

KURUKSHETRA UNIVERSITY KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
(A⁺⁺ Grade, NAAC Accredited)
Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	V		
Name of the Course	Psychopathology		
Course Code	B23-APY-501		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-9		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: 1. Understand psychopathology from different approaches alongwith modern classifications of psychological disorders. 2: Have familiarity with major neuro-developmental disorders prevalent in the populations alongwith their etiology and clinical picture. 3: Have acquainted with symptomatology and etiology of schizophrenic, bipolar and depressive disorders. 4: Have acquaintance with major anxiety and obsessive-compulsive disorders		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Abnormal Psychology: Meaning, historical Background, and Criteria for Abnormality. Viewpoints regarding abnormality: Psychodynamic, Behavioural. Cognitive and Humanistic-Existential.	11
II	Classification of Mental disorders: Need for Classification. DSM system. Etiology of Abnormal Behaviour: Biological, Psychological and Socio-cultural.	11
III	Childhood Disorder: Attention Deficit Hyperactive Disorder, and Mental-Retardation: Nature, Causes and Management. Anxiety disorders: Clinical picture and Etiology of Phobia, Generalized anxiety disorder, and Obsessive-compulsive disorder.	11
IV	Schizophrenia: Nature, Types, Clinical Picture and Etiology. Mood disorders: Nature, Types, Clinical Picture and Etiology. Substance-related disorder: Criteria, Alcoholism, Amphetamine and Cocaine, Marijuana and LSD.	12
V	Practical 1. Triguna Test of Personality 2. Test of Anasakti and Aasakti 3. Any test of Self Concept 4. Sinha's Anxiety Scale	30

	<div>5. Depression Scale</div> <div>6. Mysore Tridosh Test</div> <div>7. Any Practical on Yoga</div>	
Note: Students will perform at least five practicals. The examiner will allot one practical at the time of end term examination for evaluation.		
Suggested Evaluation Methods		
<div>Internal Assessment:</div> <div><div>➤ Theory (20 Marks)</div><div><div>• Class Participation: 05 Marks</div><div>• Seminar/presentation/assignment/quiz/class test etc.: 05 Marks</div><div>• Mid-Term Exam: 10 Marks</div></div><div>➤ Practical (10 Marks)</div><div><div>• Class Participation: Nil</div><div>• Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks</div><div>• Mid-Term Exam: Nil</div><div>• </div></div></div>	<div>End Term Examination:</div> <div>50 Marks</div> <div>20 Marks</div>	
Part C-Learning Resources		
<div>Recommended Books/e-resources/LMS:</div> <div>American Psychiatric Association (2013). Diagnostic and statistical manual of mental Disorders (5thed.) American psychiatric publishing, Arlingta, V. A.</div> <div>Carson, R. C., Butcher, T. N. & Susan, M. (2001). Abnormal Psychology and Modern Life (11th Ed.). New York: Harper Collins.</div>		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	Vth		
Name of the Course	Guidance		
Course Code	B23-APY-502		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-10		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: 1. Have understanding of Nature, Scope and Principles of Guidance. 2. Develop understanding of Process of Guidance and Role of Assessment in Guidance. 3. Gain Knowledge regarding various types of Guidance. 4. Have in depth understanding of areas of Guidance. 5. Conduct experiments and tests related to Guidance.		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Nature, Need and Scope of Guidance; Principles and Goals of Guidance; Relationship between Guidance and Counselling.	11
II	Process and Stages of Guidance; Assessment in Guidance: Nature and Types of Psychological Test; Different Psychological Tests used in Guidance Process	11
III	Individual and Group Guidance. Educational, Vocational, Personal and Family Guidance	11
IV	Areas of Guidance: School, College, Interpersonal and Old Age, Roles and Skills of Guidance Personnel; Barriers in the Guidance Process	12
V	Practical 1. Family Environment Inventory 2. Self Concept Inventory 3. Parent Child Relationship 4. Academic Stress Test/Inventory 5. Self Esteem Inventory 6. Youth Problem Inventory 7. Emotional Maturity Scale Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30
Suggested Evaluation Methods		

<p>Internal Assessment:</p> <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 	<p>End Term Examination:</p> <p>50 Marks</p> <p>20 Marks</p>
<p>Part C-Learning Resources</p>	
<p>Recommended Books/e-resources/LMS:</p> <p>Bernard, H.W., & Fullmer, D.W. (1977). Principles of Guidance. New York: Crowell.</p> <p>Bhatnagar, A. & Gupta, N. (2001). Guidance and Counselling, Vol. 1, Atheoretical Perspective. New Delhi: Vikas Publishing House.</p> <p>Bhatnagar, A. & Gupta, N. (2001). Guidance and Counselling, Vol. 2, A Practical Approach. New Delhi: Vikas Publishing House.</p> <p>Crow, L.D. & Crow, A. (1962). Introduction to Guidance. New Delhi: Imersia Pub.</p> <p>Gibson, R. L. & Mitchell, M. H. (2012). Introduction to Counselling and Guidance (7th Ed.) New Delhi: Pearson.</p> <p>Jones, J.F. (1970). Principles of Guidance. NY: McGraw Hill.</p> <p>Rai, A.N. & Asthana, M. (2005). Guidance and Counselling: Concepts, Areas and Approaches. New Delhi: Motilal Banarasidas</p> <p>Rao, S.N. (2004). Guidance and Counselling. New Delhi: Discovery Publishing House.</p> <p>Rao, S.N. & Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.</p> <p>Sharma, R.A. (2014). Fundamentals of Guidance and Counselling. Meerut: R Lall Book Depot.</p> <p>Traxler, M., & North, R.D. (1967). Techniques of Guidance. New York: Harper and Raw.</p>	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	Vth		
Name of the Course	Organizational Psychology		
Course Code	B23-APY-503		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-2		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> 1. Gain understanding regarding the concept of organizational Psychology 2. Get acquainted with the process of personnel selection and training in organization. 3. Understand the effect of work environment on performance. 4. Understand the role of work motivation in work outcomes. 5. conduct experiments and tests related to Organizational Psychology. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5

Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)
Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Organizational Psychology : Nature, history and scope, Methods: Observation and Survey, Ethics in Industrial/Organizational Psychology.	11
II	Personnel Selection and Placement: Psychological Tests and Other Techniques of Selection, Training and Evaluation in Industry. Job Analysis and Job Performance.	11
III	Physical Environment and Work: Temperature, Noise and Pollution. Motion-Time Studies, Fatigue, Monotony, Accidents and Their Prevention.	11
IV	Motivation and Work, Financial and Non-Financial Incentives. Job Satisfaction: Nature and Factors Affecting. Job Involvement and Job Stress.	12
V	Practical 1. Job Satisfaction Scale 2. Work Motivation Scale 3. Job Analysis Test 4. Occupational Stress Index 5. Organizational Climate Inventory 6. Leadership Style Questionnaire 7. Organizational Commitment Scale Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30

