Accredited 'A' Grade Institution A Centre with Potential for Excellence

## GURU NANAK KHALSA COLLEGE

(A Multi-faculty Post Graduate Co-educational Minority Institution) Yamuna Nagar - 135 001 (Haryana)

Phone: 01732-221675, 227845 E-mail: khalsawins@gmail.com

Ref. No.: GNK/2024-25/995

Dated: 06-06-2025

To

Director of Sports Kurukshetra University, Kurukshetra.

Application for Award of Kurukshetra University Overall General Championships of Games & Sports in Women Section

## Part-I-Undertaking

Proforma for Undertaking to given by the Principal of the contesting College for the award of Kurukshetra University Overall General Championship of Games & Sports in Women Section

Name of the College: Guru Nanak Khalsa College, Yamuna Nagar

Year: Period from 1st April 2024 to 31st March 2025

- 1. Certified that the information given in the part-II of the application of the contesting college with regard to the self computation of marks of the sportspersons/teams of the University is true to the best of my knowledge.
- 2. Certified that the information given in the part-II of the application of the contesting college, no sports person or team member for whom self computation of marks have been included/taken has never been penalized nor any enquiry is pending/ongoing against for use of drugs/ substances banned by the World Anti Doping (WADA) based on a sample collected by the National Anti Doping Agency (NADA) or any other agency authorized by WADA and tested by National Dope Testing Laboratory (BDTL) or any other WADA accreditation laboratory.
- 3. Certified that the information given in the part-II of the application of the contesting college self computations of marks of the sportspersons are only for sports competitions held during the period of 1st April 2024 to 31st March 2025.
- 4. Certified that documents attached with application from Page No: 01 (One) to Page No.: 14 (Fourteen) are attached to be true copy of the original documents.

Guru Nanak Khalsa College Yamuna Nagar (Haryan



	INDEX (Wor	nen)	
Sr. No.		Total Marks	Page No.
1	FENCING EPEE, SABRE, FOIL	100	1/13
2	TAEKWONDO	10	2/13
3	BASKETBALL	225	3/13
4	LAWN TENNIS	30	4/13
5	HOCKEY	50	5/13
6	ATHLETICS	25	6/13
7	BOXING	15	7/13
8	WRESTLING	5	8/13
9	BADMINTON	45	9/13
10	WEIGHT LIFTING	110	10/13
11	CRICKET	25	11/13
12	SOFTBALL	25	12/13
13	ARCHERY	15	13/13
14	PENCAK SILAT	135	14/14
	Grand Total	815	

Principal

Signature Principal
Name of Principal Dr. Pratima Sharma
Guru Nanak Khalsa College, Yamuna Nagar
Email Id : Khalsawins@gmail.com

Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) PAGE No.: 1/14

Sports Descipline:- Fencing

	100		Total									
	15	More Than 04	Individual	Yearly	Fiza	1st	Sabre	XCX	24-10-2024 to 25- 10-2024	Women	Inter	on
	10	More Than 04	Team Event	Yearly	,	3rd	Sabre	KUK	24-10-2024 to 25- 10-2024	Women	Inter	W
	10	More Than 04	Individual	Yearly	Aarzoo	2nd	Foil	KUK	24-10-2024 to 25- 10-2024	Women	Inter	4
	30	More Than 04	Team Event	Yearly	r	1st	Foil	<b>大</b> ○大	24-10-2024 to 25- 10-2024	Women	Inter	ω
	Vi	More Than 04	Individual	Yearly	Yshika	3rd	Eppe	KUK	24-10-2024 to 25- 10-2024	Women	Inter College	2
	30	More Than 04	Team Event	Yearly	1	1st	Eppe	KUK	24-10-2024 to 25- 10-2024	Women	Inter College	ъ
(13)	(12)	(11)	(10)	(9)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
Any	Marks( Self Remarks if Computation Any by contesting college)	Number of Marks(1) teams that Comput participated in by Inter/Intra- Zonal University college)	Whether individual competition / team event	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Name of the Participants	Position	Event	Venue of Competition Event	From To	Wen/ Women	Name of the Championship	Sr NO.



