

Format for Designing the Syllabus of a Course

Session: 2023-24			
PartA - Introduction			
Subject			
Semester	3 rd and 4 th Semester		
Name of the Course	Youth Red Cross Activities and First Aid Training		
Course Code	B23-VAC-304 / B23-VAC-404		
CourseType: (CC/MCC/MDC/CC-M/DSEC/VOC /DSE/PC/AEC/VAC)	VAC		
Level of the course (As per Annexure-I)	100-199		
Pre-requisite for the course (if any)	NA		
CourseLearningOutcomes(CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. To acquire the understanding Youth Red Cross Activities 2. To get familiarize with First Aid Training & Disaster Management 3. To apply the First Aid Training in real life situations 4. To exhibit the techniques related to disaster management 		
Credits	Theory	Practical	Total
	-	02	02
Contact Hours	-	02	02
Max. Marks: 50		Time: 3 Hours	
Internal Assessment Marks: 15			
End Term Exam Marks:35			
Part B-Contents of the Course			
<u>Instructions for Paper- Setter</u>			
End term exam will be conducted by the Youth Red Cross Counsellor of the HEI. A written examination of 15 marks based on questions from the entire syllabus will be conducted by the Counsellor, YRC of the respective Department/College/Institute. The questions may be of objective/short answer type. Students will be evaluated based on the participation/demonstration/outcomes of the activities performed from each unit out of 20 Marks.			
Unit	Topics		Contact hours
I	Unit-I Youth Red Cross Activities -History of Red Cross, Origin of Red Cross, Objectives of Red Cross, Principles of Red Cross, Sir Jean Henri Dunant, Different Activities of Youth Red Cross: Blood Donation, Organ Donation, Health Checkup Camps, Youth Red Cross Training Camps, Road Safety Programmes, Awareness lectures, Celebration of important days (National as well as International) -Structure of Youth Red Cross at National, State, District, University and College Level. -Duties and Powers of Youth Red Cross Committees at various levels.		8

II	Unit-II First Aid Training Part -1 Activities based on the following topics:- -First Aid Posts in Public Gatherings, -First Aid and Home Nursing Trainings -Basic First Aid Techniques, Respiratory System and Breathing, Heart -Blood Circulation, Shock, Bones, Joints and Muscles, Nervous System and Unconsciousness, Gastrointestinal Tract, Diarrhea -Food Poisoning and Diabetes, Skin, Burn, Heat Exhaustion, Fever and Hypothermia, Poisoning, Bites and Stings, Senses	8
III	Unit-III First Aid Training Part -2 Activities based on the following topics:- -Foreign Bodies in Eye, Ear, Nose or Skin and Swallowed Foreign Objects, Urinary System, Reproductive System and Emergency Childbirth - Psychological First Aid, Specific Emergency Situations, - First Aid Techniques: Dressings, Bandages and Transport Techniques, First Aid Box	7
IV	Unit-IV CPR and Disaster Management Activities based on the following topics:- - CPR: Cardiopulmonary Resuscitation, Method of CPR for Infant, Method of CPR for Child, Method of CPR for Adult. - Disaster Management	7

Suggested Evaluation Methods

Internal Assessment: > Theory :- NA <ul style="list-style-type: none"> • Class Participation: • Presentation/assignment.: • Mid-Term Exam: > Practicum :- NA <ul style="list-style-type: none"> • Class Participation/Attendance: 5 • Seminar/Demonstration/Viva-voce/Diary records etc.: 10 • Mid-Term Exam: 	End Term Examination: Marks 35 Time: 3 Hrs
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Part C-Learning Resources

Recommended Books/e-resources/LMS:

INDIAN FIRST AID MANUAL 2016 (7th edition) AUTHORIZED MANUAL – ENGLISH VERSION
 INDIAN FIRST AID MANUAL 2016 (7th edition) AUTHORIZED MANUAL – HINDI VERSION

Website Link:- <https://ircsfa.org>