Suggested Evaluation Methods	
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 	End Term Examination: 50 Marks 20 Marks
Part C-Learning Resources	
Recommended Books/e-resources/LMS: <p>Aamodt, M.G (2001) Industrial/Organizational Psychology. Thompson Wadsworth, a division of Thompson learning Inc.</p> <p>Ghosh, P.K. and Ghorpade, M.B. (1986). Industrial Psychology. N.D.: Himalaya Publishing House.</p> <p>Kcher, D. C. (2008). Industrial and Organizational Psychology-Theory and review. Patna: Bihar Hindi Granth Academy.</p> <p>Muchinsky, P.M. (2006) Psychology applied to work: An Introduction to Industrial and Organizational Psychology. NC: Hypergraphic press.</p>	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	Vth		
Name of the Course	Psychotherapies		
Course Code	B23-APY-504		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-2		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> 1. Develop understanding regarding nature, process and Barriers in Psychotherapies 2. Develop an indepth understanding of Psychotherapies. 3. Gain knowledge regarding Behaviour Therapy. 4. Have knowledge of Cognitive and Humanistic Therapy. 5. Conduct experiments and tests related to psychotherapies 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5

Max. Marks: 100 Internal Assessment Marks: 30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)
Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Psychotherapy : Meaning, Objectives and Goals. Process of Psychotherapy; Barriers in Psychotherapeutic Process.	11
II	Psychoanalytic Therapy: Assumptions; Techniques and Goals Free Association, Dream Analysis, Transference and Counter-transference Analysis.	11
III	Behavioral Therapy, Assumptions; Techniques and Goals: Systematic Desensitization, Exposure Therapy, Modeling, Contingency Management, Aversion Therapy,	11
IV	Cognitive and Humanistic Therapy, Eliss' and Beck's Cognitive Behaviour Therapy: Goals and Assumptions. Techniques and goals of Client-Centred Therapy and Gestalt Therapy.	12
V	Practical 1. Any five Case Studies Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30

Suggested Evaluation Methods		
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 		End Term Examination: 50 Marks 20 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: <p>Beck, J.S. (1995). Cognitive therapy: Basic and beyond. New York: Guilford Press.</p> <p>Capuzzi, D. & Gross, D. R. (2007). Counselling and Psychotherapy: Theories and Interventions (4th Ed.) New Delhi. Pearson.</p> <p>Corey, G. (2009) Counselling and Psychotherapy; Theory and Practice.(7th Ed.) New Delhi: Cengage Learning.</p> <p>Ellis, A. (1970). The essence of rational psychotherapy: A comprehensive approach to treatment. New York: Institute for Rational Living.</p> <p>Freeman, A., Felgoise, S.H., & Davis, D.D. (2008). <i>Clinical Psychology</i>: Integrating science and practice, John Wiley & Sons, New Jersey.</p> <p>Goldenberg, H. (1983). Contemporary clinical psychology (2nd Ed.) New York: Brooks/Cole.</p> <p>Hawton, K., Salkovskis, P.M., Kirk, J., & Clark, D.M. (2004). Cognitive Behaviour Therapy for Psychiatric Problems: A Practical Guide. New York: Oxford University Press.</p> <p>Masters, J.C., Burish, T.G., Hollon, S.D., & Rimm, D.C. (1987). Behaviour Therapy: Techniques and Empirical Findings, Florida: Harcourt Brace & Company</p> <p>Mozdzierz, G.J., Peluso, P.R. & Lisiecki, J. (2009). Principles of Counselling and Psychotherapy. New York: Routledge.</p> <p>Nietzel, M.T., & Bernstein, D.A. (1987). <i>Introduction to Clinical Psychology</i>: New Jersey: Prentice Hall</p> <p>Sharf, R. S. (2012). Theories of Psychotherapy & Counselling: Concepts and Cases (5th Ed). Brooks/ Cole Cengage Learning.</p> <p>Trull, T.J. (2005). <i>Clinical Psychology</i> (7th ed.) Wadsworth Cengage Learning. Australia.</p>		

Wolberg, L.R. (1988). The Techniques of Psychotherapy (Vol. I & II). London: Jason Aronson Inc.

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26	
Part A - Introduction	
Subject	Psychology
Semester	Vth
Name of the Course	Clinical Psychology
Course Code	B23-APY-505
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-3
Level of the course (As per Annexure-I)	300-399
Pre-requisite for the course (if any)	-
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> 1. Understand the nature and evolution of Clinical Psychology. 2. Understand the assessment in Clinical setting. 3. Understand techniques and process of Psychoanalysis Hypnosis and Behavior therapy. 4. To acquaint with Cognitive Behaviour therapy, client centered and group therapy.

	5. Conduct experiments and tests related to Clinical Psychology.		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	
Part B- Contents of the Course			
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Clinical Psychology: Nature and Evolution: Roles of Clinical Psychologist, Training of Clinical Psychologists: Vail and Boulder Model, Ethical issues in Clinical Psychology		11
II	Assessment in Clinical Psychology : Case History, Clinical Interview, Psychological Tests: TAT, WAT, MMPI, Rorschach Inkblot Test		11
III	Nature and Goals of Psychotherapy : Techniques and process of Psychoanalysis, Hypnosis, Behavior Therapy		11
IV	Technique and Process of Gestalt Therapy Cognitive Behavior Therapy, Family Therapy, Client Centered Therapy, Group Therapy		12
V	Practical 1. Case History		30

	<div>2. Interview</div> <div>3. SCT</div> <div>4. TAT</div> <div>5. WAT</div> <div>6. Defense Mechanism Inventory</div> <div>7. Eight State Questionnaire</div> <div>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</div>	
<div>Suggested Evaluation Methods</div>		
<div>Internal Assessment:</div> <div><div>➤ Theory (20 Marks)</div><div><div>• Class Participation: 05 Marks</div><div>• Seminar/presentation/assignment/quiz/class test etc.: 05 Marks</div><div>• Mid-Term Exam: 10 Marks</div></div><div>➤ Practical (10 Marks)</div><div><div>• Class Participation: Nil</div><div>• Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks</div><div>• Mid-Term Exam: Nil</div><div>• </div></div></div>	<div>End Term Examination:</div> <div>50 Marks</div> <div>20 Marks</div>	
<div>Part C-Learning Resources</div>		
<div>Recommended Books/e-resources/LMS:</div> <div>Hales, R.E., Yudofsky, S.C. & Talbott, J.A. (1999).Textbook of Psychiatry Vol.I&II.Washington: American Psychiatric Press.</div> <div>Kendall. (1980). Modern Clinical Psychology.NY:Willey.</div> <div>Kolb. L.C. & Brodie, H.K.H. (1982). Modern Clinical Psychiatry.(10th Ed.).London: Saunders.</div> <div>Korchin, S.J. (1975). Modern Clinical Psychology.NY:Basic Books.</div> <div>Pomerantz, A.M. (2008). Clinical Psychology: Science, Practice, and Culture. Los Angles: Sage.</div> <div>Richard, D.C.S. &Huprich, S.K. (2009). Clinical Psychology: Assessment, Treatment, and Research.</div> <div>NY: Academic Press.</div> <div>Wolberg, L.R. (1988). The Techniques of Psychotherapy (Vol. 1 & 2).London: Jason Aronson Inc.</div> <div>Wolman, B.B. (1965). Handbook of clinical Psychology, New York: Mc Graw Hill</div>		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –V