Signature Principal

Name of Principal (Dr. Pratima Sparma Guru Nanak Khalsa College, Yamuna Nagar Email Id : Khalsawins@gmail.com

Dated: 06-06-2025

PAGE No.: 2/14

Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections)

Sports Descipline:- Taikwando

	ы	(1)	, N
	Inter College	(2)	Name of the Championship
	Women	(3)	Women
	25-10-2024 to 26- 10-2024	(4)	From To
	KUK	(5)	Venue of Competition Event
	Taikwan do	(6)	Event
	2nd	(7)	Position
	Rajeshwari	(8)	Name of the Participants
	Yearly	(9)	s Periodicity of the compt.   Whether i.e. yearly/biennial/once individual in 3 yrs/Once in 4 yrs competiti team eve
Total	Individual	(10)	Whether individual competition / team event
	More Than 04	(11)	Number of Marks(s) teams that Comput participated in by Inter/Intra- Zonal University college)
10	10	(12)	Marks( Self Remarks if Computation Any by contesting college)
		(13)	Any

Dated: 06-06-2025

Signature\_

Name of Principal & Dr. Pratima Sharma Guru Nanak Khalsa College, Yamure Nagar Email id : Khalsawins@gmsu.com

Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) PAGE No.: 3/14

Sports Descipline:- Basketball

	225		Total									
					VIDHI							
					SWEETY MANDLOI							
	700	04	C	7	SWATI					600mm		
	י ס	More Than		Verre	KIRTI NAIN	151	Basketball	X C X	01-03-2025 to 08-03-2025	Women	North Zone	2
					KARISHMA MEENA					- Care (1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		
					ANJALI							
	/5	04	0	, conty							COLICBC	
	J	More Than	3	Yearly		1st	Basketball	KUK	27-10-2024 to 29-10-2024	Women	College	Д
(13)	(12)	(11)	(10)	(8)	(0)	(1)	(3)	10)			Inter	
		level		(0)	(0)	(7)	(8)	(5)	(4)	(3)	(2)	(1)
	college)	Zonal University college)										
	contesting	Inter/Intra-	team event									
	y	participated in	competition /	in 3 yrs/Once in 4 yrs								
Any	Computation Any	teams that	individual	ase								
Remarks it	Marks( Self Remarks if	Number of			Name of the Participants   Periodicity of the compt.	POSICION		Competition		Women	Championship	

College

Dated: 06-06-2025

Signature Name of Principal : Dr. Pratima Sparma Guru Nanak khaisa College, Yamuna wagar

Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) PAGE No.: 4/14

Sports Descipline:- Lawn Tennis

(4) (5) (6) (7) (8) 04-10-2024 KUK Lawn Tennis 2nd -	(5) (6) (7) (8) (9)  KUK Lawn 2nd - Yearly	(5) (6) (7) (8)  KUK Lawn 2nd	(5) (6) (7) (8) (9) (10)  KUK Lawn 2nd - Yearly Team Event	1 College Women	(1) (2) (3)	(5)			
(6) (7) Lawn Tennis 2nd	(6) (7) (8) (9) Lawn Tennis 2nd - Yearly	(6) (7) (8) (9) Lawn Tennis 2nd - Yearly	(6) (7) (8) (9) (10)  Lawn Tennis 2nd - Yearly Team Event	04-10-2024	(4)	(4)			
(7)	(7) (8) (9) 2nd - Yearly	(7) (8) (9) Yearly	(7) (8) (9) (10)   Conal University   Conal Univers	KUK	(5)				
	(8) (9) - Yearly	(8) (9) - Yearly	(8) (9) (10) (11)  Yearly Team Event O4  Total	Tennis	(6)				
,	(8) (9) Yearly	(8) (9) Yearly	(8) (9) (10) (11)  Yearly Team Event O4  Total	2nd	(7)				
			Total		(8)				in 3 yrs/Once in 4 yrs
D) Event	Zonal University college)    April   (11)   (12)     More Than   30     04   30	contesting college) (12) 30			(13)		 		Computation Any by

