



Prof. Anil Gupta
Proctor

Kurukshetra University Kurukshetra

(Established by the state Legislature Act XII of 1956)
(‘A++’ Grade, NAAC Accredited)

NOTIFICATION

A ‘Mental Health Awareness Cell’ has been established in the University campus to sensitize the students of the University Teaching Departments/Institutes about mental health and a **Helpline Number (7082113150)** to facilitate the students for the purpose has also been launched by the Hon’ble Vice-Chancellor.

- Students can submit their grievances related with mental health and can contact for counseling purpose on helpline/whatsapp/email id/office of the Proctor.
- Counseling sessions : Each Wednesday during 02:00 PM to 05:00 PM
- E-mail : proctor@kuk.ac.in
- Office : O/o Proctor, Room No. 1
Deans’ Building, K.U. Kurukshetra
- Details/Identity of the student(s), who availed/to be availed the services of counseling will not be disclosed.

[Signature]
6/1/2026
PROCTOR

Endst. No. Proctor/26/ 3555-3654

Dated: 06/1/2026

A copy of the above is forwarded to the following for information and necessary action:

1. Dean Academic Affairs/Dean Students’ Welfare/Dean of Colleges/Dean, Research & Development/all the Deans of the Faculties, KUK.
2. All the Chairpersons/Directors/Principals of the University Teaching Departments/Institutes, KUK with the request to put the same on Notice Board(s) for wide publicity among the students.
3. Chief Warden (Men & Women) with the request to put the same on Notice Board(s) of the hostel(s) for wide publicity among the students.
4. Controller of Examinations, KUK
5. Director, Youth & Culture Affairs, KUK
6. Director, Public Relations, KUK
7. Director, IT Cell, KUK with the request to publish the same on University website.
8. Chief Security Officer, KUK
9. All the Heads/Officers of the offices/branches, KUK
10. Administrator, University Health Centre, KUK
11. Programme Coordinator, NCC/NSS, KUK
12. Principal, University Sr. Sec. Model School, KUK
13. OSD to Vice-Chancellor (for kind information of the Hon’ble Vice-Chancellor).
14. D.R. O/o Registrar (for kind information of the Registrar).

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6/1/2026
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