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	V		
Name of the Course	Media Psychology		
Course Code	B23-APY-506		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-3		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> 1. gain understanding regarding the concept of media psychology and related aspects. 2. get acquainted with effectiveness of psychology on media. 3. develop insight into emerging technologies of media. <p>Impact of media on life style.</p>		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
<p>Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Definition; Brief history; Dimensions of Media psychology; The need for media psychology	11
II	Social groups and media: media and children, adolescents, gender. Media and advertising: Developing an effective advertising programme /media promotions/ campaign for social marketing. Case studies in the Indian context.	11
III	Pro-social Effects of Media; Effects of Media Violence; Pornography and its effect on different age groups.	11
IV	Interactive and Emerging technologies: Virtual social media, Interactive media, Gaming, Issues of Internet Addiction. Case studies in the Indian context. Ethical issues in the Use of Media; Future directions in Media Psychology.	12
V	<p>Practical</p> <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p> <p>Youth Problem Inventory Internet Addiction Scale Gaming Addiction Test Peer Pressure Inventory/Scale Body Image related Test Marketing Behaviour Scale</p>	30

Suggested Evaluation Methods		
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 		End Term Examination: 50 Marks 20 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: <p>Barker, M., Barker, D. I., Bormann, N. F., & Neher, K. E. (2013). <i>Social media marketing: A strategic approach</i>. South Western Cengage learning.</p> <p>Batra, R., Aaker, D. A., & Myers, J. G. (2006). <i>Advertising Management</i>. New Delhi Dorling Kindersley (India).</p> <p>Berns, R. M. (2004). <i>Child, Family, School, Community: Socialization and support</i>. Thomson/Wadsworth.</p> <p>Giles, D. (2008). <i>Media Psychology</i>. Lawrence Erlbaum</p>		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Counselling		
Course Code	B23-APY-601		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-11		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand history, Scope and Ethical Issues in Counselling. 2. Acquaint themselves regarding Process of Counselling, Skills and Ethics of Counsellor. 3. Understand different types of Therapies. 4. Familiarize themselves regarding various application of counselling. 5. Conduct experiments and tests related to Counselling. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks: 30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
<p>Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.</p>		
Unit	Topics	Contact Hours
I	Counselling: Meaning, Principles, Historical Antecedents, Scope and Goals. Types -Directive and Non-directive, Ethical Issues in Counselling.	11
II	Building counselling relationship, Process of counselling, Code of ethics for Counsellors The counsellor: Personal and Professional Characteristics, Skills of Counsellors.	11
III	Techniques of Therapist: Psychoanalytic Therapy, Person-Centered Therapy, Behaviour therapy, Cognitive Therapy.	11
IV	Application of Counselling: Personal Counselling, School Counselling, Career Counselling, Family Counselling, Group Counselling.	12
V	<p>Practical</p> <ol style="list-style-type: none"> 1. Counselling Need Inventory 2. Interest Inventory 3. Adjustment Inventory 4. Aptitude Scale 5. Anxiety Inventory 6. Stress Scale 7. Impulsiveness Scale <p>Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.</p>	30
Suggested Evaluation Methods		

<p>Internal Assessment:</p> <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 	<p>End Term Examination:</p> <p>50 Marks</p> <p>20 Marks</p>
Part C-Learning Resources	
<p>Recommended Books/e-resources/LMS:</p> <ol style="list-style-type: none"> 1. Core, G. (2013). Theory and Practice of Counselling and Psychotherapy. New Delhi: Cengage Learning. 2. Feltham, C. (1995). What is counselling? The promise and problems of the talking therapies. New Delhi: Sage Publications. 3. Gladding, S. T. & Batra, P. (2018). Counselling: A comprehensive profession. New Delhi: Pearson India. 4. Kinra, A. K. (2008). Guidance and counselling. New Delhi: Pearson Education. 5. McLeod, J. (2003). An Introduction to counselling. New York: open University Press. 6. Rai, A. & Asthana, M. (2023). <i>ADHUNIK PRAMARSH MANOVIGYAN</i>. New Delhi: Motilal and Banarasi Dass. 	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Personality		
Course Code	B23-APY-602		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	MCC-12		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand Nature and Approaches of Personality. 2. Get understanding about Psychoanalytic theories of personality. 3. Acquaint with humanistic and existential theories of Personality. 4. Have indepth understanding regarding traits theories of Personality. 5. conduct experiments and tests related to Personality. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Personality : Nature and History, Approaches; Idiographic and Nomothetic , Theory: Definition and function, Personality:	11
II	Freudian theory of Personality, Psychoanalytic approach: Alfred Adler, Carl Jung, Karen Horney, Eric Erikson.	11
III	Humanistic/Existential theories: Carl Rogers, Abraham Maslow Rollo May and Murray.	11
IV	Trait Theories : Allport, Cattell , Eysenck and Costa & McCrae.	12
V	Practical 1. Triguna Test 2. EPQ 3. 16 PF 4. MBTI 5. NEO FFI/NEP-PI 6. MMPI 7. Rosenweig Picture Frustration Study Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (20 Marks)		End Term Examination: 50 Marks

<ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 	20 Marks
Part C-Learning Resources	
<p>Recommended Books/e-resources/LMS:</p> <ol style="list-style-type: none"> 1. Buss D. M. & Larsen R. J. (2009). Personality Psychology: Domains of Knowledge About Human Nature. NJ: McGraw 2. Pervin, L. A. (2002) Science of Personality (2nded.). USA: Oxford University Press. 3. Burger, J. M. (2010). Personality. Wadsworth Publishing 4. Hall, C. S., Lindzey, G., Campbell, J. B. (2007). Theories of Personality. ND: J. Wiley 5. Rao, S. K. R. (1962). Development of psychological thought in India. Mysore: Kavyalya Publishers. 6. Rao, K. R., Paranjpe, A.C. & Dalal, A. K. (Eds.) (2008). Handbook of Indian Psychology. New Delhi: Cambridge University Press of India 	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Sports Psychology		
Course Code	B23-APY-603		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-4		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand nature and scope of Sports Psychology and Role of Sport Psychologist. 2. Understand motivation in Sports and techniques to enhance Motivation. 3. Understand the role of attention and interest in Sports. 4. Understand the relationship between Personality and Sports. 5. Conduct experiments and tests related to Sports Psychology. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5

Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)
Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Introduction to Sports Psychology: Nature, History and Subject matter of Sports psychology. Career in Sports psychology, Need of Psychology in Sports.	11
II	Competition and Anxiety: Competition in Sports, Pros and Cons of Competition, Anxiety in Sports, Strategies for Managing Anxiety. Relationship, Understanding Sports Motivation, Techniques of Motivation Enhancement, Motivation-Performance	11
III	Attention and Interest : Attention Nature, Characteristics of Attention, Role of Attention in Sports: Strategies for Improving Attention. Interest- Definition, Types of Interest, Enhancement of Interest in Sports.	11
IV	Personality and Sports: Nature, Dimensions of Personality – and Sports Concept of four “C” Confidence, Control, Commitment & Concentration.	12
V	Practical 1. Complex Reaction time 2. JPMR 3. Personality Inventory/Questionnaire 4. Security-Insecurity Questionnaire 5. Anxiety Test 6. Interest Test 7. Span of Attention	30

	Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	
Suggested Evaluation Methods		
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 		End Term Examination: 50 Marks 20 Marks
Pat C-Learning Resources <p>Recommended Books/e-resources/LMS:</p> <p>Kamlesh,M.L; (1998) Psychology in Physical Education and Sports(3rd Edition) ,Metropolitan Book Co.Pvt.Ltd. 1,Netaji Subhash Marg, New Delhi-110002,India.</p> <p>Sahni,S.P.(2005) Psychology and its application in Sports,D.V.S.Delhi.</p> <p>Ciccarelli, S. K & Meyer, G.E (2008). Psychology. New Delhi: Pearson.</p> <p>Cox, R. (2006). Sport Psychology. McGraw-Hill Education.</p> <p>Glassman,W. E. (2000). Approaches to Psychology. Buckingham: Open University Press.</p> <p>Jarvis, M. (2006). Sport Psychology: A Students handbook. Rutledge.</p> <p>Morgan, C. (2017). Introduction to Psychology. McGraw Hill Education</p> <p>Atkinson, R.L., Atkinson, R.L, et al. (1985) Introduction to Psychology. N. Y.: HBJ Publishers.</p> <p>Singh, A.K. (2009) Uchattar Samanaya Manovigyan. Delhi: Moti Lal Banarsidas.</p> <p>Singh, A. & Singh, U. (1984). Prayogatamak Manovigyan. Bhiwani: Vedic Prakashan.</p> <p>Singh, R. & Shyam, R. (2008) Adhunik Sangyanatmak Manovigyan. Panchkula: Haryana Sahitya</p> <p>Gershon Tenenbaum,Robert C. Eklund (2007) Handbook of sports psychology (3rd edition), John Wiley & Sons, Inc.</p> <p>Matt Jarvis (2006) Sports psychology A Student's Handbook; Routledge, Taylor & Francis group London and New York</p>		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Forensic Psychology		
Course Code	B23-APY-604		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-4		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand Nature of Forensic Psychology along with its assessment. 2. Acquaint with factors of Criminal Behaviour. 3. Have in depth understanding of Police and Correctional Psychology. 4. Have understanding to sexual violence and related issues. 5. Conduct experiments and tests related to Forensic Psychology. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks: 30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Forensic Psychology: Nature and Scope, Role and Functions of Forensic Psychologist, Assessment and Evaluation in Forensic Psychology.	11
II	Introduction to Criminal Psychology: Biological, Social and Psychological Determinant of Criminal Behaviour. , Juvenile Delinquency	11
III	Eyewitness Testimony and Identification Dynamics of Serial Killings, Psychology of Lying and the Detection of Deception Correctional Psychology in Adult settings, Jury and Decision-Making.	11
IV	Psychology of Sexual Violence; Sexual Offending, Psychology of Violence and Intimidation; Homicide, Practical and Ethical Issue in Forensic Psychology.	12
V	Practical 1. Criminal Behaviour Inventory. 2. Test of Deception. 3. Any Test of Sexual Violence. 4. Decision making 5. Aggression Questionnaire. 6. Jail Mental Health Inventory. 7. Domestic Violence/Violence Inventory Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30
Suggested Evaluation Methods		

<p>Internal Assessment:</p> <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 	<p>End Term Examination:</p> <p>50 Marks</p> <p>20 Marks</p>
Part C-Learning Resources	
<p>Recommended Books/e-resources/LMS:</p> <ol style="list-style-type: none"> 1. Bartol, C.R. & Bartol, A.M. (2019). Introduction to Forensic Psychology: research and application. Thousand Oaks: SAGE Publications. 2. Bruce A. Arrigo, Introduction to Forensic Psychology (2000), Academic Press, USA 3. R.C. Nigam, Law of Crimes in India, Volume I, Asia Publishing House, New Delhi (1965) 4. Howitt, Dennis , Introduction to Forensic and Criminal Psychology, 2nd Ed. Prentice Hall,2005 5. Peter, B. Ainsworth (2003). Offender Profiling and Crime Analysis. Lawman (INDIA) Pvt. Ltd. New Delhi. 6. Mohanty, R. K. and Mohanty, S. (2015) Textbook of Criminology Penology and Victimology, Mumbai: Himalaya Publishing House. 7. Grover Maurice Godwin (2001) Criminal Psychology and forensic Technology: A Collaborative Approach to Effective Profiling, CRC Press, Boca Raton London New York Washington, D.C. 8. Tiffany R. Masson (2016). Inside Forensic Psychology, Praeger An Imprint of ABC-CLIO, LLC 	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Consumer Psychology		
Course Code	B23-PSY-605		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-5		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand Nature and Historical Development of Consumer Psychology. 2. Have indepth understanding of consumer motivation and emotion. 3. Acquaint with consumer knowledge, learning and skill. 4. Have indepth understanding of advertisement and their impact on consumer. 5. Conduct experiments and tests related to Consumer Psychology. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5

Max. Marks: 100 Internal Assessment Marks:30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)
Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Consumer Psychology : Nature and Historical Background, Goals of Consumer Psychology, Methods of Consumer Psychology.	11
II	Consumer Motivation and Emotion : Motivational Determinants of Consumer Behaviour, Maslow's Theory and Consumer Behaviour. Role of Emotion in Consumer Behaviour.	11
III	Stages of Consumer Socialization. Development of Consumer Knowledge, Skills and Values. Consumer Learning and Memory: Nature and Factors Affecting.	11
IV	Advertising Psychology : Nature of Advertisement, Role of Attention in Advertisement. Central and Peripheral Route to Personations. Impact of Advertisement on Consumer Behaviour.	12
V	Practical 1. Achievement Motivation Scale. 2. Attention-Digit Forward. 3. Attention-Digit Backward. 4. Any Memory Scale. 5. Study of Emotions. 6. Consumer Satisfaction Scale. 7. An Experiment on Subliminal Perception.	30

	Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	
Suggested Evaluation Methods		
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 		End Term Examination: 50 Marks 20 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: Billal, B., Avery, J. Kozinets, R.V. Raghbir, P. & Woodside, A.C. (2021) Consumer Psychology : Consumer Behaviour, Clininati : Open Mentis. Jansson – Boyd, C. V. (2010) Berkshire : Consumer Psychology. MC Graw Hill : Hacrgt vedt, C.P. Hers, P.M. & Kardes, F.R. (2008). Handbook of Consumer Psychology (Fd). New York: Taylor and Franas.		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VI

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VI		
Name of the Course	Organizational Behavior		
Course Code	B23-APY-606		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-5		
Level of the course (As per Annexure-I)	300-399		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understanding nature and historical development of Organizational Behaviour. 2. Acquaint with Organizational Structure and Culture. 3. Understand the group processes and communication in Organizational setup. 4. Understand the techniques of Stress Management and Conflict Management. 5. Conduct experiments and tests related to Organizational Behavior. 		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3	2	5
Max. Marks: 100 Internal Assessment Marks: 30(20T+10P) End Term Exam Marks: 70(50T+20P)		Time: 3 Hours (Each theory & practical)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Organisational Behaviour : Nature, Historical Development of Organisational Behaviour. Contemporary issues and Challenges. Model of Organisational behavior : Work Motivation: Nature, Early Theories: Maslow's Need Hierarchy, Herzberg's Two Factor Theory and McClelland Theory.	11
II	Organisational Structure : Concept and Types. Organisational Culture : Meaning and Dimension, Types of Organisational Culture.	11
III	Organizational Climate, Group Nature, Structure Classification, Function and Classification. Organisational communication : Process and Barriers.	11
IV	Stress : Nature ,Work stress: Sources Management, Conflict Management : Definition, Types, Process and Resolution.	12
V	Practical 1. Organizational Culture Scale . 2. Organizational Climate Scale. 3. Stress Inventory. 4. Work Motivation Scale. 5. Occupational Stress Index. 6. Conflict Management Scale 7. Organizational Citizenship Behaviour Scale . Note: Students will perform at least five practical. The examiner will allot one practical at the time of end term examination for evaluation.	30