Gury

Dated: 06-06-2025

Signature\_

Name of Principal : Dr. Pratima Shaxma Guru Nanak Khalsa College, Yamuna Nagar Email Id : Khalsawins@gmail.tow

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR PAGE No.: 5/14

Sports Descipline:- Hockey

	50		Total									
	50	04	ראמור						++ 505+		0	
	) )	More Than	Team Event	Yearly	1	2nd	Hockey	KUK	11_202/	Women	College	<b>-</b>
(13)	(77)	(TT)	(nr)	(2)					04-11-2024 to 05-		Inter	s
12.21	(42)	(44)	1101	(9)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
	college)	Zonal University college)								(2)	(2)	(11)
	contesting	Inter/Intra-	team event									
	ру	participated in by	competition /	in 3 yrs/Once in 4 yrs								
Any	Computation Any	teams that	individual	i.e. yearly/piennial/once								
Remarks	Marks( Self Remarks if	Number of			Name of the Participants	Control				Women	Championship	
						- 1		Venue of Competition Event	From To	Men/	INAME OF THE	or NO.

Guru egello.

Dated: 06-06-2025

Signature Principal
Name of Principal: On Principal

Guru Nanak Khalsa College, Yamuna Na

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) PAGE No.: 6/14

Sports Descipline:- Athletics

25		Total									
10	More Than 04	Individual	Yearly	Prena	2nd	5000 Mtr.	XC X	05-11-2024 to 08- 11-2024	Women	Inter	4
۲n	More Than 04	Individual	Yearly	Komal	ω Π.	Discuss Throw	XC X	05-11-2024 to 08- 11-2024	Women	Inter	w
(J	More Than 04	Individual	Yearly	Sanjna	3rd	10000 Mtr.	KCK	05-11-2024 to 08- 11-2024	Women	College	2
5	More Than 04	Individual	Yearly	Prerna	3rd	Mtr.	KCK	11-2024 to 08-	Women	College	Д
(12)	(11)	(10)	(9)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
Marks(Self Remarks if Computation Any by contesting college)	ber of is that cipated in /Intra-	ion /	Name of the Participants   Periodicity of the compt.   Whether i.e. yearly/biennial/once individua in 3 yrs/Once in 4 yrs   competit	Name of the Participants	Pasition	Event	Venue of Competition	From To	Women	ship	N NO.

Dated: 06-06-2025

Signature Name of Principal : Dr. Pratima Spetma Guru Namak Khalsa College, Vamuna Wagar

Principal

Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR Proformal for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) PAGE No.: 7/14

Sports Descipline:-Boxing

	15		Total									
	tn	More Than 04	Individual	Yearly	Divya	3rd	Boxing	XCX	18-11-2024 to 20- 11-2024	Women	College	u
	(J)	More Than 04	Individual	Yearly	Meena	3rd	Boxing	KUK	18-11-2024 to 20- 11-2024	Women	Inter	
	M	More Than 04	Individual	Yearly	Mansi		Boxing 3rd	KUK	11-2024 to 20-	Women	College	, F
	(12)	(11)	(10)	(9)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
Þ स	Marks( Self Remarks if Computation Any by contesting college)	Number of Marks( teams that Comput participated in by Inter/Intra- contesti Zonal University college)	ion/	Periodicity of the compt. Whether i.e. yearly/biennial/once individua in 3 yrs/Once in 4 yrs competit team eve	Name of the Participants	os iti a	Event	Venue of Competition	i d	Women	gins	

