed.). PHI Learning</p>		

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**Undergraduate Programs (Psychology) Syllabus, Semester –VIII**

<b>Session: 2024-25</b>			
<b>Part A - Introduction</b>			
Subject	Psychology		
Semester	VIII		
Name of the Course	<b>Practicum</b>		
Course Code	B23-PSY-806		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	PC-H2		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: 6.		
Credits	Theory	Practical	Total
	0	4	4
Contact Hours	0	8	8
<b>Max. Marks: 100</b> <b>Internal Assessment Marks:30</b> <b>End Term Exam Marks: 70</b>		<b>Time: 3 Hours (Each theory)</b>	
<b>Part B- Contents of the Course</b>			

**Instructions for Examiner:** Any 10 practicals out of the following are to be conducted and reported during the semester. One practical will be allotted to a candidate during the examination and evaluation will be based on Practical Note Book, Performance during practical examination and Viva-voce.

Unit	Topics	Contact Hours
I	1. Study of STM. 2. Retroactive inhibition. 3. Schedule of reinforcement (instrumental conditioning). 4. Choice reaction time.	30
II	5. Selective listening 6. Reminiscence 7. Comparison of any two methods of memory 8. Problem solving.	30
III	9. Set in thinking. 10. Creativity test. 11. Concept formation 12. Galvanic skin response.	30
IV	13. Study of emotions (Facial expression). 14. Zeigarnic effect. 15. Measurement of motives. 16. Projective test of personality.	30

#### Suggested Evaluation Methods

Internal Assessment: 30		External Evaluation: 70	
➤ Theory	30	➤	70
• Class Participation:	5	Lab record, Viva-Voce, write-up and execution of the practical	
• Seminar/presentation/assignment/quiz/class test etc.:	10		
• Internal Viva:	15		

#### Part C-Learning Resources

**Recommended Books/e-resources/LMS:**