Suggested Evaluation Methods		
Internal Assessment: <ul style="list-style-type: none"> ➤ Theory (20 Marks) <ul style="list-style-type: none"> • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 05 Marks • Mid-Term Exam: 10 Marks ➤ Practical (10 Marks) <ul style="list-style-type: none"> • Class Participation: Nil • Seminar/Demonstration/Viva-voce/Lab records etc.: 10 Marks • Mid-Term Exam: Nil • 		End Term Examination: 50 Marks 20 Marks
Part C-Learning Resources		
<p>Greenberg, J. & Baron, R.A. (2011). <i>Behaviour in organizations</i>. 10th Ed. India: Dorling Kindersley</p> <p>Griffin, R.W. & Moorhead, G. (2009). <i>Organizational behavior: Managing people & organizations</i> (Edition). Biztantra publishers.</p> <p>Robbins, S. P. & Judge, T.A. <i>Essentials of Organizational Behavior</i>. 9th Edition. New Delhi: Prentice Hall of India.</p> <p>Robbins, S. P. & Judge, T.A. <i>Organizational behavior</i>. 12th Ed. New Delhi: Prentice Hall. (UNIT I: Ch. 1, UNIT II: Ch.7, UNIT III: Ch. 11, UNIT IV: Ch. 13)</p> <p>Kondalkar, V.G. (2007). <i>Organizational behavior</i>. New Delhi, Delhi: New Age International (P) Ltd.</p>		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	Systems and Theories		
Course Code	B23-APY-701		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H1		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	<p>After completing this course, the learner will be able to:</p> <ol style="list-style-type: none"> 1. Acquaint themselves with Psychology as science and its current status. They will have insight into Associationism and Structuralism as School of psychology. 2. Develop insight into the antecedents, foundation and tenets of Functionalism, Behaviorism and Gestalt Psychology. 3. Familiarize themselves with basic concepts, antecedents, and tenets of Psychoanalysis, Individual psychology and Analytical psychology. 4. Acquaint themselves with field and S-R Theory in psychology alongwith basic concepts and contribution. 		
Credits	Theory	Practical	Total

	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)	
Part B- Contents of the Course			
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Psychology as Science, current status. Nature and characteristics of systems, theories. Schools: Associationism- British empiricism, S-R relationship, tenets. Structuralism- Contribution of Wundt and Titchener, methodology, tenets.		15
II	Functionalism- Antecedents, pioneers, tenets. Behaviorism: Antecedents and foundation, methodology, tenets. Gestalt Psychology: Antecedents and foundation, empirical work, tenets.		15
III	Psychoanalysis: Antecedents and foundation, basic concepts, tenets. Individual Psychology: Basic concepts and contribution. Analytic Psychology: Basic concepts and Contribution.		15
IV	Field theory: Lewin’s life space- basic concepts and contribution; Tolman’s purposive behaviorism- basic concepts and contribution. S-R Theory: Hullian system and contribution; Skinnerian positivism; Guthrie associationism.		15
Suggested Evaluation Methods			

<p>Internal Assessment:</p> <ul style="list-style-type: none"> ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks 	<p>End Term Examination:</p> <p>70 Marks</p>
<p align="center">Part C-Learning Resources</p>	
<p>Recommended Books/e-resources/LMS:</p> <p>Chaplin T. & Kraweic T.S. (1979).Systems and Theories of Psychology. NY: Thompson Learning.</p> <p>Wolman, B.B. (1995). Contemporary Theories and Systems in Psychology. Delhi: Freeman.</p> <p>Marx, M.H. & Hillix, W.A. (1978).Systems and Theories in Psychology. New Delhi: Tata McGraw-Hill.</p>	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	Applied Social Psychology		
Course Code	B23-APY-702		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H2		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Understand basic nature of Applied Social Psychology 2. Understand nature and formation of attitudes and interpersonal relationships. 3. Have indepth understanding of the application of Social psychology in Health, Law, Environment Education and Sports. 4. Understand how to Applied Social Psychology in Community and Sustainable living. 		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)	

Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Applied Social Psychology : Nature, Historical Context and Scope. Methods : Observation, Survey and Content Analysis.	15
II	Attitude : Nature, Formation – Behavioural Intervention Model, Change and Consistency, and Measurement. Interpersonal Relationship : Development of Relationship. Interpersonal Attraction : Determinants and Theories.	15
III	Applying Social Psychology to Health, Criminal Justice System, Environment, Education and Sports.	15
IV	Applying Social Psychology to Community : Nature and Origin of Community Psychology, Community Psychology values and Approaches. Diversity: Opportunities and Challenges, Diversity v/s Prejudice and Stigmatization Social Psychology and the Sustainable Future: Enabling Sustainable Living	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		

Recommended Books/e-resources/LMS:

Baron, R.A. & Byrne, D. (2003). Social Psychology: Understanding Human Interaction (6th Ed.).

New Delhi: Prentice-Hall of India.

Baron, R.A. & Byrne, D. (2005). Social Psychology. New Delhi: Prentice-Hall of India.

Daniel, P. & Cozby, P.C. (1983). Social Psychology. NY: Holt, Rinehart and Winston.

Lindzey, L., & Aronson, E. (1975). The Handbook of Social Psychology (2nd Edn.), Vol. IV & V. New Delhi: Amerind Publishing Co.

Mathur, S.S (2004). Social Psychology. Agra: Vinod PustakMandir.

Myers, D.G., Sahajpal, P.R. behera, P. (2012). Social Psychology (10th Edition). New Delhi: Mcgraw Hill Education (India) Private Limited.

Penrod, S. (1986). Social Psychology (2nd Ed.) New Jersey: Prentice Hall, Englewood Cliffs.

Schneider. F.W; Gruman, J.A. and Coutts, L.M (2012) Applied Social Psychology- Understanding and Addressing Social and Practical Problems. New Delhi: SAGE Publications India Pvt. Ltd.