Guru Spalleg

Dated: 06-06-2025

Signature

Name of Principal Dr. Pratima Sharma Guru Nanak Khalsa College, Yemuna Kagar

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR PAGE No.: 8/14

Sports Descipline:-Wrestling Srno. Name of the Men/

	ζī		Total									
		04					0					
	(n	More Than	Individual	Yearly	CICSE	3rd	ng	XCX	11-2024	women	College	1-
(57)	(71)	(++)	1/		Chasta		Wrestli		18-11-2024 to 20-	1.	Inter	۵
-	1771	(11)	(10)	(9)	(8)	S	(6)	(5)	(+)	(0)	1-1	
		level				ì	(5)	(5)	(4)	(2)	(2)	(1)
	college)	Zonal University college)										
	contesting	Inter/Intra-	team event									
	Уч	participated in	competition /	ill 3 yrs/ Once in 4 yrs								
Any	Computation Any	teams that	Individual	nce								
Rem	Marks( Self Remarks if	Number of		reliability of the compt.				Competition		Women	Championship	

College

Dated: 06-06-2025

Name of Principal: Dr. Pratime Sharma Guru Nanak Khalsa College, Yamuna Nagar Email Id: Khalsawins@gmankom

Signature\_

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR PAGE No.: 9/14

Sports D	orts Descipline:-Badi	ninton							
ST NO.	Name of the	Men/	From To	Venue of Eur					
	Championship	Women	The second secon		rusition	Name of the Participants	Periodicity of the compt. W	Whether	Number of
				Competition			ייביי לייביי		

45											
The second secon	More Than 04	Team Event	Yearly	E.	1st	ton	X C X	15-2024	women	College	1
(12) (13)	(11)	(10)	(2)	1-1		Badmin		13-11-2024 to 20-	18/1	Inter	-7
+	leve	(10)	(0)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
y college)	Zonal University college)									(5)	(1)
contesting	Inter/Intra-	team event									
ьу	participated in by	competition /	in 3 yrs/ Once in 4 yrs								
Computation Any	teams that	Individual	i.e. yearly/ siennial/once individual								
Marks( Self Remarks if	Number of	Whether	_	Name of the Participants	0		Competition		Women	Championship	

Guru Nanak Khalsa College, Yamuna Na Signature Name of Brincipal Oct Presima She

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Sports Descipline:-Weight Lifting Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

	110		Total	T								
	W	More Than 04	Individual	Yearly	Manvi	3rd	Weight . Lifting	Professional University, Phagwara	20.01.2025 to 21.0	Women	North Zone	٥
	10	More Than 04	Individual	Yearly	IVI di IVI	2nd	Lifting	TOVE KUK		CHICA	College	
		04			7		Weight		02-12-2024 to 03-	Women on	Inter	00
	10	More Than	Individual	Yearly	Manvi	2nd	Weight	XUX	12-2024 10 03-	Women	College	7
	10	More Than	Individual	Yearly	Ujala	2nd	Lifting	XUX	12-2024	Women	College	a
		04	- CIVIOUAL	2			FILLING		02-12-2024 to 03-		Inter	n
	15	More Than	2	Yearly	Muskan Singh	1st	Weight	XUX	02-12-2024 to 03- 12-2024	Women	College	(5)
	15	More Than	Individual	Yearly	Tamana	1st	Weight	X C X	12-2024	Women	College	4
	15	o4	individual	Yearly		TST	Lifting	2	12-2024		Inter	
		04			R.i.t.	s.	Weight	× = ×	02-12-2024 to 03-	Women	Inter	w
	15	More Than	Individual	Yearly	Diya	1st	Lifting	X C X	12-2024	Women	College	~
	15	04	Individual	rearly			Lifting		02-12-2024 to 03-		Inter	J
(13)	(12)	More Than	(10)	V225	Muskan	1st	Weight	K K	02-12-2024 to 03	Women	College	ш
	(an)	level (111)	(10)	(9)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(T)
	contesting college)	<	team event									(1)
Remarks if Any	Marks( Self Rem Computation Any	Number of teams that participated in	Whether individual competition /	i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs				Competition		Women	Chem bious up	
					Name of the Participants	Position	Event	Venue of	From To	lvien/	Charle of the	



Signature

Name of Principal : Dr. Pratima Sharma Guru Nanak Khalsa College, Yamuna Nagar Email Id : Khalsawins@gmalusem