Taylor, S.E., Peplau, L.A. & Sears, D.O. (2006). Social Psychology (12th Ed.). New Delhi: Pearson

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2025-26			
Part A - Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	Research Methodology		
Course Code	B23-APY-703		
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H3		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. Have familiarity with nature of Psychological research alongwith its approaches. They will understand different components of Research deeply. 2. Develop insight into various types of research in the field of Psychology. 3. Have indepth knowledge regarding research designs and their types alongwith their applicability. 4. Have familiarity with process of sampling and its techniques alongwith major methods of data collection. 		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4

Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)
Part B- Contents of the Course		
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.		
Unit	Topics	Contact Hours
I	Research: Meaning, Purpose, and Dimensions. Overview of research process and basic research concepts, Research problem,Hypothesis, Variables and Operational Definitions.	15
II	Paradigms of research: Quantitative, Qualitative, Mixed methods approach Methods of research: Field studies, Cross-Cultural Studies, Phenomenology, Grounded theory, Focus groups, Narratives, Ethnography	15
III	Research Design: Criteria and Principles, Between Groups and Within Groups Designs: Factorial design, Randomized Block Designs, Repeated Measures Design, Quasi-Experimental Design.	15
IV	Sampling(Probability and non probability) Ethics in Conducting and Reporting Research. APA style of preparing research proposal and writing research report.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS:		

- Kerlinger, F.N. (1973). *Foundation of Behavioral Research*. New York: Holt Rinehart and Winston.
- McGuigan, F.J. (1983). *Experimental Psychology: Methods of Research (4th Ed.)*. New Jersey: Prentice Hall.
- Shaughnessy, J.J. & Zechmeister, E.B. (1997). *Research Methods in Psychology*. New York: McGraw Hill.
- Singh, A.K. (1986). *Tests, Measurements and Research Methods in Behavioral Sciences*. New Delhi: Tata McGraw Hill.
- Broota, K.D. (1989). *Experimental Design in Behavioral Research*. New Delhi: Wiley Eastern.
- Winer, B.J. (1971). *Statistical principles and experimental design*. Kogakusha: McGraw Hill.

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2025-26			
Part A-Introduction			
Subject	Psychology		
Semester	VII		
Name of the Course	Professionalism in Psychology		
Course Code	B23-APY-704		
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-H1		
Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Out comes(CLO):	After completing this course, the learner will be able to: <ol style="list-style-type: none"> 1. demonstrate an understanding of foundational concepts of professionalism in psychology. 2. understand the importance of ethics and values in Psychology as professionalism. 3. comprehend theoretical concepts of ethical issues in Psychology. 4. understand various theories and factors affecting ethical considerations in Psychology. 		
Credits	Theory	Practical	Total
	4	0	4

Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory & practical)	
PartB-Contents of the Course			
Instructions for Paper-Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Professional codes of conduct: APA code of conduct; ethics for researchers and professionals in different areas such as counselling, clinical, human resource management, teaching		15
II	Ethics in Psychology, domains of ethics - academics, research and practice. Ethical standards in India and other countries, Ethics and the Law		15
III	Ethical Issues and their Management in India: Current UGC guidelines, Rehabilitation Council of India, Need for Appropriate Norms in Psychological Testing, Testing the Vulnerable Groups.		15
IV	Practicing skills for Research : Systematic method, communication skills, writing a project, Presentation of findings.		15
Suggested Evaluation Methods			

<p>Internal Assessment:</p> <ul style="list-style-type: none"> ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks 	<p>End Term Examination:</p> <p>70 Marks</p>
<p>Part C-Learning Resources</p>	
<p>Recommended Books/e-resources/LMS:</p> <p>Coolican, H. (2006). <i>Introduction to research methods in Psychology</i>. Hodder Arnold (Unit I; Ch 13; Unit IV-Ch 14)</p> <p>Gladding, S.T. (2011). <i>Counseling: A comprehensive profession</i>. Pearson (Unit I- Ch 3; Unit IIAppendix A, B)</p> <p>Kaplan, M.R., Saccuzzo, D.P (2005). <i>Psychological Testing: Principles, Applications, & Issues</i>. Thomson-Wadsworth (Unit III Ch 19, 21;)</p> <p>Laws, S., Harper, C., Marcus, R. (2003). <i>Research for Development</i>. Vistaar (Unit I, Ch 13; Unit IV, Ch 15, 21)</p> <p>McBurney, D.H. & White, T.L. (2007). <i>Research Methods</i>. Thomson Wadsworth (Unit II -Ch 3, Unit IV -Ch 4</p> <p>Miller, S.A. (2013). <i>Developmental Research Methods</i>. Sage (Unit III- Ch 10, Ch 8)</p> <p>Rehabilitation Council of India: rehabcouncil.nic.in Recommendation (Unit III)</p> <p>UGC.ac.in Guidelines for standards in education.</p>	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2024-25	
Part A-Introduction	
Subject	Psychology
Semester	VII
Name of the Course	Conflict Resolution and Peace Psychology
Course Code	B23-APY-705
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-H1
Level of the course (As per Annexure-I)	400-499
Pre-requisite for the course (if any)	-

Course Learning Out comes(CLO):	After completing this course, the learner will be able to: 1. Understand conflict resolution approaches in society and concept of Peace Psychology 2. Have indepth understanding of Nature Challenges and interventions of Forgiveness 3. Acquaint themselves for building cultures of peace 4. Have knowledge regarding Peace Education and Approaches to peace and Negotiation		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory & practical)	
PartB-Contents of the Course			
Instructions for Paper-Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Conflict Resolution and Peace: Motives of Competition and Cooperation, Conflict resolution Approaches in societies; Peace Psychology: Concept, Emergence and Social values.		15
II	Forgiveness: Nature and Philosophy of Reconciliation and Forgiveness, Paradoxes and Challenges, Interventions to promote Forgiveness.		15
III	Building Cultures of Peace: Role of Personal Transformations, Family, Non- Violent Action and Trust etc.		15
IV	Peace Education: Nature and Challenges of Peace Education: Peace-keeping, Structural approaches to Peace and Negotiation		15
Suggested Evaluation Methods			

Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks	End Term Examination: 70 Marks
Part C-Learning Resources	
Recommended Books/e-resources/LMS: De Rivera,J.(2009.). Handbook on Building Cultures of Peace. Springer:MA. □ Worthington Jr.,E.(2005). Handbook on Forgiveness. Taylor and Francis:NY.	

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VII

Session: 2025-26	
Part A - Introduction	
Subject	Psychology
Semester	VII
Name of the Course	Practicum
Course Code	B23-APY-706
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	PC-H1
Level of the course (As per Annexure-I)	400-499
Pre-requisite for the course (if any)	-

Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: CLO-1: Acquaint themselves with planning and conduction of experiments regarding sensation and perception. CLO-2: Acquaint themselves with planning and conduction of experiments regarding phi-phenomenon, Autokinetic movement and classical conditioning. CLO-3: Familiarize themselves with planning and conduction of experiments regarding depth perception, Signal detection theory and Muller Lyre illusion. CLO-4: Acquaint themselves with planning and conduction of experiments regarding serial position effect, Discrimination and other types of learning.		
Credits	Theory	Practical	Total
	0	4	4
Contact Hours	0	8	8
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 4 Hours	
Part B- Contents of the Course			
Instructions for Examiner: Any 10 practicals out of the following are to be conducted and reported during the semester. One practical will be allotted to a candidate during the examination and evaluation will be based on Practical Note Book, Performance during practical examination and Viva-voce.			
Unit	Topics		Contact Hours
I	1. Retinal Colour Zones. 2. Emert’s law. 3. Figural after effect. 4. Perceptual constancy.		30
II	5. Phi-phenomenon. 6. Perception of time. 7. Autokinetic movement. 8. Experiment of classical conditioning.		30
III	9. Depth perception. 10. Weber’s law.		30