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College:- GURU NANAK KHALSA COLLEGE YAMIUNA NAGAR PAGE No.: 11/14

Sports Descipline:-Cricket

	College women	Inter	(1) (2) (3)	Championship Wom
	12-2024	02-12-2024 to 03-	(4)	
	KCK		(5)	Competition
	Cricket		(6)	
	3rd		(7)	
			(8)	אפיופט נופ אבתומסאתנ
	Yearly	(2)	(0)	i.e. yearly/biennial/once individual in 3 yrs/Once in 4 yrs competiti team ever
Total	Team Event	(10)	(10)	Whether individual competition / team event
	More Than 04	(11)	eve	Number of Marks (steams that Computing participated in by Inter/Intra-Zonal University college)
25	25	(12)		Marks( Self Rem Computation Any by contesting v college)
		(13)		Marks( Self Remarks if Computation Any by contesting college)

Guru A e969llog

Dated: 06-06-2025

Signature\_

Name of Reincipel (De Bratina Shecma Guru Nanak Khaisa College, YamunaNagar Email Id : Khaisawins@gmailycom

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Sports Descipline:-Softball Name of the College:- GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

		College	Women							Competition
		Softball	,	(6)		-			_	2
		all 3rd		(7)				- 1		
			1-1	(8)						
		Yearly	(5)	(0)			The state of the s	in 3 vrs/Once in A vrs	i.e. yearly/biennia/once individual	whether
Total		Team Event	(DT)	100		team event	competition /		1	Whether
	04	Nor	(11)	level	Zonal University college)	Inter/Intra-	participated in	teams that		No Barnet
25	- (	25	(12)		y college)	contesting	by	Computation Any	INIGERS! SELL	NATION OF IS
			(13)					Any	warks self Remarks if	



Signature\_

Guru Nanak Khalsa Qollege, Yamuna Wagar Email Id : Khalsawins@gmail.com Naggerof Rimciael (Oraffactional Spagma Principal

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR

Sports Descipline:-Archery

	ь		(1)	
	College	Inter	(2)	Championship
	Women		(3)	Wamen
			(4)	From To
	X C X		(5)	Venue of Competition
	Compo	Archery	(6)	Event
	1ST Koma	1.1	(7)	Position
	Komal	(0)	(0)	Name of the Participants
	Yearly	(8)		Periodicity of the compt. Whether i.e. yearly/biennial/cnce individual in 3 yrs/Once in 4 yrs competition team even
Total	Individual	(10)		Whether individual competition / team event
	More Than 04	(11)	Level	Number of Mater Number of Mater Inter/Intra-
'n	15	(12)	college)	Marks( Self Remarks if Computation Any by
		(13)		Remarks if Any

Guru College

Dated: 06-06-2025

Signature\_

Neme of Pelnotpell ( Dr. Pratinia Sharma Guru Nahak Khalsa College ( Yamuna Nager Email Id : Khalsawins@gmall.com

Proforma for Self Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections) Name of the College: GURU NANAK KHALSA COLLEGE YAMUNA NAGAR PAGE No.: 14/14

Sports Descipline: Pencek silat

	135		Total									
	135	More Than 04	Individual	Yearly	Kamlesh	3rd	Silat	Abudhabi	22-12-2024	Women	Champions Women	Ъ.
(13)	(12)	(11)	(10)	(5)	(0)	1.3	Pencak				20th World	
		level		(0)	(8)	(7)	(6)	(5)	(4)	(3)	(2)	(1)
Remark	Marks( Self Remarks if Computation Any by contesting college)	Number of Marks( Steams that Compute participated in by Inter/Intra-Zonal University college)	Whether individual competition / team event	Periodicity of the compt. i.e. yearly/biennial/once in 3 yrs/Once in 4 yrs	Name of the Participants	000	Event	Competition		Women	Championship	

Guru College

Dated: 06-06-2025

Principal

Signature Name of Principal : Dr. Pratima Sharma Guru Nanak Khalsa College, Yamuna Negar