	11. SDT.	
	12. Muller Lyre illusion.	
IV	13. Relative effectiveness of any two methods of learning. 14. Serial position effect. 15. Incidental v/s intentional learning. 16. Discrimination learning.	30
Suggested Evaluation Methods		
Internal Assessment: 30		External Evaluation: 70
➤ Theory	30	➤ 70
•Class Participation:	5	Lab record, Viva-Voce, write-up and execution of the practical
•Seminar/presentation/assignment/quiz/class test etc.:	10	
•Internal Viva:	15	
Part C-Learning Resources		
Recommended Books/e-resources/LMS:		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A - Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Cognitive Processes
Course Code	B23-APY-801
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H4

Level of the course (As per Annexure-I	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: 1. Acquaint themselves about history of cognitive psychology, undertand different approaches to study cognition alongwith its methods. 2. Have indepth understanding of nature and types of attention, different models of selective attention and pattern recognition. 3. Have familiarity with process of memory, they will understand different models of memory alongwith application of memory in different fields. 4. Have acquaintance with how language is acquired, problem solving and its process alongwith understanding of reasoning and its types.		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)	
Part B- Contents of the Course			
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Cognitive Processes : Nature, History of Cognitive Psychology, Approaches to study Cognitive Processes. Methods to study Cognition : Behavioral and Physiological .		15

II	Attention: Nature and Information Processing Selective Attention: Nature, Models-Filter and Attention, Divided Attentions. Pattern Recognitions: Nature and Theories: Prototype matching and Feature Analysis.	15
III	Memory: Memorization Process, Models-Atkinson-shiffrin, Level of Processing and Parallel Distributed processing, Autobiographical Memory, Eye witness Testimony, Mnemonics.	15
IV	Language: Nature, Properties and Structure, Stages of language acquisition. Problem Solving : Nature and Types of Problem, Problem Solving Cycle, Obstructs and Aids to problem Solving.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: Eysenck, M.W., & Keane, M.P (2000). Cognitive Psychology: A students guide, Psychology Press. Galotti, K.M.(2000). Cognitive Psychology in and out of the Laboratory. Delhi: Thomson. Kellogg, R.T. (2012). Fundamentals of Cognitive Psychology. Lab Angles: Sage. Matlin, M.W. (2008), Cognition. New York: Wiley. Solso, R.L. (2001). Cognitive Psychology. Delhi: Pearson Education. Sternberg, R.J. (2007). Cognitive Psychology. Delhi: Thomson.		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A-Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Positive Psychology
Course Code	B23-APY-802
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H5
Level of the course(As per Annexure-I	400-499
Pre-requisite for the course(if any)	-

Course Learning Outcomes(CLO):	After completing this course, the learner will be able to: 1. Explore the nature and benefits of positive psychology, positive emotions, coping strategies and emotional intelligence 2. Understand human strengths and meaningfulness in life 3. Gain insight for positive schooling, Role of self-determination, wisdom, well-being, and value orientation in life 4. understand the role of positive psychology in Family, school, work, and society setting.		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory & practical)	
Part B- Contents of the Course			
Instructions for Paper-Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Nature and Scope of Positive Psychology. Comparative perspectives: Eastern and Western. Benefits of studying Positive Psychology. Exploring Positive emotions, Coping strategies, Flow, and Emotional intelligence.		15
II	Human Strengths and Positive Outcomes: Classification and Measurement. Significance of Meaningfulness in life. Analysis of Illness ideology.		15
III	Positive Schooling , Positive Psychology of mental health and Forgiveness . Role of self-determination, Wisdom, Well-being, and Value		15

	Orientation in life	
IV	The intersection of positive psychology with forgiveness, creativity, gratitude, and hope. Positive Psychology in different spheres of life : Family, school, work, and society setting.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: Blumberg, H. H., Hare, A. P., & Costin, A. (2006), Peace psychology: A comprehensive introduction. Cambridge University Press. Carr, A. (2013). <i>Positive psychology: The science of happiness and human strengths</i> . Routledge. Joseph, S. (2015) <i>Positive psychology in practice: Promoting human flourishing in work, health, education, and everyday life</i> . John Wiley & Sons. Steve, B. (2016). <i>Positive psychology</i> . Pearson Education India. Fredrickson, B. L., & Levenson, R. W. (1998) . Positive emotions speed recovery from the cardiovascular sequelae of negative emotions. <i>Cognition & Emotion</i> , 12(2), 191-220. Wegner, D. M., Erber, R., & Zanakos, S. (1993). Ironic processes in the mental control of mood and mood-related thought. <i>Journal of personality and social psychology</i> , 65(6), 1093.		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A - Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Advanced Statistics
Course Code	B23-APY-803
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	CC-H6
Level of the course (As per Annexure-I)	400-499
Pre-requisite for the course (if any)	-

Course Learning Outcomes (CLO):	After completing this course, the learner will be able to: 1. Have familiarity with characteristics and applications of normal probability curve alongwith concept of Hypothesis testing and correlation with their computation. 2. Have indepth understanding of other methods of correlations such as partial, multiple, Bi-serial and point bi-serial alongwith their computation and applications. 3. Have acquaintance with two major statistical analyses i.e ANOVA and Regression with their computation and Interpretation. 4. Have in-depth understanding of major non - parametric statistics which can be used to analyze data and their interpretation.		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)	
Part B- Contents of the Course			
Instructions for Paper- Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Concept of central tendency and dispersion, Levels of measurement, Normal Probability Curve(properties and application). Hypothesis Testing: t test- independent and dependent samples, chi square		15
II	Correlational Analysis: Correlation [Product Moment, Rank Order], Partial correlation, multiple correlation. Special Correlation Methods: Biserial, Point biserial, tetrachoric, phi coefficient.		15

III	Analysis of Variance: Basic Concepts, One way ANOVA (Separate and Repeated measures), Two-way ANOVA (Separate groups), Regression Analysis: Simple and Multiple.	15
IV	Nonparametric statistics: Sign Test, Wilcoxon Signed Ranks Test, Mann-Whitney U-Test, Median Test, Kruskal-Wallis Test, Friedman Test.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: Garrett, H.E. (1981). <i>Statistics in Psychology and Education</i> . Bombay: Vakils. Guilford, J.P. (1981). <i>Fundamental Statistics in Psychology and Education (6th Ed.)</i> . New Delhi: McGraw Hill. Siegel, S. & Castellan, N.J. (1988). <i>Nonparametric statistics for the behavioral sciences</i> . Kogakusha: McGraw Hill. Singh, A.K. (1986). <i>Tests, measurements and research methods in behavioral sciences</i> . New Delhi: Tata McGraw Hill. Winer, B.J. (1971). <i>Statistical principles and experimental design</i> . Kogakusha: McGraw Hill. Aron & Aron (2008). <i>Statistics for Psychology (5th ed)</i> . New Delhi: Pearson Howell, D. (2009). <i>Statistical Methods for Psychology (7 th ed.)</i> . Wadsworth. 14 Minium, E. W., King, B. M., & Bear, G. (2001). <i>Statistical reasoning in psychology and education</i> . Singapore: John-Wiley. Wilcox R. R. (2009). <i>Basic Statistics: Understanding Conventional Methods and Modern Insights</i> . NY: OUP. Daniel, W. W. (1995). <i>Biostatistics. (6th Ed.)</i> . N.Y.: John Wiely. Field, A., Miles, J., and Field, Z. (2012). <i>Discovering Statistics Using R</i> . NY: Sage.		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A-Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Neuro Psychology
Course Code	B23-APY-804
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-H2

Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Out comes(CLO):	After completing this course, the learner will be able to: 1. gain understanding regarding the concept of Neuro psychology and related discipline. 2. get acquainted with brain functioning and problems. 3. develop insight into Neuro psychological assessments related to disorders.		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory & practical)	
Part B-Contents of the Course			
Instructions for Paper-Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Introduction to Neuro psychology- overview of Brain-Behaviour Relationships, Lateralization, Brief history		15
II	Neuroplasticity ; Brain Damage(aphasia, amnesia) and spontaneous recovery		15
III	Neurological disorders – problems in children (dyslexia, cerebral Palsy), adults; (Alzheimer’s, Parkinson’s disease)		15

IV	Neuropsychological examination- neuropsychological assessment batteries- Luria –Nebraska, Halstead Reitan, NIMHANS Neuropsychological Battery , Treatment and rehabilitation.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS:		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A-Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Environmental Psychology
Course Code	B23-APY-805
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	DSE-H2

Level of the course (As per Annexure-I)	400-499		
Pre-requisite for the course (if any)	-		
Course Learning Out comes(CLO):	After completing this course, the learner will be able to: 1. Understanding the role of psychological processes (people’s attitude, beliefs) in people’s responses to environmental problems. 2. Understanding the processes related to environmental degradation and their impact on human life. 3. Understanding pro-environment behaviour and human-environment transaction, and being able to design behavioural interventions to minimize the adverse effects of anti- environment behaviour.		
Credits	Theory	Practical	Total
	4	0	4
Contact Hours	4	0	4
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory & practical)	
PartB-Contents of the Course			
Instructions for Paper-Setter: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory and will have 5 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. Each question will carry 10 marks. The candidate would be required to attempt ONE question from each unit in addition to compulsory question.			
Unit	Topics		Contact Hours
I	Emergence of Environmental psychology and Its growth: Definition and Scope. Human Environment relationship: views. Salient features of Environmental Psychology. Recent trends and Future directions in Environmental Psychology. Indian views on human-environment relationship.		15

II	Human-Environment transaction: Personal space, Territoriality, Crowding. Theoretical models: Stimulus overload, Behavioural constraint,	15
III	Environmental Stress: Concept and Type of stress. Sources of Stressors: Ambient stressors, Daily hassles. Pollutions: Noise, Air, Water, Chemical and Their consequences.	15
IV	Pro-environmental Behaviour: Changing the Environmental Destructive Mindset. Environmental education, Environmental Prompts and Cues. Reinforcement strategies, Environmental movements.	15
Suggested Evaluation Methods		
Internal Assessment: ➤ Theory (30 Marks) • Class Participation: 05 Marks • Seminar/presentation/assignment/quiz/class test etc.: 10 Marks • Mid-Term Exam: 15 Marks		End Term Examination: 70 Marks
Part C-Learning Resources		
Recommended Books/e-resources/LMS: Fisher, J.D., Bell, P.A., and Baum, A. (1984). <i>Environmental Psychology</i> . NY: Holt, Rinehart and Winston. Jain, U. (1987). <i>The Psychological Consequences on Crowding</i> . New Delhi, India: Sage. Jain, U., & Palsane, M. N. (2004). <i>Environment and Behaviour</i> . Pandey, J. (2002). <i>Psychology in India revisited: Developments in the discipline. Vol. 3, Applied social and organizational psychology</i> . London: SAGE. Nagar, D. (2006). <i>Environmental psychology</i> . New Delhi, India: Concept. 1.		

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Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26	
Part A - Introduction	
Subject	Psychology
Semester	VIII
Name of the Course	Practicum
Course Code	B23-APY-806
Course Type: (CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	PC-H2
Level of the course (As per Annexure-I)	400-499
Pre-requisite for the course (if any)	<p>CLO-1: Acquaint themselves with planning and conduction of experiments regarding STM, Retroactive inhibition and Choice reaction time.</p> <p>CLO-2: Acquaint themselves with planning and conduction of experiments regarding Selective listening, Reminiscence, and problem solving.</p> <p>CLO-3: Familiarize themselves with planning and conduction of experiments regarding GSR, Set in thinking and Concept</p>

	formation. CLO-4: Acquaint themselves with planning and conduction of experiments regarding Zeigarnic effect, Study of emotions and Motivation.		
Course Learning Outcomes (CLO):	After completing this course, the learner will be able to:		
Credits	Theory	Practical	Total
	0	4	4
Contact Hours	0	8	8
Max. Marks: 100 Internal Assessment Marks:30 End Term Exam Marks: 70		Time: 3 Hours (Each theory)	
Part B- Contents of the Course			
Instructions for Examiner: Any 10 practicals out of the following are to be conducted and reported during the semester. One practical will be allotted to a candidate during the examination and evaluation will be based on Practical Note Book, Performance during practical examination and Viva-voce.			
Unit	Topics		Contact Hours
I	1. Study of STM. 2. Retroactive inhibition. 3. Schedule of reinforcement (instrumental conditioning). 4. Choice reaction time.		30
II	5. Selective listening 6. Reminiscence 7. Comparison of any two methods of memory 8. Problem solving.		30
III	9. Set in thinking. 10. Creativity test. 11. Concept formation 12. Galvanic skin response.		30
IV	13. Study of emotions (Facial expression). 14. Zeigarnic effect. 15. Measurement of motives.		30

	16. Projective test of personality.	
Suggested Evaluation Methods		
Internal Assessment: 30		External Evaluation: 70
➤ Theory	30	➤ 70
•Class Participation:	5	Lab record, Viva-Voce, write-up and execution of the practical
•Seminar/presentation/assignment/quiz/class test etc.:	10	
•Internal Viva:	15	
Part C-Learning Resources		
Recommended Books/e-resources/LMS:		

KURUKSHETRA UNIVERSITY KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
(A⁺⁺ Grade, NAAC Accredited)
Undergraduate Programs (Applied Psychology) Syllabus, Semester –VIII

Session: 2025-26			
Part A - Introduction			
Name of the Programme	Psychology		
Semester	VIIIth		
Name of the Course	Dissertation /Project		
Course Code	B23-APY-807		
Course Type	Research		
Level of the course	400-499		
Pre-requisite for the course (if any)			
Course Learning Outcomes (CLO) After completing this course, the learner will be able to:	CLO 1:		
Credits	Theory	Tutorial	Total
	0	0	12
Teaching Hours per week	12	0	12
Evaluation of Dissertation	0	0	200
Viva-Voce	0	0	100
Max. Marks	0	0	300
Examination Time			

Part B- Contents of the Course	
Suggested Evaluation Methods	
Evaluation of Dissertation : 200	Viva-Voce : 100
Total : 200 +100 = 300	
Part C-Learning Resources	
Recommended Books/e-resources/LMS:	